



# AGAWAM

## Advertiser·News

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5¢

"Your Hometown Newspaper"

Volume XXIII Number 20

May 18, 2000

## The AHS Courtyard/Pond Project...



**TOWN OFFICIALS, STUDENTS, AND FACULTY MEMBERS** at Agawam High School are seeking the support of the community for the school's Courtyard/Pond Project (see story and additional photos on Page 6). From left to right: Justin Matteson, Gerald Champigny, Mayor Richard Cohen, Brian Barnes, School Committee member Roberta Doering, AHS teacher Kristen Pittenger, Andy Korney, Michelle Cote, AHS teacher Glenn Olson, AHS teacher Pat Bertone-Gross, and Laura Zerra. Advertiser News photo by Kathy Shepard.



**BANDING TOGETHER FOR THE AHS COURTYARD/POND PROJECT:** front row — Jane Santucci, Emily Norris, Jen Leupo, and Tara Feeley; back row — Liz Coelho, Scott Fleming, AHS teacher Pat Bertone-Gross, Justin Matteson, Gerald Champigny, and Brian Barnes. Advertiser News photo by Kathy Shepard.

## For Critically Needed Expansion Plan... **Supporters Urge Coun. To Approve Library Funding**

by Kathy Cassanelli  
News Editor

The clock is ticking on what could be Agawam's last chance for getting financial help from the state for a long-overdue expansion of the Public Library, according to supporters of the plan to more than double the size of the existing library to meet the town's needs.

At Monday night's Town Council meeting, 21 speakers urged councilors to accept a \$1,870,407 grant from the Massachusetts Board of Library Commissioners (MBLC) and to approve a loan order in the amount of \$4,250,000 to cover the Town's share of the cost of expanding and renovating the library.

The MBLC grant is subject to Town Council's approval of full funding of the construction costs by a two-thirds majority, the acceptance of the grant, and the negotiation of a contract with MBLC by June 30, 2000.

In an April 25th memo to Mayor Richard A. Cohen, Library Director Donna M. Campbell stated, "... it has taken about 15 years of hard effort, preparation, and a substantial investment of funds for our library to achieve a building grant from this long-awaited competitive MBLC grant round ... if Agawam rejects this current huge grant toward its critically needed library expansion, chances will be very slim that we will receive another grant."

In anticipation of the council's expected vote on the library expansion project at its June 5th meeting, a cross-section of town residents, including former Town Councilors, educators, parents, and senior citizens, praised the library employees for their dedicated service to the public despite the hardships of working in such cramped quarters.

Town residents delivered a resounding message of widespread community support for more shelf-space for library materials, more study areas, and an expanded children's section.

Agawam Center Library Association President Gary Shannon said the current size of the library is grossly inadequate. "It's too small and it has been too small since it was built. It's packed to the gunwales," Shannon said.

Former Town Council President Jessie Fuller said, "The library isn't sufficient in size and the dedicated library staff can't do their job as well as they want to."

Echoing Ms. Fuller's comment, retired Robinson Park School Principal Barbara Skolnick said the town is fortunate to have a library staff that serves the public so professionally and unstintingly and invited the councilors to imagine what the library staff could accomplish working in an expanded space.

**"The Library Is The Heart Of A Community..."**

"The library is the heart of a community and it is much too small for the services required to meet the needs of a rapidly changing society ... I've worked closely with the library throughout my career to instill a love of books in my students. An expanded children's section is a must. I urge you to approve the expansion; you'll be enriching everyone in the community now and in the future," Mrs. Skolnick said.

SEE LIBRARY SUPPORTERS - Page 2...

**LIBRARY SUPPORTERS - from Page 1...**

Addressing the council as "a mom, a School Committee member, and a citizen of the town," Susan Pettazzoni called the library a "vital resource" used by schoolchildren and elected officials alike. "We need an expansion for our library," Mrs. Pettazzoni noted.

Parkedge Drive resident Richard Bellico told the council, "We have a chance for one-third of the funding, and I'm afraid we'll not see that again."

In 1987, after assessing the space deficiencies in the current 15,616 square-foot library, Ms. Campbell invited a building consultant from the MBLC to review the library. Citing space and other deficiencies in the library, the consultant said many undersized libraries, like the one on Cooper Street, were built in 1978 with federal grants because of limited planning time and reduced grants.

Although no MBLC grants were available at the time, the consultant advised that a building study program to gauge the town's library needs for the next 20 years would be required should the MBLC offer construction grants in the future.

In 1988, a library consulting firm was hired to prepare the building study program, and in 1995, when the MBLC announced a new round of competitive library construction grants, a second consultant was hired to update the building study as required for the grant application. Sondra Vandermark Consulting recommended doubling the size of the library to 36,395 square feet, and expanding the parking area from 35 to 101 parking spaces.

In 1996, Town Council voted unanimously to approve the preliminary design plan for the renovation and expansion of the library, and to allow the mayor to apply for whatever state or federal funds were available for the project. Although Agawam's first application to the MBLC was rejected, a revised application was submitted in 1997, and Ms. Campbell was notified in September 1999 that a provisional grant of \$1.8 million had been approved.

\* \* \*

*For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice...*

\* \* \*

**By Appointment Only...**

## Town Of Agawam Observances For Memorial Day

It is that time of year again to make all the necessary arrangements to prepare for the Memorial Day observances and activities leading up to this special day.

**SATURDAY, MAY 20TH**

9:00 a.m.: Veterans and friends will be flagging the graves in our cemeteries in town. We will start at the Springfield Street Cemetery.

**SUNDAY, MAY 28TH**

Our Memorial Day services this year will be held at the Bethany Assembly of God, 580 Main Street, Agawam. Again, we ask that veterans and friends join with us on Sunday in this beautiful church so we all can worship together.

**MEMORIAL DAY CEREMONIES****MONDAY, MAY 29TH**

**Time change this year (please note):** We have backed up our ceremonies a little to add in the South Westfield Street Cemetery this year because of the new flagpole which was dedicated last year.

7:30 a.m.: World War I Memorial (located directly in front of the American Legion, Post 185).

8:00 a.m.: Springfield Street Cemetery (across from Sacred Heart Church).

8:30 a.m.: South Westfield Street Cemetery (across from Shoemaker Lane).

9:00 a.m.: Agawam Center Cemetery (across from St. John's Church).

10:00 a.m.: **PARADE!** Assembly point will be Southworth Paper Company. Parade will begin at 10:30 a.m. for a one-mile march down Main Street to the Veterans' Green. A ceremony will follow.

*Please remember  
our deadline is every  
Tuesday at noon. We  
open weekdays at  
6:30 a.m. Thanks.*

## Hazardous Waste Collection Day On June 17th In Agawam

The Town of Agawam will be conducting a Household Hazardous Waste Collection Day on Saturday, June 17th, from 9:00 a.m. to 12:00 noon.

It will take place at the Agawam High School parking lot on Cooper Street. Proof of Agawam residency is required, and no commercial businesses will be allowed.

This waste collection is *by appointment only*. For appointments, call the Health Department at 786-0400, ext. 207.

Each household will be limited to a quantity of waste equal to 15 gallons liquids or 20 pounds solid.

**WHAT DO I BRING?**

*From the house:* rubber cement; photo chemicals; furniture polish; oven cleaner; drain/toilet cleaners; rug/upholstery cleaner.

*From the garage:* gasoline/kerosene; antifreeze; engine de-greaser; car wax/polish; driveway sealers; roofing tar.

*From the workplace:* oil-latex paints; stains/varnishes; wood preservative; paint stripper/thinner; aerosol cans; adhesives.

*From the yard:* insecticides/fungicides; chemical fertilizers; weed killers; flea control products; no-pest strips; pool chemicals; propane cylinders.

**WHAT NOT TO BRING!!!**

- Empty containers. (DO NOT BRING EMPTY PAINT CANS; dried, empty cans can be thrown out in the trash.)

- Commercially generated wastes.

- Radioactive wastes/smoke detectors.

- Biological wastes.

- Explosives/ammunition.

- Prescription medicine/syringes.

*Motor oil can be brought to the DPW garage, 1347 Main Street, from 8:00 a.m. to 3:00 p.m., Monday through Friday.*

*Home composting bins will be sold the day of the collection.*

*Once again, call the Health Department at 786-0400, ext. 207, to make your appointment for the Town of Agawam's Household Hazardous Waste Collection Day on Saturday, June 17th.*

*SCOTT M. HIBBERT*  
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## Letters To The Editor

### Please Support Expansion & Renovation For Library

#### To The Editor:

**Reading is Fundamental!** We have all heard this saying; however, have we ever stopped to think what it means? *Reading — understand printed words, know, interpret; fundamental — basic, essential.*

We know that reading is essential. As all of our Town Council members interpret and understand the printed words, how is it that some do not know that the Agawam Public Library Expansion & Renovation is a basic, essential, and fundamental project.

On June 5th, this critical project will be put to a vote by YOUR Town Council members. It is crucial that they HEAR your support for this essential project.

Agawam has long ago outgrown our public library, and this is a possible "one-time" chance to receive state funds. The state does not just come to us and ask if we wish to expand. The State Grant is due to the exquisite diligence of Donna Campbell and her staff. The grant of \$1,870,407 **MUST** be accepted by the June 30th deadline.

Our children deserve to have a library that will meet their expanding needs. Our seniors and handicapped citizens deserve to have a library that will meet their long-overdue needs. We who read the printed words know the value of this expansion.

In a year when time seems to be speeding up on us, I know the value of your time. I give to you my personal thank you for taking the time to let your voice be heard.

Please join me in expressing support for this project. Please let your Town Council members know that you support this project. Please let Mayor Cohen hear your voice of support.

Sally M. Loos  
Agawam

### Local K Of C Appreciates Support For Spaghetti Supper

#### To The Editor:

The J.F.K. Council 5585 of the Knights of Columbus would like to thank all those who participated in and supported our first spaghetti supper, which was held at St. John's Parish Center on April 27th. Through your support, over 500 suppers were served during a three-hour period.

The money raised from this event will be used to support the numerous charitable activities of the local council, including two scholarships to local high school graduates; support for St. John's Boy Scout Troop (who helped us with the event); donations to the St. John's Youth Group; the Renaissance program at Agawam High School; and donations to the local food bank.

The Knights would like to thank the following firms and organizations for their generous help with our raffle: Six Flags New England; Springfield Falcons hockey team; Southgate Liquors; Big Y Supermarkets; Bobby's Lounge; Take 5 Restaurant; IHOP Restaurants; and Ambrogio's.

Please support these local businesses as a way of thanking them for helping us with our charitable contributions.

We enjoyed serving you on April 27th and look forward to other suppers in the future.

Ed Francis, Grand Knight  
Frank Meagher, Past Grand Knight

### The Good And Bad Regarding Our New Smoking Ordinance

#### To The Editor:

Lately, within these pages, a debate has been raging over what impact on local restaurants our new smoking ordinance has been having. Letters penned by dear friends of mine on both sides of the debate each tell a different story regarding this issue. Rather than have friends of mine persist in wars of words over this debate, I venture forth to resolve the matter now.

Both sides are right, and both sides are wrong. Restaurants generally have indeed seen their business improve as non-smoking customers have returned to patronize them. However, those restaurants that also have lounges located at entrance and exit points to the restaurant have indeed truly suffered, and a financial loss has been

their reward for compliance with this ordinance. No one in Town could possibly deny that Olive Oil's has in fact been affected adversely, given how most bar patrons in general also tend to smoke. I have been informed that bar patrons have exited without orders upon the very moment they learned of the ban.

I'm very pleased for those many restaurants that have benefited financially from their compliance with the ban, but I must confess that I find the lack of sympathy for such establishments as Olive Oil's extremely disturbing. Surely, we can reward them for their compliance. Surely, we can do far more than a token gesture permitting smoking after restaurant hours to help recompense such establishments for the damage that they have received.

I should note that I predicted a loss of business for such establishments, and that the City Council did ignore me. The time is now for them to grandfather such establishments.

Sincerely yours,  
Owen R. Broadhurst

### A Different Reason Why We Should Support The Library

#### To The Editor:

I have, for many years, been a strong supporter of our public library. As such, I respectfully urge the council to fully endorse and approve the new proposed library. There has been a great deal of discussion in support of the library, but I would like to offer a different reason why we should support the library.

I realize we are talking of a cost in excess of \$4 million, but for those who are unaware, there is an incentive which will help defray the cost and, in fact, cut the cost literally by three-fourths over time. At the very least, the interest on any bonding will be offset. There is a settlement agreement between the Town of Agawam and Berkshire Power that specifically calls for annual capital improvements and materials acquisitions for the library.

The agreement, signed by Mayor Johnson and Berkshire Power's president, Michael Armitage, was filed in Hampden County Superior Court and judgement entered in June of 1996. For those who want to look into this further, it is filed under Civil Action No. 96-42, or I will be glad to provide copies.

The agreement involves a total of \$7.4 million in cash payments to Agawam, 45 percent of which must be spent on the library. The library breakdown starts at \$22,500 the first year and rises in annual increments to \$142,000 in the final year of the agreement. The total over the life of the agreement is \$3,337,000. This amounts to more than three-fourths of the cost of the new library.

I realize that most people in Agawam have come to know that those at Berkshire Power are well-known for their countless misrepresentations, numerous violations of the law, and their penchant for continually ignoring agreements. If the council, friends of the library, parents, teachers, students, and Mayor Cohen lobby and bring pressure upon Berkshire Power and El Paso Energy, perhaps Berkshire Power will, for once, be honorable and fulfill this agreement. If El Paso Energy is also made aware of this agreement, they may insist that the agreement be adhered to.

Incidentally, this same agreement of \$7.4 million includes 40 percent to apply towards recreational improvements. The cash amounts start at \$20,000 and rise in annual increments to \$126,681 for a total of \$2,966,708. Such moneys would pay for the new Skateboard Park. In fact, part of the agreement with Berkshire Power was that they would build baseball and soccer fields or other recreational facilities on the remaining Berkshire Power property. Not surprisingly, they

reneged on that part of the agreement, among others.

However, Berkshire Power can redeem themselves by building the Skateboard Park on the same property. Doing this will not only be in accordance with their agreement, but also eliminate any potential neighborhood dissatisfaction with the Skateboard Park as was rumored in Agawam Center, or any potential vandalism that is sure to take place at Shea's Field. The same funding can pay for many other recreational enhancements, such as constructing a park on School Street that could be named in honor of a deserving town resident such as Lisa Ziegert.

Also, the same moneys could pay for the reopening of Pynchon Point Park and building a fishing pier for our elderly and handicapped residents (such as Al Gag and I have worked on and have been proposing for years).

In short, there are millions which have been made available per court judgment to help pay the cost of a new library and additional recreation. All it takes is the town to make sure it collects.

Sincerely,  
Louis Russo, Feeding Hills

### Student Representation Is Desired On School Council

#### To The Editor:

This letter has been written to clarify some misinformation regarding the composition of the School Council at Agawam High.

When the Education Reform Act of 1993 passed, councils were mandated for each school by the state to advise principals on decisions relevant to site-based management. Bargaining the composition of these councils took place involving teachers, administrators, and school committee members, and an agreement was signed by Mayor Christopher Johnson and then-AEA President Gail Dion with the approval of John Teahan, attorney for the school system.

That bargained agreement has been viewed as containing set terms, not "guidelines." All of the school councils have followed that agreement for seven years. The membership of the council at Agawam High includes one principal, six parents, five teachers, two representatives of the business community, and one student.

Earlier this year, former AHS Principal Joe Zabielski invited all interested students to attend a council meeting. Despite what has been reported in the newspaper, the input of these students was welcomed by ALL teachers and parents. However, when Mr. Zabielski permitted to vote over a dozen students who had just shown up for the first time ever, he clearly violated the bargained agreement that calls for only one student vote.

At the next council meeting, the agreement was brought to light, and with a directive from Attorney Teahan that we must abide it, all proposals that had been tabled at the previous meeting were discussed again, and a consensus vote was taken by only regular council members, including the one approved student representative.

We would like to emphasize very strongly that no teacher on the School Council wants to thwart student representation; we just want the change in membership done correctly in a way that is in compliance with the intent of the Education Reform Act, which makes clear that representation from the students is desired, but that responsibility for decision-making rests chiefly with adults. The implication that teachers do not want student input is not only ludicrous, it is insulting to those of us who have served in these voluntary positions for years simply to provide what is best for the students at Agawam High!

Sincerely,  
Joanne Brown, Margo Poulin, Melanie R. Poudrier  
Mary Wolochowicz, Frank Meagher  
Teacher Members/AHS School Council



Richard Sardella	Editor/Publisher
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Kathy Cassanelli	News Editor
Dave Rollins	Sports Editor
Kathy Shepard	Feature Editor
Peggy Shoemaker	Feature Writer
Joan Lussier	Photographer

From The Monday, May 15th Town Council Meeting...

## "A Piece Of The News"

by Kathy Cassanelli  
News Editor

### IN SUPPORT OF ZONE CHANGE

More than a dozen town residents voiced their support for a zone change that will allow Alfred P. Pajer to build a new facility on the corner of Suffield and Cooper Streets to serve as a banquet house and a new home for Pajer's Superette. The facility will be located across the street from Pajer's current location on Cooper Street.

Pajer told the councilors that his grocery business has outgrown its present location, and his Ferruccio's banquet house on Main Street needed a new home due to traffic problems with Riverside. Pajer said the Planning Board voted 3-0 in favor of the zoning change. "We had a lot of people who supported this at the Planning Board meeting, including neighbors, friends, and abutters," Pajer said. Addressing Pajer during the public hearing, Council President Robert Magovern said, "You did a great job at your former location and I wish you good luck, if all goes your way (with tonight's vote)."

In response to questions from Councilor George Bitzas, Pajer said he intends to beautify the property with plantings and that the facility will be planned to eliminate traffic problems at the intersection. The Pajers are not planning to sell their current building on Cooper Street and will likely use it for storage or for a small business.

Councilor Anthony Bonavita said the zone change seems to be good planning and would resolve planning issues at the corner by making a three-zone parcel into a one-zone parcel.

In a unanimous vote, the council approved the zone change from Business A, Residence A-2 and Agriculture to Business A for the 8.68 parcel, which is abutted by the Quail Run retirement development, some single-family homes, the Italian Sporting Club, and several other commercial establishments.

### REAPPOINTMENT TO VETERANS' COUNCIL

Christopher N. Sanchez, 16 Day Street, Agawam, was unanimously confirmed for reappointment to the Veterans' Council for a term expiring April 1, 2002. Sanchez is a Persian Gulf veteran.

### REAPPOINTMENT RESOLUTIONS TABLED

Two other reappointment resolutions proposed by Mayor Richard A. Cohen were tabled because the appointees were not in attendance at Monday night's meeting.

Council President Robert Magovern said John J. Chriscola, Jr., had called to indicate he would be out of town on Monday and therefore unable to attend the meeting. But, Councilor Kent Servis asked that Chriscola's reappointment to the Li-

quor Commission be tabled in order to "allow Mr. Chriscola the honor of being confirmed in person."

A similar tabling motion was accepted by the council on the resolution to confirm Jay O'Sullivan's reappointment to the Veterans' Council.

### AMENDMENT TO SMOKING ORDINANCE

The vote was 7 yes, 3 no, and 1 abstention on an amendment to the ordinance which bans smoking in restaurants and some other public places.

Voting in favor of the amendment, which will allow smoking in retail tobacco stores whose sale of prepackaged food items is incidental to their main business, were Council President Robert Magovern and Councilors George Bitzas, Gina-Marie Letellier, Joseph Mineo, Richard Morassi, Robert Rossi, and Kent Servis. Against were Council Vice-President Robert Young and Councilors Jill Simpson and Dennis Perry. Councilor Anthony Bonavita abstained from the vote.

Servis, a sponsor of the amendment, said the intent was not to weaken the original ordinance, but to correct the unintended consequences of the ordinance. Servis said the way the town licenses businesses selling food caused three existing tobacconist shops to be unable to sell prepackaged foods, such as gum, mints, and potato chips, if they allowed their customers to smoke in their establishments.

"The irony is that should these businesses put the food items in a vending machine, it would be perfectly legal," Servis said. "The amendment is dealing with three establishments and is not going to affect other businesses. This is fine-tuning so we don't penalize three businesses already exempted by the original ordinance."

Mrs. Simpson questioned whether the term "tobacconist" needed to be defined in the event someone wishes to open a tobacco shop in the future.

### ON A PERSONAL NOTE

I'm ba-a-a-a-ck. Just when you thought it was safe to go back into the water ... My heartfelt thanks go to all my friends and colleagues for their cards, their letters, and their prayers during my illness last fall and during my recovery at home since leaving the hospital in November.

A special thanks to the Agawam Police and Fire Departments for their prompt, professional, and compassionate response to 911 calls for emergency medical assistance for me in November and for my mother on New Year's Day. It was my mom's last ride, and our family is grateful for the care and concern shown by the ambulance crew.

## FireWise...

by Fire Chief David Pisano  
Show Us The Way!!!

In an emergency, minutes can seem like hours! If you call for assistance from the Agawam Fire Department, we will be able to come to your aid more quickly if you help show us the way.

When you call 911, give the operator as much information as possible to assist us in locating you (i.e., street number and name, subdivision or complex name, closest cross street, any noticeable landmarks, etc.).

Once the operator has instructed you to hang up, go outside and wait for the emergency vehicles that are responding and assist them in locating the problem.

Another way that you can help is by having your street numbers posted so that they are visible. They should be at least three inches in height, and reflective.

Help show us the way.

For further information, contact the Agawam Fire Department at 786-2662.

### LEGAL NOTICE

### LEGAL NOTICE

#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main Street, Agawam, MA on Thursday, May 25, 2000 at 6:45 P.M. for all parties interested in the appeal of H.P. Hood, Inc. which is seeking a Special Permit in accordance with Section 180-56 of the Zoning Ordinances, which would allow for the construction of a milk storage silo in excess of the forty (40) foot height requirement at the premises identified as: 233 Main Street.

Doreen Prouty, Acting Chairperson

Published: May 18, 2000

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#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main Street, Agawam, MA on Thursday, May 25, 2000 at 6:30 P.M. for all parties interested in the appeal of John and Linda Wood who are seeking a Special Permit in accordance with Section 180-71 of the Zoning Ordinances, which would allow for the construction of an addition found to lie within the flood-plain at the premises identified as: 255 Sycamore Terrace.

Doreen Prouty, Acting Chairperson

Published: May 18, 2000

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# AHS Courtyard Project Becomes Community Quest

by Kathy Shepard  
Feature Editor

It takes a certain kind of vision to conjure up images of what might be. Kristen Pittenger noticed when she began teaching at Agawam High School, the courtyard, which is visible from the central lobby, had tremendous potential to be made into an area of beauty.

Most people feel better when they look out a window to a pleasant scene, such as a garden or other form of natural beauty. Due to her vision, an appealing courtyard has been designed, with several gardens already shaped and put in place, with flowers and bushes already taking root. Alumni of AHS will wish this attractive environment had been there many years ago.

## A Garden Waiting To Happen...

Glenn Olson, who teaches chemistry at AHS, did a lot of the work in laying out and planting the garden. The proposal, written by Mrs. Pittenger, suggests making "better use of the space and to create a project that would allow for collaboration between different departments and the community at large."

Art and horticulture classes have been involved in planning out the garden, and it is hoped that community enterprises might donate perennials, shrubs, mulch, and other supplies. Benches and quiet spots will be helpful for students to break up their hectic days.

The focal point of the courtyard will be a pond, approximately 30 feet x 20 feet and about 2½' to three feet deep. "The pond will be constructed with liners and landscaped and stocked with fish and small aquatic animals that are endemic to the surrounding environment," according to the proposal for this project, and the environmental classes will be responsible for maintaining the pond and stocking it.

The pond will be fed by a mini waterfall, which will magnify the sense of relaxation. The paved walkway will serve another purpose by allowing an alternate route to classes while letting the students get a breath of fresh air and a taste of the courtyard's serenity.

## Real Life Learning

Several classes can make use of the courtyard. Biology classes, environmental classes, and other courses interested in the ecosystems of the wildlife, can benefit. A considerable contribution will be made toward administrative issues, and such an endeavor can become a pilot project because of its originality and versatility.

Mrs. Pittenger told us, "We need help from the community, too. This is the time to become involved, because the students have been making a great effort. Some of them even worked on the courtyard during school vacation when it was cold and damp. Anyone offering plants, materials, landscaping materials, yard tools, services, suggestions, or money can reach us at Agawam High School Courtyard/Pond Project, Attn: Kristen Pittenger, 760 Cooper St., Agawam, MA 01001.

"We are really excited that Dave's Soda and Pet

## LEGAL NOTICE

## LEGAL NOTICE

### TOWN OF AGAWAM AGAWAM POLICE DEPARTMENT

The Agawam Police Department will hold a public hearing on May 19, 2000 at 7:00 pm in the Faolin Pierce Community Room of the Agawam Police Department Headquarters located at 681 Springfield Street, Feeding Hills, MA.

The purpose of this meeting will be to discuss the use of the Local Law Enforcement Block Grant funds.

By Order of Robert Campbell, Chief of Police  
Agawam Police Department

Published: May 18, 2000

## LEGAL NOTICE

## LEGAL NOTICE

### TOWN OF AGAWAM AGAWAM PLANNING BOARD

The Agawam Planning Board will hold a public hearing on Thursday, May 25, 2000 at 4:30 PM at the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street. The purpose of this public hearing is to discuss the discontinuance of a portion of Agawam Shopping Court in conformance with MGL Chapter 82, Section 21.

By Order of Charles R. Calabrese, Chairman  
Agawam Planning Board

Published: May 18, 2000



**WORKING IN THE AHS COURTYARD:** Faculty member Kristen Pittenger (kneeling) with students Angelina Roy, Colin Murray, Christine Jack, and Eliza Dickmann. If you would like to offer plants, landscaping materials, yard tools, services, etc., for this project, please contact the "Agawam High School Courtyard/Pond Project," Attn: Kristen Pittenger, 760 Cooper Street, Agawam, MA 01001.

Food City will have Channel 40 film us for his show that airs on Saturday nights. He is going to talk about our pond, aspects of building a pond, materials needed to build and sustain it. This is just one example of the community stepping forward. We want to see a lot of community involvement, because the students are really enthusiastic," Mrs. Pittenger said.

"Just the path alone will be expensive. We had one quote of \$19,000. Anyone who can donate time, materials, or both will really be giving to a special project. Benefactors would be recognized, perhaps with a plaque, and we are looking at the possibility of giving academic credit to students who help."

The AHS School Council has voted to allocate \$5,000 for the project, which will cover mulch, small stones, pond supplies, perennials, bushes and trees, a sprinkler system, lighting, and fish/wildlife. More of any or all of these will still be welcome.

Not covered by the allocation is the cost of supplies and labor to pour a concrete, four-foot path and patio area. Other things on the wish list are items such as bird feeders, a bird bath, benches or materials to make them, bricks for the path, materials for extra picnic tables, plaques for all contributors, material for edging, replacement cost for plants/trees/wildlife that die, tools needed for maintenance, seasonal plants, fertilizer, stands for art displays, or items which might help this exceptional and original project.

Mayor Richard Cohen is thrilled about this project. "I think it's an absolutely wonderful opportunity for administrators, students, and faculty to all work together to achieve a positive outcome. It goes to show when people work as a team for something new and exciting, many improvements can result.

"This project goes along with our administration's values, to work together to create a wonderful atmosphere that all can enjoy. The beauty of this courtyard enhances the environment while giving everyone involved a sense of pride and belonging that unites the community," Cohen added.

School Committee member Roberta Doering has also taken a special interest in this original and multi-faceted quest.

Acting Principal Paul Cavallo told us, "I think the project is very worthwhile. It helps beautify an area which has really been an eyesore and was never properly maintained. Because the flowers and wildlife will have to be maintained, this project has not only brought improvement, it will also perpetuate these improvements with students continuing to be involved in the upkeep."

The students who have helped and continue to contribute to the courtyard endeavor are Nate Skiba, Colin Murray, Brittany Shields, Angelina R. Roy, Christine Jack, Gerald Champigny, Andy Korney, Sean Conchieri, Alan Megazziri, and Brian Barnes. Nathan Krach has been helping with the landscaping and the building of the pond.

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## Veterans' Corner...

## The Town Of Agawam's Memorial Day Parade

by Edward Kellogg  
Veterans' Agent — 786-0400, Ext. 236/237

Memorial Day is just around the corner, and the parade plans are in high gear. Keep your fingers crossed for good weather.

The parade lineup is bigger than ever. I want to invite the whole town to come share this Memorial Day with us.

Just a reminder — we would like all our Korean War veterans to consider marching with us, considering that this is the start of their 50th anniversary.

Don't worry; if you don't feel that you can march like you used to, we will provide a car. Just give me a call at my office, and I will make the necessary arrangements. My number is 786-0400, extension 236 or 237.

Any veterans who wish to be in the parade, "come on down!" Again, if you can't march, come anyway and you can ride in the parade. Just call and let me know.

Thanks. See you on Memorial Day (Monday, May 29th)...

\*\*\*

### AGAWAM HONOR ROLL VIETNAM VETERANS — "L"

LaBELLE, ARTHUR A.  
LaBELLE, HENRY L.  
LaBRANCH, DAVID W.  
LABUN, RICHARD J.  
LACASSE, NORMAN R.  
LaCHAPELLE, PHILIP A.  
LaFLECHE, NORMAN R.  
LAFLEUR, GERALD R.  
LaFLAMME, WAYNE A.  
LaFRANCIS, NELSON J.  
LAKE, RICHARD A.  
LAMOTHE, RODERICK A.  
LANDI, ANTHONY C.  
LANGEVIN, MARK R.  
LARESE, JOHN A.  
LaROQUE, EDWARD F.  
LAVALETTE, RICHARD  
LEAL, EDWARD E.

VETERANS' AGENT EDWARD KELLOGG and his assistant, Diane Moreau, hold a commemorative flag celebrating the 50th anniversary of the Korean War. Because of this anniversary, Kellogg would like to see as many Korean War veterans as possible in this year's Memorial Day parade in Agawam; contact him at 786-0400, ext. 236/237, if you would like to participate. Advertiser News photo by Kathy Shepard.

LECLAIR, ROGER R.  
LESSARD, ANTHONY J.  
LETELLIER, WALTER T.  
LETENDRE, WILLIAM  
LEVESQUE, ALFRED E.  
LEVESQUE, ERNEST A.  
LEWIS, RAYMOND G., JR.  
LIGHT, CLYDE E.  
LIGHT, RICHARD A.  
LIGHT, ROBERT R.  
LINDSAY, EUGENE E.  
LIPTAK, JOHN H., JR.  
LITCHFIELD, JOHN F.

LIUCCI, ROBERT T.  
LOCKHART, PETER B.  
LONCRINI, JOHN F.  
LONCTO, DONALD E.  
LOSS, ALEXANDER  
LUCCARDI, GEORGE F.  
LUGINBUHL, CHARLES E.  
LUGINBUHL, DONALD C.  
LUND, ROBERT G.  
LUSSIER, KENNETH J.  
LYNCH, MICHAEL S.  
LYNDE, PATRICIA A.  
LYON, THOMAS E.



786-1127  
786-1128

# Alexander's

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Paul Bickford

Owner  
Charlie Grasso

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Delicious Veal, Chicken, Beef And  
Seafood Entrees Cooked To Your Liking.

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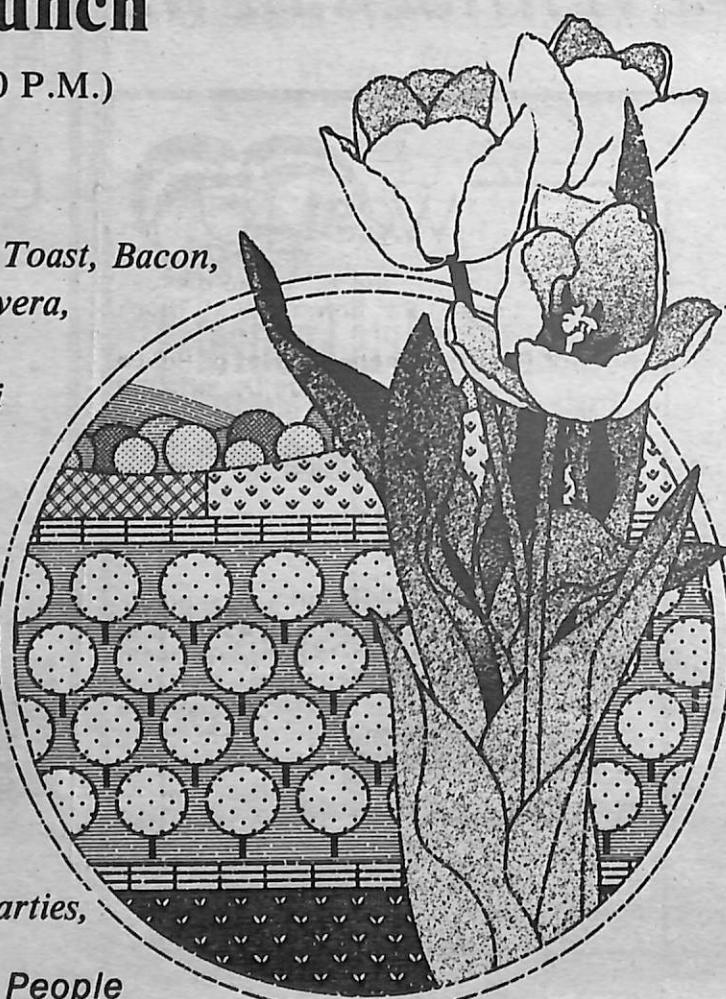
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## Agawam Chamber Of Commerce Tours Agawam Town Hall

Mayor Richard Cohen recently welcomed representatives of the Agawam Chamber Town/Business Relations Committee and the board of directors to Town Hall for the Chamber's "Spotlight On Business" visit. The Mayor assembled his department heads and support staff to meet the Chamber during an informal networking breakfast.

"Our 'Spotlight On Business' tours have been a great success," said Mike Fiorini of Environmental Compliance Services. Fiorini serves as chair of the Town/Business Relations Committee.

The committee chose Agawam Town Hall for its recent visit to welcome the new Mayor and encourage a good, working relationship with his staff.

"The Agawam Chamber business members want to work closely with the Town on legislative, retail, and quality of life issues in order to support current business and encourage positive economic development in Agawam," Fiorini added.

The Town/Business Relations Committee addresses local business issues in Agawam. The Mayor, City Council President, and town department heads are invited to participate, as appropriate.

Business members who have interest in volunteering on this or any Chamber committee should call Celia Lang at 755-1307.

## Agawam Veterans' Council Holds Election Of Officers

On May 3rd, the Agawam Veterans' Council had its election of officers. Chris Sanchez was elected chairman, Jessie Fuller was elected vice-chairman, and Ed Kellogg was elected secretary.

The members of the council consist of Chris Sanchez, Jessie Fuller, Ed Kellogg, Jay O'Sullivan, Ken Morytko, George Schlagel, and Priscilla Peterson.

## Annual Spring Mtg. Of Spfld. Retired Police & Firefighters Assoc.

The Annual Spring Meeting of the Springfield Retired Police and Firefighters Association will be held May 21st at 12:00 noon at The Big E Fire Station.

Lunch, guest speakers, and matters of importance will be on the agenda.

For further information, call Bob Brown at 783-7543 or George Poulopoulos at 566-8206.

## ADVERTISER NEWS



**19th Annual Arts Festival**

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**CHAMBER BOARD MEMBERS** Richard Blomstrom (left) of Canary-Blomstrom Insurance Agency and Rick Bellico of Woronoco Savings Bank at the Mayor's office during the Chamber business tour.



**FROM LEFT TO RIGHT:** Agawam Librarian Donna Campbell, Agawam Chamber President Bob MacDonald of Work Opportunity Center, Town Planner Debbie Dachos, and Mike Fiorini of Environmental Compliance Services during the business tour of Town Hall.

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## MAY WINE SPECIALS

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**\$10.99**

Burgundy, Blush, White Grenache,  
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**\$7.49**
**Woodbridge (1.5 Ltr.)**

Merlot, Cabernet Sauvignon, Chardonnay

**\$11.99**

White Zinfandel, Sauvignon Blanc

**\$8.99**
**Delicato (1.5 Ltr.)**

\* From California \*

Merlot, Cabernet Sauvignon, Chardonnay

**\$8.99**
**Barton & Guestier (1.5 Ltr.)**

\* French (1998) \*

Chardonnay, Sauvignon Blanc,  
Cabernet Sauvignon, Merlot

**\$9.99**
**Alisa \* From Italy \***

Pinot Grigio Doc (1997 - 1.5 Ltr.) - **\$7.99**

Pinot Grigio Doc (1997 - 750 ml.) - **\$4.99**

Merlot (1997 - 1.5 Ltr.) - **\$7.99**

Merlot (1997 - 750 ml.) - **\$4.99**

Cabernet Sauvignon (1996 - 1.5 Ltr.) - **\$7.99**

Cabernet Sauvignon (1997 - 750 ml.) - **\$4.99**

## Jack Daniels Country Cocktails (4-Pk.)

Lynchburg Lemonade, Cactus Kicker,  
Downhome Punch, Tennessee Tea,  
Mountain Sipper, Blackberry Jack,  
Watermelon Spike, Hurricane Punch,  
Red-Eyed Jack, Apple Jack, Wildberry Jack

**\$3.99**

## Bacardi Breezers (4-Pk. Bottles - All Flavors)

Calypso Berry, Caribbean Key Lime, Tropical  
Fruit Medley, Island Peach, Blue Paradise,  
Watermelon, Bahama Mama, Caribbean  
Classic Pina Colada, Caribbean Classic  
Strawberry Daiquiri, Purple People Eater, Sax  
On The Beach, Applelicious, Fuzzier Navel

**\$2.99**

## Jed's Hard Lemonade (6-Pk. Bottles Or Cans)

**\$4.99**

## Jed's Hard Lemonade \* Pink \* (6-Pk. Bottles)

**\$4.99**
**Tanqueray Gin**

(1.75 Ltr.)

**\$23.99**
**Captain Morgan**

(1.75 Ltr.)

**\$18.99**
**Parrot Bay Rum**

(1.75 Ltr.)

**\$18.99**
**Seagram's Gin**

(1.75 Ltr.)

**\$13.99**
**Canadian Mist**

(1.75 Ltr.)

**\$12.99**
**Cutty Sark Scotch**

(1.75 Ltr.)

**\$22.99**
**Finlandia Vodka**

(1.75 Ltr.)

**\$21.99**
**Seagram's Lime Gin & Grapefruit Gin**

(1.75 Ltr.)

**\$13.99**

## MAY LIQUOR SPECIALS

**Bud Dry**

(30-Pk. Cans)

**\$12.99**
**Coors X-Gold**

(30-Pk. Cans)

**\$11.99**
**Miller Lite**

(30-Pk. Cans)

**\$16.99**
**Amstel**

Case -

(Bottles Or Cans)

**\$19.99**
**Dos Equis**

\* From Mexico \*

(12-Pk. Bottles)

**\$9.99**
**Bass**

\* From England \*

(12-Pk. Bottles)

**\$11.99**
**Sam Adams**

\* From The U.S.A. \*

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IPA, & Summer

(12-Pk. Bottles)

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**Rolling Rock**

(12-Pk. Bottles)

**\$7.99**
**Killian's Irish Red**

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**\$9.99**

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WESTFIELD  
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**MRS. PHIPPS**  
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## Senator Melconian Testifies On Behalf Of Mercy Hospital

Senate Majority Leader Linda J. Melconian (D-Springfield) testified Wednesday, May 10th, in front of the Joint Committee on Insurance in support of Mercy Hospital's efforts to secure a full-service contract from the Health New England HMO (HNE).

The bill, sponsored by Melconian, would compel Baystate Health System, owner of 47.5 percent of HNE, to require the HMO to contract with Mercy Hospital's parent corporation, the Sisters of Providence Health System.

"The issue before us is very simple," testified Melconian. "Will the 100,000 health care consumers in Western Massachusetts that are part of Health New England have a choice in their health care? Right now, Health New England customers have very limited choice - for a wide variety of health services, their only option is Baystate Medical Center. Right now, the 45,000 consumers that are part of the Sisters of Providence Network have no choice at all - they are barred from the largest HMO in Western Massachusetts."

Melconian further emphasized the power Baystate has over the healthcare market in the western part of the state. "Baystate is already the dominant health care provider in Western Massachusetts, controlling the market in every age group except seniors. The hospital has 87.5 percent of the healthcare market for age 0-3, 64.1 percent for age 4-14, 54.1 percent for age 15-44, 47.3 percent for age 44-64, and 34.7 percent of the market for citizens 65 and older."

Melconian also praised the fine community service work Mercy Hospital is performing. "Mercy Hospital and the Sisters of Providence are more than a competitor in the healthcare market. They are helping people that no one else is serving and granting access to healthcare for the poor, the disadvantaged, and the uninsured. No one is eager to step forward and provide services that are expensive and lose money. The Sisters do last year, that meant providing more than \$12 million in free care."

"When the Western Massachusetts delegation first met to deal with this issues, we committed to the core principle of protecting the viability of two healthcare systems. Each of us understands that if the Sisters of Providence is driven out of business, everyone suffers. Consumers are denied choice and suffer under a monopoly, millions of dollars in free care disappears, healthcare costs rise, and 3,700 employees of the Sisters lose their jobs."

After the hearing, the committee voted in favor of the bill and ordered that it be sent to the Senate for further action.

*From State Rep. Keenan's Office...*

## House To Coordinate Senior Care In MA

State Representative Daniel F. Keenan is pleased to announce the adoption of a budget amendment that would establish a program to coordinate the health care benefits for those senior citizens who are dually eligible for both Medicare and Medicaid.

The Senior Care Options (SCO) plan is an innovative approach, offered on a voluntary enrollment basis, to managing the care of this population of senior citizens.

Rep. Keenan commented, "The SCO plan shows that Massachusetts is yet again a pioneer in the area of quality health care for seniors." This unique plan is a first-of-its-kind in the nation. The Health Care Financing Administration has worked with the Commonwealth to develop a model that may serve as a paradigm for other states exploring the feasibility of such plans.

This initiative, which passed with the unanimous support of House members, is an integrated program of medical, health, and social support services designated to meet the needs of our most vulnerable citizens — those low-income seniors who are eligible for both Medicare and Medicaid.

"The benefit for the consumer is clear: we are providing our most frail seniors with a team of providers and, at the same time, streamlining the delivery of health care services," noted Keenan.

For those seniors who are enrolled in both programs, the current system is complex and inefficient because Medicaid and Medicare offer different but overlapping benefits that are administered separately; Senior Care Organizations would remove the tension that results from these disconnected programs while maintaining the full spectrum of services to its enrollees.

**Best local news...**

## — Agawam Obituaries —

### Thelma L. Bercier

Thelma L. "Dusty" (Robbins) Bercier, 68, of 8 Squire Lane, Feeding Hills, died recently at home. Born in Springfield, she lived in Feeding Hills since 1959.

She had been a member of the St. Jude's society and a communicant of Sacred Heart.

She had been a baker at the former Bev's Bake Shop in Agawam.

She leaves her husband, Joseph W. Bercier, Jr.; a son, Joseph W. Bercier III of Westfield; three daughters, Catherine A. Marble of Springfield, Joyce A. Smith of Montalba, Texas, and Dianne M. Bercier of Ludlow; three brothers, Norman of California, Ralph of San Diego, California, and Clifford of West Springfield; a sister, Barbara Down of California; and seven grandchildren.

A memorial Mass was held at Sacred Heart Church, with burial in Springfield Street Cemetery. Agawam Funeral Home was in charge of the arrangements.

Donations may be made to St. Jude's Shrine, 512 West Saratoga Street, Baltimore, Maryland, 21201-1896.

### Mary Circosta

Mary (Fongaro) Circosta, 84, of 88 Pheasant Hill Drive, Agawam, died recently at home.

She worked at Springfield Wire Co. and retired in 1981.

Born in West Stockbridge, she attended schools in Springfield and Manchester, New Hampshire.

She was a communicant of Sacred Heart Church in Feeding Hills.

Her husband, Vincent Circosta, died in 1967.

She leaves two daughters, Carolyn M. Bourgeois of Feeding Hills and Cynthia M. DeAngelis of Springfield; a sister, Marcy Fenton of Orange County, California; five grandchildren; and two great-grandchildren.

The funeral was held at Colonial Funeral Home and the church, with burial in St. Michael's Cemetery, Springfield.

Memorial contributions may be made to the American Cancer Society (for breast cancer research), 30 Speen Street, Framingham, MA 01701; the Visiting Nurses and Hospice of Western New England, 50 Maple Street, P.O. Box

9058, Springfield, MA 01102-9058; or the St. Vincent DePaul Fund, Sacred Heart Church, 1103 Springfield Street, Agawam, MA 01001.

### Christiaan J. Liebenberg

Christiaan J. Liebenberg, 78, of Agawam, died May 3rd in a local nursing home.

He was involved in many entrepreneurial endeavors (most recently a craft business called The Stitchery), and previously with confectioneries, investment brokerages, and canvas manufacturers. He retired in 1994.

Born in Roberts Heights, Pretoria, South Africa, he lived most of his life in that country before moving to Agawam in 1994.

He served as a lieutenant in the South African Royal Air Force from 1943-1947 with the Shark Squadron 112. His plane was shot down twice and he was missing in action for three months.

He leaves his wife of 50 years, the former Aletta Kelly; a son, Paul of Agawam; two brothers, Abraham and Phillip, both of South Africa; three sisters, Joan Erasmus and Andre Smalam, both of South Africa, and Phyllis DeMareuil of France; and a granddaughter.

The funeral was scheduled to be private, and Sampson Family Chapels of Springfield was in charge of the arrangements.

Memorial contributions may be made to the Make A Wish Foundation, 1 Armory Square, Springfield, MA 01105.

### Jean Y. L'Archeveque

Jean Y. "Frenchie" L'Archeveque, 72, of Springfield, died recently at Mercy Hospital.

He was an interior decorator and painter for KV Homes Co. for many years and also worked for Schaffer Roofing Co. for many years.

Born in Montreal, Quebec, Canada, he moved to Agawam in 1954 and later to Springfield.

He was a long-time trustee of the Chicopee Moose Lodge.

His wife, the former Theresa Jamin, died in 1996.

**SEE OBITUARIES - Page 11...**

ANNUALS, PERENNIALS, HERBS & VEGETABLE PLANTS

The sweet smell of freshly turned earth... If you're a gardener, you know exactly what I'm talking about. Springtime is a magical time for those

of us who like to dig.

To us, a garden isn't work, it's a calling.

A garden is not only a feast for the eyes, but in the case of a vegetable garden, a feast for your tummy

as well. A source of beauty all summer. A haven for butterflies and hummingbirds. Your garden is what you make it. Whether you have a couple tomato plants or an

acre and half of perennials, you're in charge. Well, actually, Mother Nature's in charge, but you can pretend you're in charge. Where

else but a garden can you observe the majesty of the seasons and the weather firsthand?

A garden is a truly beautiful thing—if you can share your garden with children, even more so. To teach

a child to nurture and grow a seedling is a wonderful gift. Respect for all living things—be it a plant, a beetle, or a rabbit—can begin in the garden. Enjoy!



## E. Cecchi Farms

1131 Springfield Street, Feeding Hills

"Everything you'd grow if you had 40 acres."

POTTING SOIL, PEAT MOSS, CEDAR MULCH, FERTILIZER, KNOW HOW

## OBITUARIES - from Page 10...

He leaves two sons, Michael M. of Bellows Falls, Vermont, and Mario A. of Feeding Hills; two daughters, Joanne L. Smith and Renee A. L'Archeveque, both of Springfield; two brothers, Gerald and Andre; a sister, Aelette L'Archeveque; and three grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home of Agawam.

## Frances V. Hayes

Frances V. "Jackie" Hayes, 100, formerly of Hartford, Connecticut, died recently at a local nursing home.

She was a nurse at Hartford Hospital and gave up her career to move to Agawam to help her ailing sisters.

Born in Windsor, Nova Scotia, Canada, she graduated from the Hartford Hospital School of Nursing.

She leaves a sister, Annie Dill of Windsor; a nephew, William Hayes of Agawam; and two nieces, Kathleen Planzo of Agawam and Barbara Beal of Simsbury, Connecticut.

The funeral was held at Colonial-Forastiere Funeral Home and St. John the Evangelist Church, with burial in Center Cemetery.

## June Fleming

June (Whitman) Fleming of Agawam died recently at a local nursing home.

She was a teacher in Hicksville, Long Island, New York, before moving to Agawam three years ago.

Born in Portland, Oregon, she was a 1938 graduate of Linnfield College in McMinnville, Oregon.

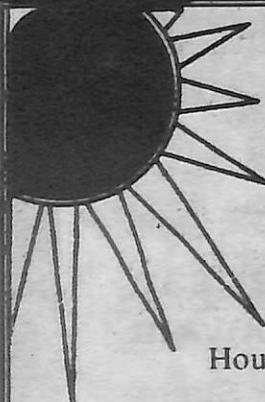
She leaves her husband of 59 years, John W. Fleming of Agawam; three sons, James W. of Houston and Israel, Dennis W. of Hawley, Pennsylvania, and David of Lake Oswego, Oregon; a daughter, Ruth Caldbeck of Springfield; a brother, Ernest Whitman of Portland; and eight grandchildren.

The funeral and burial were private and at the convenience of the family. Byron's City Burial & Cremation Service of Springfield was in charge of the arrangements.

\*\*\*

*Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030. Make checks payable to "Advertiser News."*

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- Ultra Bronz
- Sun Capsule VHR
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## The Agawam Advertiser News

## Robin C. Morris

Robin C. (Bonavita) Morris, 43, of 34 St. James Street, Feeding Hills, died recently at home. She was a litigation paralegal and legal secretary at Doherty, Wallace, Pillsbury & Murphy P.C. since 1978.

Born in Springfield, she lived in West Springfield and Ludlow before moving to Feeding Hills in 1993.

She graduated from West Springfield High School in 1975 and from Holyoke Community College with an associate degree in science and a legal assistant degree in 1978.

She was a communicant of Sacred Heart Church in Feeding Hills.

She leaves her husband, Mark E. Morris; a son, Michael E., and a daughter, Jessica L. Morris, both at home; her parents, Victor R. Bonavita of Agawam and Dolores (Anyon) Bonavita of Feeding Hills; and a sister, Darlene Ingram of Southwick.

The funeral was held at Colonial-Forastiere Funeral Home and the church, with burial in Springfield Street Cemetery, Feeding Hills.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104.

## Marlene A. Pezzimenti

Marlene A. (Thompson) Pezzimenti, 63, of 46 Meadowbrook Manor, Agawam, died recently at Baystate Medical Center in Springfield.

She was a cook at the Dominican Nuns' Monastery in West Springfield. She also had worked for Lillian's Catering for 37 years, was a school bus driver, and was a cook-supervisor at the Heritage Hall Nursing Home.

Born in Agawam, she was a lifelong resident and a 1954 graduate of Agawam High School.

She was a communicant of St. Theresa's Church and a member of Golden Age Chapter 2.

She leaves three sons, Antonio J. of Agawam and John A. and Mario M., both of West Springfield; a daughter, Joni Jean C. Balboni of Agawam; two brothers, Raymond C. Thompson and Richard A. Thompson, both of Agawam; and six grandchildren.

A son, Joseph R., died in 1993.

The funeral will be held on Friday morning, May 19th, at the church, with burial in St. Thomas Cemetery, West Springfield. Calling hours were scheduled for the late afternoon and early evening

of Thursday, May 18th, at Agawam Funeral Home.

Memorial contributions may be made to the Marlene A. Pezzimenti Memorial Fund, in care of Westbank, 1340 Springfield Street, Feeding Hills, MA 01030.

## Beulah Carpenter

Beulah (Keyes) Carpenter of 11B Castle Road, Agawam, died recently at Baystate Medical Center in Springfield.

She was a retired secretary for an insurance firm.

Born in Berlin, Vermont, she graduated from Woodsville (New Hampshire) High School and the former Bay Path Institute in Springfield.

She lived in the Agawam area for many years and belonged to the Corona Chapter of the Eastern Star.

She was a former member of South Congregational Church in Springfield.

She leaves her husband, Roy Carpenter; a daughter, Marilyn Marchant of East Longmeadow; and two grandchildren.

The funeral will be held on Friday afternoon, May 19th, at Dickinson-Streeter Funeral Home, with burial in Hillcrest Park Cemetery, both in Springfield. A calling hour will precede the service.

Memorial contributions may be made to the Visiting Nurse Association and Hospice of Western New England, 50 Maple Street, Springfield, MA 01105, or Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104.

## Kathryn Seuss

Kathryn (Juppenlatz) Seuss, 100, of Agawam, died recently at a local nursing home.

She was a bookkeeper at H.P. Hood Co. for 20 years and worked previously at the Springfield Armory during World War II.

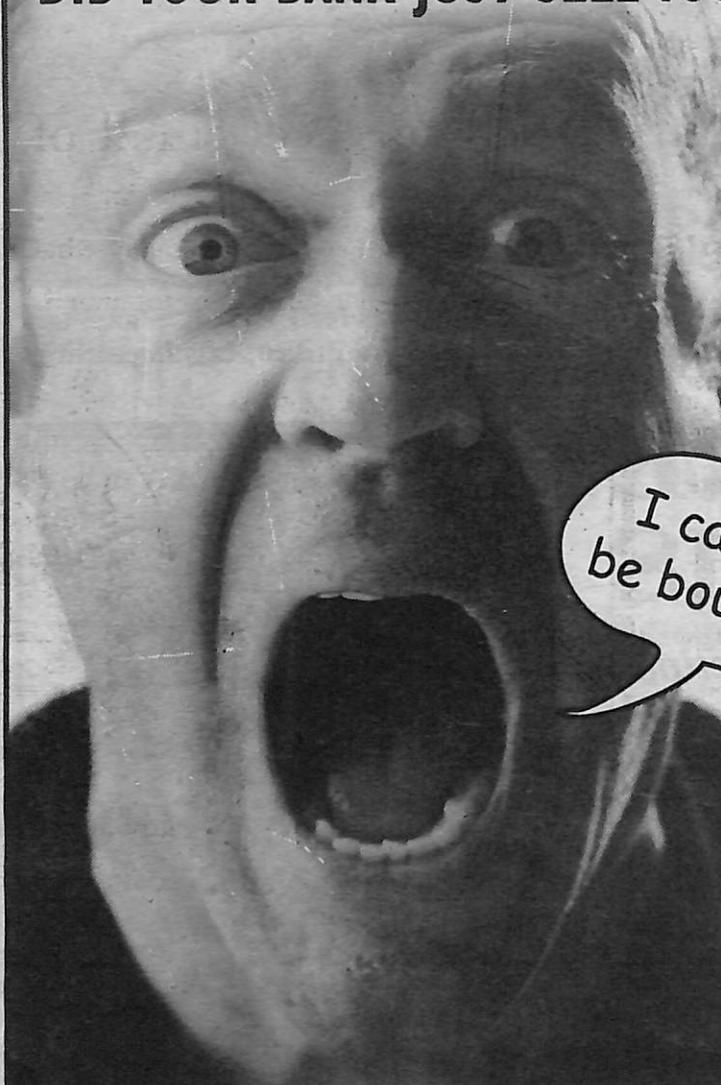
Born in Salisbury, Connecticut, she was a member of Agawam Congregational Church.

Her husband, Alfred Seuss, died in 1980.

She leaves a son, David C. of Vancouver, Washington.

A memorial service was held at Colonial-Forastiere Funeral Home. A private burial was scheduled.

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## Families

### Beautification Committee Is Busy...



**MAYOR RICHARD COHEN** (center) shows his support for the efforts of the Agawam Beautification Committee. Pictured with the Mayor are committee members Carol Pignatere, Deborah Dachos, Helen Krupczak, Mary Hollister, Zoafia Demko, City Councilor George Bitzas, and Richard Bellico.



THE AGAWAM BEAUTIFICATION COMMITTEE making plans for FY 2000. Standing: Zoafia Demko, Carol Pignatere, and Mary Hollister. Seated: Richard Bellico, City Councilor George Bitzas, Deborah Dachos, and Helen Krupczak.

# CALABRESE F FARMS

*Come see our Large Selection of:*

**BEDDING FLOWERS,  
GERANIUMS, PERENNIALS, HERBS  
and ROSE BUSHES**

*Large Selection of VEGETABLE PLANTS*

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Hanging Fuchsias, Impatiens, Ivy Geraniums, Bacopia, Surfinia, Thunbergia, Wave & Million Bells Petunias, and Torenia, & Many More Hangers.

**257 FEEDING HILLS ROAD (RT. 57)  
SOUTHWICK, MA • (413) 569-6417**



### Agawam Jr. Women's Club At 2000 Conference

The General Federation of Women's Clubs of Massachusetts and the Junior Federation of Women's Clubs held their Annual Conference on April 29th in Marlborough, MA.

Fifteen members from the Agawam Junior Women's Club were in attendance: Cindy Sanford-Taylor, Stephanie Bertagnolli, Elsie Mallory, Mary O'Connell, Ann Woodward, Theresa Conklin, Donna Shibley, Rosalie Dialessi, Aileen Semarie, Sue Godfrey, Wilma Gillan, Laura Paul, Liz Taylor, Pat Belisle, and Eva Jack.

The Agawam Junior Women's Club was the host this year for the annual conference. Ann Woodward, president, gave a warm welcome to the attendees and a brief history of the Town of Agawam and some of its important people, such as Minerva Davis and Anne Sullivan. Aileen Semarie, the representative of the Western District, gave a heartfelt prayer before lunch began.

In the morning, certificates were given out in recognition for all the work done in the various communities throughout the state by Junior Women. The Agawam club received certificates for outstanding performance in Conservation, Women's Affairs, and Public Affairs.

During the luncheon, the Agawam Junior Women's Club received certificates for the most attendees at state conferences and meetings, Public Relations/Communications, Newsletter. During the luncheon, Aileen Semarie and Elsie Mallory won three baskets stocked to the brim with goodies. The basket created by Liz Taylor, entitled "Travel Kit to Western MA," won most original and was a great basket stocked with tickets to The Big E, Six Flags, restaurants, a map of the area, and much more.

The highlight of the dinner banquet was the installation of the new State Director of Junior Women's Clubs, Rosalie Dialessi, a resident of Agawam. The Agawam Club was honored to host the conference in honor of her installation. As such, the club was busy setting the tables with centerpieces for the luncheon and banquet tables, manning the registration desk, handling the raffles, and hosting the hospitality suite after the banquet.

After the banquet, the Agawam Club took home the Baker Award for a club that did outstanding work in its community, a great way to end a perfect weekend.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and GFWC of Massachusetts.

#### — ADVERTISER NEWS —







**Polish American Club of Agawam**

139 Southwick Street  
Feeding Hills

**(413) 786-0973**

**BINGO**

*A Smoke-Free Environment*

EVERY TUESDAY 6:45 P.M.  
DOORS OPEN 4:30 P.M.

**ALL PAPER GAMES**  
**TWO WINNERS TAKE ALL**

**S AUTOMATIC VERIFICATION S**



RACHEL ELIZABETH MORGAN

## The Morgan Family Announces Birth Of Daughter, Rachel E.

Laurie and Kevin Morgan of Westerly, Rhode Island are proud to announce the birth of their daughter, Rachel Elizabeth Morgan, on December 11, 1999.

She was born at South County Hospital, Wakefield, Rhode Island.

Rachel's grandparents are Bill and Becky Washburn of Agawam and Sandy Morgan of Westerly, Rhode Island.

Her great-grandparents are Frank Veroneau of Springfield and Mary Washburn of Westfield.

## Great Spring Special 2000!



**1-Hr. Photo And Studio**  
**786-4340 / 786-0347**

- Every Monday and Thursday — bring in a roll to be developed and receive a second set of prints or a roll of film for \$1.00 (1-hour service, color only).
- Tuesday — buy one, get one free on color enlargements from same 35mm negative (5x7, 8x10, 8x12, 11x14 - glossy only).
- Wednesday — buy one, get one free on 3x5 or 4x6 reprints from the same 35mm or 110mm negative (color, glossy paper only).
- Friday — bring in a roll of film to be processed (color 35mm, 110mm) and receive \$1 off 12 exp., \$2 off 24 exp., \$3 off 36 exp. (not to be combined with any offers or coupons / 1-hr. service only).

371 Walnut Street Extension, Agawam

**Offer Ends June 17th**

## Two More "Jubilee Partners" Support The Various Efforts Of The Parish Cupboard

The Parish Cupboard, the food pantry and soup kitchen serving residents of Agawam, Feeding Hills, Southwick, and West Springfield, received the support of two more "Jubilee Partners" this month.

The Community Foundation of Western Massachusetts agreed to fund the Homeless Outreach program of the Parish Cupboard through the Raymond E. and Mildred G. Clark Foundation. The \$2,000 grant will be used to provide for the basic needs of homeless people who haven't found the Parish Cupboard on their own.

Also joining the Jubilee donors is the Episcopal Diocese of Western Massachusetts. In sending their \$2,000 check, they commended the Parish Cupboard for reaching out to the economically marginalized in our community and offered their continued prayers for the efforts at 1023 Main Street in West Springfield.

"In the Community Foundation of Western Massachusetts and the Episcopal Diocese of Western Massachusetts, we see the potential of merging our civic and spiritual service for the betterment of the people in our communities," said Candy A. Boucher, Executive Director of the Parish Cupboard.

"While we truly appreciate each and every \$1, \$5, or \$10 donation given to serve the poor, we applaud the organizations which are able to give at this level. The Parish Cupboard will always be a place where civic duty and faith in action are welcome partners," added Boucher.

The Parish Cupboard is an independent food pantry/soup kitchen supported solely by contributions. For more information on how to help, contact Candy A. Boucher, Executive Director, 1023 Main Street, West Springfield, MA 01089, or call her at (413) 734-7969.

## Father's Day Pancake Breakfast Scheduled For June 18th At Italian Sporting Club

A Father's Day Pancake Breakfast will be held Sunday, June 18th from 8:00-11:30 a.m. at the Italian Sporting Club, 349 Cooper St., Agawam.

Proceeds from the event will benefit the Chief Grady Memorial Scholarship Fund. Cost is \$3.50 for adults and \$2 for children.

The Italian Sporting Club officers and com-

mittee members include Rudy Altobelli & Anthony Chicketti, co-chairmen; Anita Hastings, secretary; Robert Rossi, treasurer; and Scholarship Committee members Kay Muzzy, Martha Jerry, Bob Swikalus, Louis Ball, Matt Blackak, and Ben McCullough.

For tickets, call 789-4168.

## Agawam UNICO

### THIRD ANNUAL GOLF TOURNAMENT

**When: Sunday, June 4, 2000  
Where: Agawam Country Club  
Format: Scramble, Best Ball**



*Many Prizes!!!  
Hole-In-One Contest!  
2000 Automobile!!  
\*\*\* Shotgun Start \*\*\**

Full Steak Roast After The Tournament  
Polish Club, Southwick St., Feeding Hills

Tickets: \$50 Per Person;  
\$200 Per Foursome.

For Tickets Call:  
Joe Conte — 786-6700  
Gene Mutti — 786-7644  
John Conte — 786-9518  
Don Hanna — 786-3946



#### Entry Form

Enclosed is the entry fee of \$ for players in the 3rd Annual UNICO Golf Tournament

Your Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_

Your Foursome \_\_\_\_\_  
(1) \_\_\_\_\_ (3) \_\_\_\_\_  
(2) \_\_\_\_\_ (4) \_\_\_\_\_

All forms must be accompanied by a check.  
Entry deadline is May 20, 2000.

Make checks payable to:  
Agawam Chapter of UNICO National  
P.O. Box 306  
Agawam, MA 01001

## LEGAL NOTICE

## LEGAL NOTICE

TOWN OF AGAWAM  
APPROVED ZONE CHANGE  
CITY OF AGAWAM  
IN THE YEAR TWO THOUSAND  
AN ORDINANCE TO AMEND  
THE ZONING ORDINANCE

BE IT ORDAINED BY THE CITY COUNCIL OF  
THE CITY OF AGAWAM AS FOLLOWS:

The zoning ordinance passed and approved on December 21, 1972, to take effect on January 1, 1973, entitled "Zoning" is hereby amended by changing from Business A and Residence A-2 to all Business A on property located at the corner of Suffield Street and Cooper Street in Agawam, Hampden County, Massachusetts; bounded and described as follows:

Beginning at an iron pin set in the northerly corner on Suffield Street by land now or formerly of Janet D. Orazio, thence running.

North 07° 42' 26" East, one hundred forty-five and 19/100 (145.19) feet on Suffield Street to a iron pin as shown on said plan; thence

North 49° 42' 21" East, thirty-nine and 97/100 (39.97) feet on Cooper Street to a granite bound as shown on said plan; thence

North 41° 35' 30" East, two hundred twenty and 61/100 (220.61) feet on Cooper Street to a iron pin; thence on a curve to the right having a radius of fifteen (15) feet a distance of twenty-one and 15/100 (21.15) feet; thence

South 57° 28' 50" East, along the southwesterly line of Cardinal Drive, as shown on said plan two hundred seventy-four and 81/100 (274.81) feet; thence on a curve to the left having a radius of two hundred fifty (250) feet a distance of eighty and 84/100 (80.84) feet to a granite bound; thence on a curve to the right having a radius of two hundred (200) feet a distance of sixty four and 67/100 (64.67) feet to an iron pin; thence

South 32° 31' 56" West, one hundred thirty-four and 88/100 (134.88) feet to an iron pin; thence

South 57° 28' 50" East, six hundred twenty-three and 43/100 (623.43) feet to an iron pin; thence

South 18° 07' 20" West, three hundred twelve and 85/100 (312.85) feet by land of Holiday Retirement Associates, LLP to a iron pin as shown on said plan; thence turning and running

North 56° 44' 43" West, one thousand one hundred thirteen and 01/100 (1,113.01) feet by land of Alfred Gallerani, James A. Greco and Janet D. Orazio as shown on said plan; to the place of beginning.

Alfred Pajer

Adopted by the Agawam City Council on May 15, 2000.

Ursula Retzler

Clerk of the Council

Published: May 18, 2000

\* \* \*

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did...

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remember to  
patronize  
your local  
businesses...

\* \* \*



NATHAN SKIBA & DAN BOISSONNEAULT

## Local Boys Earn Eagle Scout Rank

On Tuesday, April 11th, Nathan Skiba and Dan Boissonneault of Boy Scout Troop 78 of the Springfield Turnverein in Feeding Hills earned the rank of Eagle Scout, as they met with members of the Boy Scout Council at City Hall in Springfield.

Eagle is the highest rank in Scouting.

Becoming an Eagle Scout requires several years of preparation and dedication to Scouting. A Scout must move through the various ranks by learning and performing the many Scout skills, help with service projects, hold leadership posts within the Troop, earn 21 merit badges, and lead his Troop in performing a project that challenges his leadership ability and is beneficial to others.

For his Eagle Project, Nathan led his Troop to install a concrete walkway at the Heritage Hall Nursing Home. The walkway was greatly needed for transporting wheelchair patients to the garden area.

Dan led his Troop to St. John's Field, where the Troop trimmed and cleaned the overgrown perimeter of the baseball fields.

Both projects required several visits and many hours of dedicated service that Troop members eagerly provided under the direction of the Eagle candidates.

Separate ceremonies will be held at a later date honoring these Scouts for their accomplishments.

## Letters Carriers' Food Drive Nets Big Haul For Parish Cupboard

The Agawam, Feeding Hills, Southwick, and West Springfield postal customers and their letter carriers collected 21.53 tons of food on Saturday, May 13th.

Approximately 200 volunteers sorted the food by category and moved it into a semi-trailer provided by Kelly Container of West Springfield. The sorting for the Parish Cupboard took place and the Boys' and Girls' Club on Main Street in West Springfield.

Letter carriers in Agawam enjoyed free pizza and snacks on Main Street as they emptied their postal trucks. Their food was then shuttled to the West Springfield address. Letter carriers and volunteers enjoyed the barbecue grill provided by the Parish Cupboard and their volunteer chef, Don Boucher.

"This is community service at its finest," said Candy Boucher, Executive Director of the Parish Cupboard. "This is not just a food drive; this is an opportunity for everyone in every town all over the country to stop for a minute, count their blessings, and then share some of their bounty with the poor."

"Our townspeople shared over 43,000 pounds of food at an approximate value of \$95,000," added Boucher. "The Parish Cupboard thanks our letter carriers, especially Kevin Gilmartin, who represented the Letter Carriers' Union 1978 here in West Springfield in our planning for the event. We appreciate the hospitality of the Boys' and Girls' Club, the service of Kelly Container, and the hard work of our staff and volunteers."

Boucher had special words of thanks for the youth who helped in unloading and sorting the food.

"That our Board members, our staff, and the dedicated letter carriers work as hard as they do, is wonderful," said Boucher, "but it is the young people who worked so hard by our side instead of playing tennis, shopping, watching TV, surfing the Internet, or all the other things they could find to do on a Saturday who assure the future of our efforts. On behalf of the thousands of people who need our services, thank you from the bottom of our hearts."

More volunteers will unload the truck at the Parish Cupboard over the next month or two. This food drive, "Stamp Out Hunger," is a national effort co-sponsored by the Campbell's company, Priority Mail, the United States Postal Service, the Letter Carriers' Union, and the United Way.

**Pizzeria Restaurant**  
835 Suffield St. (Rte. 75), Agawam

**16-Year Anniversary Celebration**

Thank-You For 16 Wonderful Years. We Appreciate Your Business And The Confidence You Have Placed In Us. Hope We Continue To See You For Many More Years To Come.

**Something For The Whole Family At Prices That'll Make You Smile...**

From Hamburgers To Prime Rib \* Fish 'N Chips To Lobster \* Grinders And Pizza To Pasta Dishes

All Major Credit Cards Accepted  
Open Daily 11:00 a.m. - 10:00 p.m.

For Take-Out, Call 786-7941  
Beer And Wine Served

**Full Menu Available To Please Everyone's Taste!**



## Agawam "Senior Games" Activities

### TRIP TO MOHEGAN SUN

The Agawam Senior Games Athletes will sponsor a trip to Mohegan Sun on Monday, May 22nd. The price will be \$16, and will include gratuities.

Mohegan Sun will offer a \$10 meal ticket and a \$10 free play on the Big Wheel. We are looking forward to a full bus and a special day of fun with our friends.

We will leave the Senior Center at 8:00 a.m. sharp, and arrive at Mohegan Sun at approximately 9:30 a.m. We will leave Mohegan Sun at 4:00 p.m. sharp, arriving home at approximately 5:30 p.m.

To obtain a ticket, please call Edie Chiba at 786-5539, or purchase a ticket at the Senior Center.

## Comm. Grange No. 382 Slates Annual Strawberry Supper

Community Grange No. 382 will hold their 21st annual Strawberry Supper on Tuesday, June 20th. The supper will be held at the Grange Hall located at 47 North West St. in Feeding Hills, with continuous servings from 4:30-7:00 p.m.

The menu will consist of ham, homemade potato salad, cole slaw, baked beans, rolls, pickles, strawberry supper with real whipped cream, and a choice of beverages.

Donation is \$7 for adults and \$3.50 for children under 12.

Reservations can be made by calling Pauline at 789-2061 or Evelyn at 786-0821. Walk-ins will be accepted and the public is invited to attend.

\*\*\*

*Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays...*

\*\*\*



## School Street Bistro

29 School St., Westfield, MA  
Fax or call in your order ahead of time

Fax (413) 562-8704

Phone (413) 562-8700

**Friday and Saturday - May 19th and 20th**

### SPECIALS

#### APPETIZER:

Grilled Portabella Mushroom - A grilled portabella mushroom served on a wedge of toasted focaccia with mixed baby greens and drizzled with aged balsamic vinegar.

#### ENTREES:

Pan-seared Citrus Swordfish - Fresh swordfish pan-seared with a citrus marinade and wilted baby greens topped with a citrus salsa and fried leeks.

Potato-crusted Veal Chop - A hand-cut veal chop matched with a smoked trout veal glaze and caramelized shallots served with smashed potatoes and asparagus.

**Enjoy Spring Nights in the Bistro Lounge with the sounds of:**

Thursday, May 18-Classical Pianist Vadim  
Friday, May 19-Piano Vocalist Kevin Burns  
Saturday, May 20-Pianist Natalie Borowiec  
7:00p.m. - ???

### NOW ON MONDAYS

*Every Monday Night is Pasta Night* **Special Pasta Dinners \$9.95**

*This special is in addition to our regular menu.*

### EVERY TUESDAY IS

**Westfield Night** *Salad, Entree and Dessert FOR \$14.95*

### NEW!! WEDNESDAY

**Steak Night \$16.95**

### Banquet & Function Facilities

*Hours: Mon-Thurs. 11:30 a.m. - 9:00 p.m., Fri 11:30 a.m. - 10:00 p.m.*

*Saturday 4:30 - 10:00 p.m. • Sunday 4:00 - 8:30 p.m.*



"MEMORIES," Bud Halpin's Swing Band, will present a concert of "Big Band" era music at the Agawam Senior Center on Friday, June 2nd, from 7:00 to 10:00 p.m. The cost of admission is \$6.

## Swing Band To Perform June 2nd Concert At Agawam Senior Center

The Friday evening "dance night" at the Agawam Senior Center on June 2nd will feature "Memories - The Big Band Sound."

"Memories," Bud Halpin's Swing Band, is a full-size (17-member) group of Connecticut and Massachusetts-based musicians of all ages who are dedicated to reviving the music of the "Big Band" era.

Their extensive library consists of tunes made famous by the "Kings of Swing," namely, Benny Goodman, Glenn Miller, Tommy Dorsey, Harry James, Count Basie, and Duke Ellington. The band takes pride in presenting the Swing Classics as they were written and presented from the

mid-1930's to the mid-1950's.

In addition to our library of swing tunes, we play a large assortment of waltzes, Latin rhythms, and sing-along tunes. Their goal is to appeal to all our listeners and dancers.

The Friday night dance at the Agawam Senior Center goes from 7:00-10:00 p.m. Admission is \$6. How often do you get to dance to a full-size dance band of five saxes, four trumpets, four trombones, rhythm section, and vocalist?

Computer music and synthesizer sound is great, but the "real live" sound is wonderful and seldom available these days for your dancing pleasure.

Check our classified ads...

## Christo's RESTAURANT Since 1980

*Thank you for 20 years of business. The quality, consistency, and variety are still here — pasta, chicken, veal, chops, steaks, and seafood.*

**Luncheon Specials Starting At \$3.95** (11:30 A.M. To 2:30 P.M.)

**Early Bird Dinners Starting At \$6.95** (Tues.-Fri. 4-6; Sun. 1-4)

### Tuesday Night, We Offer...

10 Oz. Sirloin With Baked Stuffed Sole  
10 Oz. Teriyaki Steak With Baked Scrod

**\$9.95**

*(Includes Salad And Steak Fries)*

### Wednesday Night, We Offer...

"Pasta Night" From Our Menu - **\$7.95**

### Thursday Night, We Offer...

Baby Back Ribs  
12 Oz. Double Pork Chops  
12 Oz. Cajun Grilled Chicken Breast

**\$9.95**

*(Includes Salad And Steak Fries)*

**Specials Can Not Be Combined With Any Discount Programs**

We Have A Wide Selection Of

Wines To Complement Your Dinner

Catering Is Available For Showers, Rehearsal Parties, Christenings, Graduations, Business Meetings, After Funerals, Etc. (In House Or Out)

\*\*\* Patio Open (Weather Permitting) \*\*\*

664 Suffield St. (Rte. 75), Agawam

**(413) 786-5711**

## Karyn Tracy Banas Crowned Mrs. West Spfld. Globe 2000

This past winter, Karyn Tracy Banas was crowned Mrs. West Springfield Globe 2000 and will compete for the state title in October.

The winner of that pageant will go on to compete for the national title in 2001. The contestants are judged in open interview, swimsuit, evening gown, and on-stage interview categories.

The Globe pageant organization supports the WIN (Women In Need) Foundation, a nonprofit organization that helps women and children who are in need due to domestic abuse situations.

Throughout the year, the WIN Foundation holds fundraisers across the country to help raise awareness and educate communities about domestic abuse, and to raise funds that will go towards helping women and children in need throughout the world.

"I am extremely pleased to be competing for the state title in this pageant system. This particular system gets its city title-holders involved at the city level instead of waiting for a state title-holder. I was amazed at the staggering statistics involved with the problem of abuse and how early it starts in a person's life. While an abuser is likely to grow up in an abusive home atmosphere, there are many young ladies who start dating and don't recognize signs of abuse."

"Unfortunately, many times these girls feel flattened to have such 'obsessive' attention from a boy/young man, and don't realize the pattern of abuse they can be setting themselves into. I will be going out into the various communities of Western Massachusetts and will be speaking about this subject. I will be handing out reading material that contains statistics given by the FBI, signs of abuse, what is acceptable dating behavior and what the signs of possible abuse are, and places and phone numbers to contact for those who are in need of help."

Mrs. Banas competed in Orlando, Florida last summer as Mrs. Massachusetts United Nation at the national and international competition. "Although I didn't win, I had a wonderful experience and met many amazing women from across the globe. I have to thank Kim and Laura Richardson for all their time, effort, and support,

*For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice...*



KARYN TRACY BANAS

without which I would never have achieved as much as I have."

Mrs. Banas is employed by the West Springfield School System, and is a Massachusetts licensed horseback riding instructor, carded horse show judge, and trains show horses. She also helps at her family's Provin Mountain Farm in Feeding Hills.

For those who wish to contact Mrs. Banas about personal appearances, speaking engagements, or sponsoring the WIN Foundation, they may write her at Mrs. West Springfield Globe, P.O. Box 105, West Springfield, MA 01089.

Anyone interested in The Mrs. Massachusetts Globe Pageant may contact Kathleen McMahon at [www.mrsmaglobe.com](http://www.mrsmaglobe.com).

## Ag. Senior Center's Weekly Lunch Menu

Monday, May 22nd: Shepherd's pie, carrot coins, whole wheat bread, watermelon.

Tuesday, May 23rd: Roast pork with gravy, sweet potatoes, peas & onions, dinner roll, tapioca pudding.

Wednesday, May 24th: Meatloaf with gravy, baked potatoes, green beans, rye bread, Jello and fruit.

Thursday, May 25th: Baked chicken leg, cheese-baked potatoes, summer squash, brownie, oat bread.

Friday, May 26th: Macaroni & cheese, stewed tomatoes, corn muffin, applesauce.

(Menu subject to change without notice.)

## Irish Spring Fest Set For Sunday, May 21st

The St. Patrick's Committee of West Springfield will hold their second Annual Irish Spring Fest on Sunday, May 21st at the West Springfield/Aga-wam Elks Lodge, 2174 Morgan Rd., West Springfield.

The event will run from 1:00-8:00 p.m. and will feature day-long activities for all ages.

Irish music will be provided by Bo Fitzgerald and friends starting at 1:00 p.m. The Bards are scheduled at 4:00 p.m.

Children are sure to enjoy Jen Blum, the seanachi' (storyteller) who will delight them with stories. Mad Max will be on hand with a special program for all.

The West Springfield Lions Club will be on hand with corned beef, hot dogs, and burgers for sale.

A silent auction will be held for the Irish instruments that were the theme of this year's parade float. A harp, fiddle, tin whistle, concertina, and bohan will be available to the lucky high bidder.

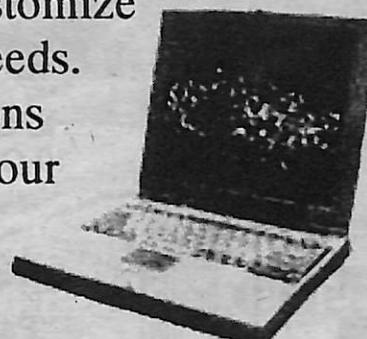
Admission to the fest is \$5. Children under 12 are free (rain or shine).

## Congratulations Graduates!

### Spartan Laptops Starting at only \$1149

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Whether you stay in a dorm or an apartment, at Online Computers we customize your system to meet your needs. Just bring in the specifications required for connecting to your college network, we do the rest.



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Desktop systems also available for the home or office, at very competitive prices.



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**\$50.00 OFF**

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Expiration Date: 6/30/00

Since 1987, Online Computers, Inc. has been providing quality computer products and services to businesses and homeowners throughout the area. Our Mission has always been to deliver the best products at competitive pricing and back it with outstanding service and support. Online Computers provides a full line of hardware, software and components to fit your exact specifications. Customized servers and workstations are built with quality parts for maximum reliability and expandability.



NICOLAS ANTHONY PAONE

## Tabin Family Announces The Birth Of Their Grandson

Charlotte & Ted Tabin are proud to announce the birth of their new grandson, Nicolas Anthony.

Nicolas was born on January 31, 2000, weighed six pounds, nine ounces, and measured 19 inches long.

The proud parents are Anthony & Tonya Paone of Ellington, Connecticut.

The paternal grandparents are Ted & Pat Phillips of Vernon, Connecticut, and Anthony & Nancy Paone of Kensington, Connecticut.

**IT WILL BE HERE BEFORE YOU KNOW IT:** The AAN's annual "Graduation Issue" will be published on Thursday, June 22nd, featuring coverage of AHS and collegiate graduates



**"Beauty Corner"**  
by Mary Ann Zicolella

**Salon Tres Chic**  
At Twin Silos  
1407 Suffield Street  
Agawam, MA 01001  
(413) 786-8274

### Got A Hair, Nail Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column...

**Question:** I have all this ugly facial hair. What can I do to get rid of it?

**Answer:** Facial hair (medically known as hirsutism) is very common in women, especially women of Hispanic or Mediterranean descent. It can be caused by an excess of male hormones or your genetic makeup. One in six American women have facial hair, and they find it very destructive to their self-esteem.

There are many ways to remove this hair, but with most methods, it will return. The alternatives include tweezing, waxing, shaving, bleaching, or the use of depilatories (which all can cause irritation or rash to the skin).

When removing the hair completely, it will be replaced with a new hair, where as if you shave, a stubble will be created (causing a darker appearance). This will have to be kept up as often as every couple of days to two weeks.

Some doctors have prescribed birth control pills for some women, but few use them as weight gain and other side effects can be a problem. Dermatologists can use lasers to kill hair follicles, but this can be quite expensive and can cause scarring.

Electrolysis will get rid of the hair permanently

by passing a small electrical current through a needle that is placed directly into each individual hair follicle. The cost is approximately \$75, and multiple treatments are needed. This could get quite expensive if a large area needs to be treated. Sometimes the hair may grow back and will need to be done again.

With the new category of medicine known as the "lifestyle drugs" which treat conditions such as baldness, obesity, and impotence, comes a new prescription cream called Vaniqa. It is a cream developed by the Gillette Company that stops the growth of facial hair in women.

In 1966, the company partnered with Bristol-Myers Squibb to finish testing and marketing this prescription cream. There are hopes that this could win the approval of the Food and Drug Administration as early as next year.

Vaniqa is applied to the face like a moisturizer two times a day and will begin to show results in about two weeks. It works by blocking the enzyme that makes the hair follicle grow, but must be used regularly to be effective.

There have been no major side effects reported, and only a mild rash was seen in few who have used the product. This is definitely going to change the lives of many women who have been desperately trying to keep up with this very annoying and embarrassing problem.

In our salon, we see many women with this problem. Currently, we find that waxing and tweezing facial hair every two weeks for our customers helps to keep this problem under control. We have the new temperature-controlled system by Inverness, which eliminates accidental burning and uses pure bees' wax.

Jennifer and Carol have been trained to shape eyebrows specifically to meet individual needs and wants. Stop in soon to get your new "spring clean-up."

**Thought for a smile:** Sheets on the clothesline blowing in the fresh spring air.

*And remember ... Beauty is our business!*

## Agawam Junior Women's Club To Hold Its Next Meeting On Tuesday, May 23rd

The Agawam Junior Women's Club will hold its meeting on May 23rd, 7:30 p.m., at the Captain Leonard House on Main Street in Agawam.

The club's activities enrich the quality of life in our community through a variety of educational,

social, and cultural projects and programs. Come to have fun, meet new friends, and get involved.

For more information, call Theresa Conklin at 786-6515. The Club meets the third Tuesday of every month, at the Leonard House.

# Getty

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*Pay At The Pump Coming Soon...*

# A Look At AHS's Honor Guard Troops, 1962-66

This week's pictures include the "Honor Guard" groups from fall 1962 to spring 1966.

By this time, the Guard at Agawam High School was still kept at nine members, but the equipment now included five flags and four rifles. Also, it was becoming an all-senior group with nine juniors being selected each year to serve as alternates, or "back-ups" in the event that a senior member would not be able to take part in a particular performance.

Senior members were also asked to "miss" at least one football game.

This would also provide a training period for the new members to become adept at the group's special moves and the regulations of the flag code that governs the positioning of the national flag in all formations.

The new flags were an "Indian Head" symbol with full headdress (different from the official school emblem) and a brown and orange flag (the school colors).

During these years, the addition of white trim on both the color guard and band uniforms added an extra brightness to the outfits and this was augmented with more uniform and equipment touches along these lines.

Performances during these years included parades at Western Mass. Festivals and the group's first Columbus Day Parade award. Appearances were also made at the Springfield Acorns football game and Exchange Concerts with Gardner High School, Catskill High School, Beverly High School, and East Greenbush High School.

## A Song For Our Flag

Margaret E. Sangster

*A bit of color against the blue,  
Hues of the morning, blue for true,  
And red for the kindling light of flame  
And white for the nation's stainless fame.  
Oh! fling it forth to the winds afar,  
With hope in its every shining star  
Under its folds wherever found;  
Thank God, we have freedom's holy ground.*

*Don't you love it as out it floats  
From the schoolhouse peak, and glad young throats  
Sing of the banner that aye shall be  
Symbol of honor and victory?  
Don't you thrill when the marching feet  
Of jubilant soldiers shake the street,  
And the bugles shrill, and the trumpets call,  
And the red, white, and blue is over all?  
Don't you pray amid starting tears,  
It may never be furled through age-long years?*

*A song for our flag, our country's boast,  
That gathers beneath it a mighty host;  
Long may it wave o'er thy goodly land  
We hold in fee neath our Father's hand.  
For God and liberty evermore  
May that banner stand from shore to shore,  
Never to those high meanings lost,  
Never with alien standards crossed,  
But always valiant and pure and true,  
Our starry flag ... red, white, and blue.*

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\* \* \*

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

\* \* \*



SENIOR COLOR GUARD MEMBERS at Agawam High School. From 1962-63: Patricia DuPont, Beverly Williams, Candace Ewell, Cynthia DiVirgilio, Janice Barnard, Jeane Borgatti, Andrea Gallano, Theresa Beauvais, and Beverly Colburn. From 1963-64: JoAnn Rossi, Janice Rebecchi, Norma Raimondi, Gale Cote, Karen Blackburn, Jean Voislow, Susan Colli, Susan Ruckstahl, and Valerie Lockhart.



## May 21st Car Wash Scheduled By Cub Scout Pack 77

Cub Scout Pack 77 will be holding a car wash on Sunday, May 21st from 1:00-4:00 p.m. in St. John's parking lot.

The Scouts have taken on a community project of replacing the flag pole at St. John's field. Monies earned from the car wash will go towards the flag pole. See you Sunday!

And start saving your bottles and cans; the Pack's spring bottle drive will be Saturday, June 10th.

For further information, please call Cathy at 786-5103.

## "New Members Night" For West Springfield/ Agawam Kiwanis Club

Come one, come all! The West Springfield/Agawam Kiwanis Club cordially invites you to share a special evening with us, "The Introduction of our New Members."

"New Members Night" will be held Tuesday, May 23rd at 6:00 p.m. at Take 5 Restaurant, 944 Springfield St., Feeding Hills. The menu will include salad bar, choice of chicken or fish, bread & butter, coffee or tea, and dessert. Be there to help us give them a hearty Kiwanis welcome. The master of ceremonies will be none other than "Governor Mike."

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# Church News

## Parish News And Notes From St. John's Church In Agawam

### FIRST COMMUNION

We welcomed the following children to the Table of the Lord with their First Communion on Saturday:

Nicholas Anton, David Blanchard, Daniel Bobecki, Andrew Bortolussi, Adam Brown, Jeremy Brown, Leonard Bruso, Brittney Bussiere, Courtney Bussiere, Gabrielle Calvanese, Sarah Carmel, Kelsey Caroleo, Brittney Chechile, Katherine Fife, Adam Howe.

Rebecca Impionbato, Sean Meade, Kevin Paulin, Michael Paulin, Mary Quinn, Jennifer Ravi, Taylor Roberts, Steve Schwein, Joseph Slaimen, Benjamin Starzic, Michael Stempel, Nicole Theroux, Brian Toussaint, Christopher Vella.

Alyssa Abraham, Samantha Abraham, Laura Carter, Alexander Cassell, Victor Ciurleo, Ashley Cross, Alexander Cummings, Justin Dion, Brittany Duquette, Katherine Geoffrion, Heather Ghidon, Nicolette Gonyea, Melissa Hrynewicz, Gina Iannuzzi, Kayla Kozel, Briana Maggi.

Kyle Mansi, Melissa Marsh, Matthew Michaud, Scott Morace, Jonathan O'Brien, Kyleigh Oliveira, Ricki Olson, James Paleologopoulos, Cameron Paleologopoulos, Meaghan Phillips, Talia Sacacino, Katherine Stanton, Brittany Theroux, Janel Thies, Jake Tourville, and Corey Williams.

### RELIGIOUS EDUCATION NEWS

The process of registration for next year's classes will be finalized in the coming weeks, and parents will be informed on the procedure. To help in the planning process, families are asked to register children for next year's religious education classes before June 30th.

The forms will be in the mail during the coming weeks. The fee will be less for early registrations.

### ST. JOHN'S NEWSLETTER

The Newsletter Committee continues to prepare for the next edition of the Parish Newsletter. Anyone who would like to submit an article is asked to call Donna Gregory at 788-7681 as soon

as possible.

Names are still being accepted for a name for the newsletter.

We could use some creative ideas and reporters to prepare some special articles. We would love to hear from you.

Call Donna or see Fr. Howard.

### ATTENTION TEENS—

#### MOVIE NIGHT AT ST. JOHN'S

Join us for an evening of fun and movies hosted by the Parish Young Group.

Friday, May 19th — grades seven and up, 6:45 to 11:00 p.m.

Tickets: \$2 (at the door). Refreshment and snacks will be available.

For more information, call Will Clark, 786-1629.

### CONGRATULATIONS!

Congratulations to Joanne Prout, chosen to receive the 2000 Pius X Medal from St. John's in recognition of her 17 years of service to our religious education program.

The ceremony will be at the Cathedral on May 30th at 7:00 p.m.

### ANNUAL ANOINTING MASS

Our annual Anointing Mass will be on Saturday, June 10th, at 1:00 p.m.

Letters will be going out to all of our shut-ins. (Details coming up soon.)

### OVER-60 CLUB

The club's annual banquet will be held on Thursday, June 1st, at the New Grove Restaurant in Southwick. The cost of the banquet is \$13 for paid-up members. Reservations can be made by calling Barbara, 569-9830, or Lil, 786-9586.

We will be seeing "Sleeping Beauty," the full-length ballet, on Thursday, July 6th. There are a few seats available; the cost is \$63.

A trip to see "Sail Boston 2000 - Tall Ships" will take place on July 12th. Seats are still available; the cost is \$69. If you are interested, call Barbara, 569-9830, or Lil, 786-9586.

**Please remember to patronize your local businesses...**

## News & Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills.

Our Sunday Service of Worship begins at 10:00 a.m., and will this week include special music from the choir. Jason Matteson will be Lector.

Ushers will be Sue Strycharz and Charlie Horenstein. Rich Rozanski and Nick Pelter will be our Acolytes.

Children are invited to worship with adults. Nursery care will be provided for the very young.

Please plan to remain after church on May 21st for a Special Meeting scheduled to begin immediately following morning worship.

Hall for rent along with large new kitchen. May be used for showers, meetings, special activities, etc. Handicap accessible, non-smoking, no alcoholic beverages. Hall can hold up to 100 persons.

Call Bob Marsh, Property Committee chairman, at 786-3143 for available dates and times.

The Board of Christian Education will sponsor Movie Night here on Friday, May 19th, at 7:00 p.m. Church members are encouraged to bring friends to share an evening of camaraderie.

On the calendar:

**Friday, May 19th:** 7:00 p.m., Movie Night.

**Saturday, May 20th:** 8:15 a.m., Agawam Parish

Association at First Baptist.

**Sunday, May 21st:** 10:00 a.m., Music Sunday; Special Meeting; 12:00 noon to 8:00 p.m., Church of Redemption; 2:00 p.m., Cub Scout Picnic.

**Monday, May 22nd:** 4:00 p.m., Daisy Scouts.

**Tuesday, May 23rd:** 7:00 p.m., A.A.; 7:00 p.m., Community Outreach; 7:30 p.m., Financial Stewardship.

**Wednesday, May 24th:** 2:45 p.m., Girl Scouts;

6:30 p.m., Girl Scouts; 7:30 p.m., Choir.

**Thursday, May 25th:** 7:00 p.m., A.A.; 7:00 p.m., Church of Redemption Bible Study.

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### Memorial Day Specials...

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Impatiens  
Lobelia  
Marigolds  
Nicotina  
Pansy  
Petunia  
Portulaca  
Salvia  
Snapdragons  
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Trees  
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#### Vegetable Plants

Cabbage  
Broccoli  
Cauliflower  
Collard  
Kale  
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Lettuce  
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Eggplant  
Onions  
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Dill  
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Church News - continued...

## Rummage Sale At Sacred Heart Church...



ON THURSDAY, APRIL 27TH, a rummage sale was conducted at Sacred Heart Church in Feeding Hills. IN LEFT PHOTO: Rose Kieffer and Louis DeChristopher were among the browsers at the rummage sale. IN RIGHT PHOTO: Helping out at the rummage sale (from left to right) — Bo Amelin, custodian; Louise Ball, helper; Freda Seymour, cashier; Nancy Doucette, co-chairperson; Jeannette Denoncourt, helper; and Carol Pignatari, helper. (Missing from photo: Theresa Barlow, co-chairperson.) Advertiser News photos by Kathy Shepard.

## Events Calendar From Sacred Heart Church In Feeding Hills

### RELIGIOUS EDUCATION REGISTRATION

Our Religious Education registration for the coming year, 2000-2001, will be held from Saturday, May 20th through Sunday, May 28th in the Parish Center. Hours for registration are as follows:

Sat., May 20th, after the 4:00 p.m. Mass.

Sun., May 21st, after the 7:30, 9:00, and 11:00 a.m. Masses.

Mon., May 22nd, between 11:00 a.m. and 3:00 p.m.

Tues., May 23rd, between 11:00 a.m. and 3:00 p.m.

Wed., May 24th, between 11:00 a.m. and 3:00 p.m.

Thurs., May 25th, between 5:00 and 7:00 p.m.

Fri., May 26th, between 5:00 and 7:00 p.m.

Sat., May 27th, after the 4:00 p.m. Mass.

Sun., May 28th, after the 7:30, 9:00, and 11:00 a.m. Masses.

*Check our classified ads in each edition...*

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Our Daily  
Bread

- Admit your sinfulness and tell the Lord you want to turn from it. Jesus said, "Unless you repent you will all likewise perish" (Luke 13:3).

- Believe that "Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day" (1 Corinthians 15:3-4).
- Trust in Jesus as your personal Savior and Lord. Romans 10:9 says, "If you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."

The time to trust in Christ, to make Him the object of your faith, is now. You can do it today by praying something like this:

*Dear God, I know that I am a sinner and that in my own strength I cannot do anything to please You or to earn eternal life. I believe that You love me and that You sent Your Son to die on the cross to pay the penalty for my sin. I now put my faith in You and trust completely in Jesus Christ to rescue me. I desire to turn away from my sin and to let You take control of my life. Amen.*

If you prayed that prayer in all sincerity, you can say, "Now I have the right kind of faith!"

Adapted from the booklet *Do I Have The Right Kind Of Faith?*  
© 1986 RBC Ministries

Q0603

Anyone registering after these dates will be subject to a late registration fee of \$10. Late registration will take place the first week of September.

### VACATION BIBLE CAMP

July 24th-28th (Monday-Friday), 9:00 a.m.-12:00 noon at Sacred Heart Parish Center, for kindergarten through grade six. Donation: \$10.

Please join us for a fun week of Bible stories, music, crafts, games, play, and food. You may register at the same hours as our Religious Education registrations, May 20th through May 28th.

If you are able to volunteer for our parish Vacation Bible Camp, please contact Mrs. Kathy Patterson at 789-6705. Thank you.

### MASS TIME

MASS TIMES ARE TEMPORARILY RESCHEDULED...

On Monday, May 22nd and May 29th, the Mass times are being rescheduled from 7:00 p.m. in the evening to 8:00 a.m. in the morning. After those particular dates, the Mass time resumes at 7:00 p.m.

### ROSARY FOR WORLD PEACE

The Rosary for World Peace is recited in the Church each Monday evening at 6:30 p.m. prior to Mass, and each Wednesday morning immediately following the 8:00 a.m. Mass.

All are welcome and encouraged to come and join us in prayer.

### PARISH CUPBOARD

The Agawam/West Springfield Parish Cupboard monthly collection for non-perishable food items will take place next weekend. Needed are: canned meats, pasta, pasta sauce, canned vegetables and fruits, peanut butter, jelly, cereal, tuna fish, baby food, cereal, and also paper products.

Thank you in advance for your generosity.



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Church News - continued...

## At Catholic Women's Tag Sale...



ON SATURDAY, APRIL 29TH, the Catholic Women's Club of Agawam held a tag sale in the parking lot of St. John the Evangelist Church (833 Main Street, Agawam). Standing: Angela Beaudry, chairperson of snacks; Alice Buell, chairperson of the tag sale; and Joan Malinoski, president of the Catholic Women's Club of Agawam. Seated: Betsy Ciempa, chairperson of the tag sale vendors. Advertiser News photo by Kathy Shepard.



HELPING OUT AT THE TAG SALE sponsored by the Catholic Women's Club of Agawam (from left to right): Millie Vassallo, Barbara Pfau, and Bea Hamel. Advertiser News photo by Kathy Shepard.

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## Church News From Faith Bible Church

On Friday and Saturday, May 12th and 13th, we held a tag and bake sale as a fundraiser for the addition for our church. We want to thank all who helped in this event, and all the people in the community and the surrounding communities who made purchases.

This sale helped us raise money needed for the building soon to come. The response was overwhelming, and many people left with wonderful purchases and were quite pleased.

We are planning another tag/bake sale in September, so watch for details; you won't want to miss the next one.

On May 28th, Memorial Day Sunday, we are planning a picnic following the second service at 10:30 a.m. It will be pot luck, but we will provide hamburgers and hot dogs.

Much fun will follow the much eating, as there will be basketball games, volleyball games, and a lot of fellowship time for all who attend.

On Wednesday, May 31st, we are having a guest we refer to as "Small Paul," the chalk-art evangelist.

He stands about seven-feet-tall and uses drawings in chalk to preach powerful messages. This is a night not to miss.

All are invited. We have prayer at 6:30 p.m., and the service begins at 7:00 p.m.

Our Women's Bible Studies are continuing on Tuesday mornings from 9:30 to 10:30 a.m., with nursery provided for all.

This group is growing weekly, and is a wonderful way to meet new women and learn the Bible at the same time.

We want to thank the Planning Board of Agawam for accepting our plans for our addition. This is an answer to our prayers.

The town has worked alongside with us to help all go smoothly, and the outcome will glorify God.

### WEEKLY SCHEDULE OF EVENTS AT FAITH BIBLE CHURCH

**Sunday:** 9:00 to 10:15 a.m., 1st Service; 10:30 a.m. to 12:00 noon, 2nd Service; 12:00 noon to 1:00 p.m., Coffee/Fellowship.

**Tuesday:** 9:30 to 10:30 a.m., Women's Bible Study; 6:30 to 8:30 p.m., Bible Study/Book of Revelation.

**Wednesday:** 6:30 to 7:30 p.m., Prayer; 7:00 to 8:00 p.m., Praise & Worship Service.

**Friday:** 6:30 to 8:30 p.m., Youth Group.

**Saturday:** 7:00 to 8:00 a.m., Leadership Prayer & Meeting; 8:00 to 9:00 a.m., Open Prayer; 10:00 a.m. to 12:00 noon, Music Practice; 12:00 noon to 1:00 p.m., Outreach.

## ADVERTISER NEWS

### Look Who's Turning 40!



Love & God Bless,  
Kathy & Alex & Kayce

## Church News - continued...

### Calendar From Ag. Congregational

Sunday, May 21st will be an exciting day for member of the Agawam Congregational Church (745 Main Street, Agawam). The Pastoral Search Committee and Church Council will present the Rev. Earl E. Eisenbach to the congregation as their recommended candidate for Senior Pastor.

Mr. Eisenbach will preach and lead the Morning Worship service at 10:30 a.m., and the congregation will hold a special meeting immediately afterward to act upon the recommendation.

If the vote is favorable, the new Pastor will begin duties on July 1, 2000. The Rev. Eric Bascom, interim minister, will continue to serve until that date.

During the service, the Sacrament of Baptism will be administered, and after the meeting has been held, Mr. Eisenbach will baptize another child in a private baptism.

A coffee hour will follow the worship service, with opportunity for worshippers to meet and talk with the Rev. and Mrs. Eisenbach.

Church School is at 9:00 a.m.

Men are invited to join the Men's Prayer Time, which meets at 7:45 a.m. each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

Don't forget to mark your calendars for May 20th, when the church will be holding a cabaret and dinner starting at 6:00 p.m.

Phone the church office to reserve your table; we would love to see you enjoy this great evening with us.

The 10th Annual Agawam Congregational Church Charlie McCobb Memorial Golf Tournament will be held on June 3rd at St. Anne's Golf Course in Feeding Hills.

There will be a scramble shotgun start at 1:30 p.m., with a buffet following. The \$40 fee includes greens, cart, and buffet.

For reservations, call Thom Erskine, 786-4783; Warren Parker, 786-3392; or the church office, 786-7111. Reservation deadline is May 21st.

For more information concerning any of our events, please call the church office at 786-7111.

### Announcements From First Baptist Church In Agawam

At First Baptist Church, 760 Main Street, Agawam, Rev. Barnes' sermon title for Sunday, May 21st, is "Of God and God's Children." His scripture will be from I John, chapter 4, verses 7 through 21.

Child-care is available during worship.

An opportunity for fellowship and refreshments follows the worship service, and then Sunday School classes for all ages. Two adult classes are offered; the study of the New Testament, and "All Ears" (which focuses on contemporary Christian music).

The Youth Group will meet at its regular time, which is 7:00 p.m. on Tuesday.

The evening Bible Study will be held on Wednesday at 7:00 p.m.

The Handiwork Group will meet on Thursday at 1:00 p.m.

Church office hours are 9:00 a.m. to 12:00 noon, and the office can be reached at 786-7300.

### Doll Show & Tea Party At First Baptist

There will be a Doll Show and Tea Party on May 20th in Bodurtha Hall of the First Baptist Church, 760 Main St., Agawam.

The dolls are from the collections of members and friends of the church, from many categories. Some are well-loved, and some are in mint condition. None will be for sale.

There will be old, new, homemade, and store-bought. We will have porcelain dolls that are one-of-a-kind because the owner made them. We are hoping to share them with doll lovers.

The time between 10:00 a.m. and 2:00 p.m. on May 20th will be used for sharing the fond memories of our childhood with some of the younger girls and their parents or grandparents.

There will be tea, coffee, punch, and cookies available for small tea parties while you are visiting our dolls.

**Best local news with us ... AAN!!!**



**Reflections...**  
submitted by  
**Rev. Peter Monahan**  
Pastor of the New Life  
Christian Church,  
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### How To Enter Into The Presence Of God

How great is the love the Father has lavished on us, that we should be called children of God! That wonderful statement from the Bible might seem so very appealing to us, yet at the same time, somewhat far off. For too many of us, and indeed for all of us from time to time, it is hard for us to appreciate that God loves us, much less calls us His children. The problem may be that if we do not feel the presence of God in our lives, it is hard for us to believe we really are His children.

There is a way that we can actually know the presence of God in our lives. There is something each of us can do to open ourselves to the presence of God, and connect to Him. The Bible tells us how.

**Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.** Sometimes people make the mistake of praying only when they have specific needs upon their hearts or minds. They treat prayer like a laundry list, being presented to God. "Oh God, please give me this ... Oh God, please bless that ...". While is it okay, and indeed we are invited to **cast all your anxiety on Him because He cares for you**, that's no way to start the conversation. Can you imagine a person marching into another person's home or office, and immediately blurting out a list of demands? That's no way to behave, it's simply rude behavior. Nobody, not even God, wants to be treated like that.

**Enter His gates with thanksgiving.** Years ago, while attending seminary, one of my professors said that on his way to school that morning, he had decided to simply thank God for the blessings he was receiving. His prayers were short and simple thank you's. Over that hour he prayed. When he arrived he'd found he'd barely scratched the surface; there was so much to thank God for. The same thing is true for each of us. Try it sometime, you might find yourself pleasantly surprised. In the meantime, giving thanks to God pleases Him; who doesn't like to be appreciated?

**And His courts with praise.** Living here in America, we may not comprehend what entering the court of God means. We think of the court as a place where judges or juries render verdicts, but in countries with royalty, the court is the place where a person meets with the king or queen. People don't just wander into the court of the monarch, they must be invited in order to be welcome. We are invited into the court of God! We are expected to **enter His courts with praise**.

There are several reasons why it is both appropriate and rational for all people to praise God. One is it is He who made us. There are those who would claim that people are the evolutionary byproduct of a spontaneous and unthinking process, but that's kind of a foolish thought. That's like saying all those buildings in Springfield are the result of a windstorm which randomly threw bricks and glass and other things we (foolishly) call "building materials" together in a spontaneous and unthinking way. Not many people believe that! To put it another way, the existence of the watch argues for the existence of the watchmaker. Intelligent life is derived from intelligent Life; it is He who made us.

There are at least three blessings which flow from praising God. Praise is the antidote for faithlessness. Let's face it, even the most faithful of all God's people sometimes find their hearts are cold towards Him. For others, it's a struggle to even be mindful of God on a regular day. The Bible says **For the Lord is good and His love endures forever.** When we praise God for His inherent goodness, any proclivity for faithlessness diminishes. When we praise God that His love endures forever, faith is built.

Praising God is the antidote for fear. The Bible says **perfect love casts out all fear.** Our love for God increases as we praise Him. Isn't it true that the more we speak well of anybody or anything, the more appreciative we become of that person or thing? As our level of appreciation for God increases, so does our love for Him, and perfect love casts out all fear.

As well, the better we understand that the almighty and all-powerful God is on our side, the less reason we have to fear. Many people who are not generally fearful are afraid of death. The Bible tells us that Jesus came to earth so that by His death He might destroy him who holds the power of death — that is, the devil — and free those who all their lives were held in slavery by their fear of death. Jesus said, "**I am the good shepherd. The good shepherd lays down his life for the sheep.**" The Bible asks, **If God is for us, who can be against us?**

Praising God is the antidote for frustration. God is bigger than any problem any of us have. As one singer put it, "**If I didn't have a problem, I'd never know that God could solve it.**" Any problems we might have are only magnified by our complaining about them. When asked about her husband, a women I met recently held forth on her view of his shortcomings, ending with a somewhat sheepish conclusion that he actually is a good husband and father, "**so I really shouldn't complain too much.**" She really shouldn't complain at all!

Complaining is both the result of, and the producer of, negative thinking. When we praise God, rather than seeing only what displeases us, we may begin to see "**the silver lining in the dark cloud.**" It is often the case that what is right with our situation is much greater than what is wrong.

Do you want to know the presence of God in your life? You can. **Know that the Lord is God. Enter His gates with thanksgiving and His courts with praise.**

**Can I have  
it all?  
I am worth it!**

*Read more about this in today's **FOR YOUR HEALTH** column.*

*from*

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## Spotlight On Business



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### Learn To Manage Your Money...

Most people don't spend enough time managing their money. This means knowing where your money goes and making a plan for controlling it.

Here are four time-saving plans for knowing where every penny is:

- If you have a computer, put your checkbook on it. Use a cash management program like Quicken or Microsoft Money. You can then print out pre-ordered checks, pay your bills, and control your expenses. You will be able to balance your checkbook to the penny in just five minutes every month. Deal with bills as they come in, and throw away unnecessary papers immediately. I don't mean pay them right away; if you have an interest-bearing checking account, you will want to leave your money in it as long as possible. Write the check when you open the bill, fill out the return envelope, put a stamp on it, write the due date on the envelope, and mail it at a later time.

- Organize your records. Use an expandable accordion file with labels for every category (or you can use something as basic as a shoe box). The important thing is to keep all of your bills together in one place. Organize them as you care for them, and you won't have to do it all over again at tax time.

- Cut down on the number of credit cards in the family. Many Americans have eight to 10 cards; you need two at the most. This will cut down on fees and the number of bills and payments you have to handle every month. Pay off other cards or transfer balances to a card with a low interest rate. The fewer bills you pay each month, the easier it is to keep track of them.

- If you have investments in mutual funds, consolidate them with a discount broker. All of your accounts will appear on a single monthly statement, and you can trade among funds without having to make a lot of phone calls and keep up with a lot of similar investments. You can quickly see whether a fund is not performing and switch it.

\*\*\*

Along with these areas, take a look at all the other areas that you have been conditioned to spend money (such as magazine subscriptions, memberships in organizations, and the like). Are these things you still want?

Remember, the average family spends more time planning their weekly grocery list than they do maintaining their personal finances.

*Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!*

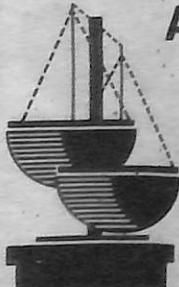
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## Happy 20th To Agawam Dental!!!



SUSAN M. PLOURDE, D.M.D., F.A.G.D., and her associates at Agawam Dental Associates, P.C., recently celebrated the 20th anniversary of her dental practice. Her health-centered, general dental practice at 532 Springfield Street was established in 1980. As an Agawam native, Dr. Plourde's long-term ties to the community are well-known. She has been actively involved in numerous civic projects and has proudly improved her business property. Congratulations, Dr. Plourde!

Pam Savioli

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### Moving With Your Houseplants...

Many people believe plants can't be safely transported over long distances and should be given away. However, there's good news for people who've grown fond of their plants over the years; plants can be moved, if you're careful.

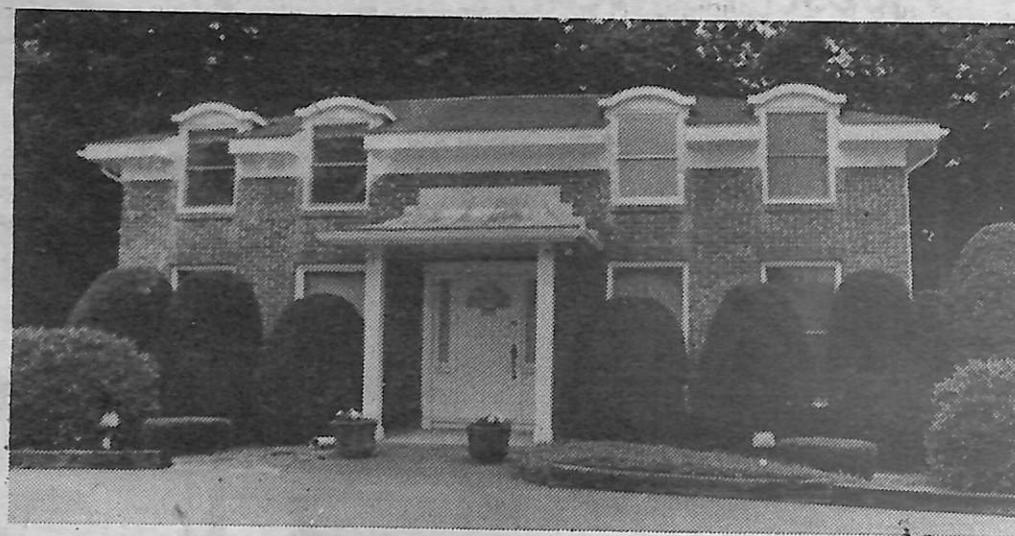
Here are some suggestions for protecting your greenery during your move:

- Plants should be the last items packed on the moving van and the first items removed.
- Before packing plants, cut off blooms or buds to reduce strain while in transit.
- Water the plants thoroughly before leaving.
- Slip small and medium plants into newspaper funnels before placing them in cardboard boxes.
- For summer moves, wrap plants loosely and place dry ice near (but not touching) the plants to provide carbon dioxide and keep them cool.
- Water the plants upon arriving at your destination.

Most plants will be able to survive five days of travel. Leaves may tend to drop instantly, but the plants should adjust to their new surroundings within a few weeks.

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### ***Spotlight On Business - continued...***

# **Chamber To Honor Small Businesses At Annual Banquet**

The Affiliated Chambers of Commerce will hold its annual Small Business Recognition Banquet on June 12th at 5:30 p.m. at Chez Josef in Agawam, sponsored by Bacon & Wilson, P.C.

Now in its seventh year, the event honors the area's small businesses for their achievements and contributions. Businesses are honored for their demonstration of longevity as an established business, growth in workforce and revenue, innovation within the business, response to adversity, exceptional contributions to the community, an entrepreneurial spirit, and outstanding Chamber involvement.

Past winners have included Dave's Soda and Pet Food City and Chez Josef.

Among this year's honorees are the following Agawam area businesses: Ayre Real Estate Co., Inc.; Campbell Management Company; Shooting Star Dance Studio; and The Kids' Place, Inc.

Star Dance Studio, and The Kids' Place, Inc. Emceed by Rich Tettemer, Sports Director for WWLP-TV22, the evening will begin with a reception at 5:30 p.m. followed by dinner at 6:30 p.m., and will include presentations to the 2000 Small Business Honorees as well as the awarding of the 2000 Small Business of the Year to TSM Design of Springfield.

Ed Cohen, Senior Vice President of Booking and Operations for the World Wrestling Federation Entertainment, will provide the keynote address for the event.

Reservations are \$35 and must be purchased in advance and in writing by faxing a reservation request form to ACCGS Events Coordinator Laurie Brunelle at (413) 731-8530.

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**THE RECENT EASTER RAFFLE**, sponsored by the Parthenon Pizzeria Restaurant on Suf-field Street in Agawam, was won by Pauline & Raymond LaBorde. Their prize — a wagon of stuffed bunnies! All proceeds from the Parthenon raffle were donated to the Ronald McDonald House in Springfield and the Parish Cupboard in West Springfield.

*Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter.*



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## Spotlight On Business - continued...



## Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos  
Personal Financial Advisors  
American Express  
534-3883

## Some Government Loans To Consider For College...

College costs continue to soar. But even if your or your child's savings, grants, or other funding sources won't cover the entire bill, don't panic.

## Legal Memo

by  
Alan L. Ferrigno, Esq.  
546 Springfield St., F.H.  
(413) 786-9454

MOTOR VEHICLES  
Negligence - Passenger Injury

The plaintiff was a passenger in the rear seat of an automobile being driven by the defendant. The car was driven off the road into a tree. The evidence introduced indicated that parties in the car had been consuming alcohol during the day.

The evidence produced by the plaintiff, however, was that the cause of the accident was the defendant's failure to keep his eyes on the road as he was attempting to change the radio while approaching a left-hand curve. The arbitrator found no comparative negligence on the part of the plaintiff, as there was no indication that the driver appeared impaired at any point during the day as a result of the alcohol ingestion.

Following the accident, the plaintiff was ultimately transported to a hospital where he spent 15 days. While there, he was diagnosed as having a non-functioning left kidney, secondary to the trauma as well as broken ribs. At the time of the injuries, the plaintiff was enrolled at the State Police Academy.

As a result of his injuries, he was discharged and has been unable to regain admission due to the loss of the kidney. The plaintiff, for many years prior to the incident, had been working towards a career in law enforcement.

The plaintiff introduced evidence that as a result of his injuries and his inability to pursue his chosen profession, the plaintiff, while currently enrolled as a third-year student in law school, had developed clinical depression and suffered a vocational loss.

The arbitrator found that the plaintiff suffered from a depression disorder with panic symptoms and a loss of self-esteem as opined by his treating psychologist. This condition has affected the plaintiff's relationship with his wife, his outlook on the future, and his enjoyment of life.

The plaintiff was awarded \$375,000.00.

**Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.**

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

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The federal government sponsors several low-cost, flexible-term loans that may help you bridge the gap.

Some of the most popular programs for student borrowers include Stafford Loans and Perkins Loans, while the PLUS Loan helps many parents finance their children's education.

**Stafford Loans.** These loans, the U.S. Department of Education's main source of self-help financial aid, are available through the Federal Direct Loan Program and the Federal Family Education Loan (FFEL) Program. Under the former program, the federal government is the lender, while the latter utilizes loans from banks, credit unions, and other commercial lenders.

Students enrolled in an eligible program of study at least half-time may qualify for either type of Stafford Loan. Amounts available range from \$2,625 for dependent first-year students to \$10,500 a year for independent students (or dependents whose parents don't qualify for the

PLUS Loan) who have completed two years of study.

Direct and FFEL Stafford Loans are either subsidized or unsubsidized. Subsidized loans are awarded on the basis of financial need and do not charge interest before the repayment period begins (the government picks up the tab for you).

Unsubsidized loans are not tied to need — anyone can qualify — and begin charging interest when the loan is disbursed. The repayment period on Stafford Loans must begin within six months after the student graduates, leaves school, or drops below half-time enrollment.

The interest rate on Stafford Loans is variable, but by law it currently cannot exceed 8.25 percent. Check with your school for rates on direct Stafford Loans, or with a commercial lender for rates on FFEL Stafford Loans.

In addition to interest, all Stafford Loans incur a fee of four percent of the total loan amount.

(To be continued next week...)

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Boneless Top Round London Broil	\$2.79 Lb.
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Frozen Hamburg Patties (1/4-Lb. Each - 5-Lb. Box / 20 Patties)	\$8.99
Fresh Chuck Patties (1/4-Lb. Each - 2-Lb. Box / 8 Patties)	\$4.49
Fresh Ground Round Patties (1/4-Lb. Each - 3-Lb. Box / 12 Patties)	\$7.99
Fresh Ground Chuck 5 Lbs. Or More	\$1.69 Lb.
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Imported Ham	\$2.99 Lb.
Thumann's Gourmet Turkey Breast	\$4.99 Lb.
Hormel Genoa Salami	\$2.99 Lb.
Citterio Mortadella With Pistachio	\$2.89 Lb.
Fresh Seafood Salad	\$3.99 Lb.

## PRODUCE

Bananas	49¢ Lb.
Honeydews	\$1.69 Each
Large Size Watermelons (25 Lb. Average Weight)	\$7.99 Each
California Navel Oranges (Large Size)	49¢ Each
Extra Large Stuffing Peppers	99¢ Lb.
Hot House Tomatoes	\$1.39 Lb.
New Crop Pickling Cukes	89¢ Lb.
New California White Potatoes	49¢ Lb.

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# For Your Health



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**Fitness Tips...**  
by Carmela Kirk, R.N.  
Fitness Director  
Fitness First

## New Research Shows Wide Usage And Satisfaction...

A study published in the *Annals of Internal Medicine* has found that 63 percent of people who visited a rheumatologist for osteoarthritis, rheumatoid arthritis, and fibromyalgia conditions also sought some form of "complementary and alternative medicine (CAM)."

Chiropractic was not only the most sought-after form of CAM for those patients, but it was also among those found to be most helpful for these conditions. Chiropractic was at the top of the list of alternative forms of care used.

The reasons why these patients chose CAM are somewhat typical: to control pain; because they've heard it will help; because it's safe; because it helped someone they know; and because their prescribed medication isn't working.

Sixty-three percent of the patients in this study reported using CAM at least once, and over 90 percent of them were doing so on a regular basis. This would equate to 57 percent of all arthritic patients using CAM on a regular basis.

With such a high percentage of regular adult arthritic patients using CAM, and with chiropractic being the most popular and considered the most helpful, one has to wonder if this trend shouldn't be considered by the health care establishment (particularly the managed care companies) and the insurance companies who set policy about what they will and won't pay for.

If patients find another form of care helpful, particularly if their prescribed medication isn't working, shouldn't it be reimbursed for?

**The SCHLAFFER CHIROPRACTIC OFFICE** is conveniently located at 192 Shoemaker Lane in Agawam (telephone number: 789-1369 or 789-1073). Call for an appointment today.

\* \* \* \* \*

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## Performance-Enhancing Drugs...

Athletes will turn to performance-enhancing drugs for lots of reasons. Different age groups, different expertises, and different reasons will bring different drugs. I have not found one that could be considered safe and recommendable by me.

If you think you have one that is all-natural, as well as approved and recommended, I'm not interested, thank you. My biggest concern lies with young athletes.

The main reasons kids turn to these specific drugs are: a pressure to win, pressure from peers, and/or failure to take responsibility. These are just the common reasons; there are lots more. To combat these reasons, you need to understand them.

Our athletes learn at a young age the societal importance of winning. The pressure to win can come from everywhere. Parents, coaches, teammates, and administrators can be guilty. The pressure can be quite powerful.

Combat that pressure with a clear, winning perspective. Remember, this sport is only one short experience in this player's life. Crossing the line between ethical and unethical winning is no way to strive for excellence.

Peer pressure to take these drugs by teammates and friends, to be considered members of the team or help ensure winning, is also powerful. Combating peer pressure is simply a self-esteem issue. Athletes who are comfortable with themselves and feel valued by others are less susceptible to the pressure peers can exert.

Athletes who are sheltered from making decisions for themselves are vulnerable to pressure from trusted persons. Someone they look up to or someone who is popular can really influence these kids. You can help them become more responsible by giving opportunities to make decisions. Hold them accountable for their actions. Hold them accountable for meeting academic and behavior standards of the school or league.

School-age athletes are under enough pressure. The practices and schedules can be very tiring. Keep a clear perspective on priorities; let them know they are valuable, and keep them honest.

Winning is an important thing, but it is not at all the most important thing.

\* \* \*

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## Support Groups, Courses, & Programs At Noble Hospital

### SUPPORT GROUPS

**Alcoholics Anonymous:** Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield. Free of charge. All are welcome.

**Diabetes Support Group:** Tuesday, May 23rd, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

The topic will be "Neurological Complications of Diabetes" by Armand Aliotta, M.D. Free of charge and open to individuals who have diabetes and their support persons.

For more information, call Diabetes Nurse Educator Karen Ranen, M.S., R.N., at 572-5178.

**Caregivers' Support Group:** Wednesday, May 31st, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of every month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members are invited to participate.

Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information at 562-7049.

### PROGRAMS/COURSES/CLINICS

**National Safety Council First Aid & American Heart Association Healthcare Provider CPR:** Saturday, May 20th, 8:00 a.m. to 5:00 p.m. At Noble Hospital's Education Department, 115 West Silver Street, Westfield.

This program is for lifeguards, camp counselors, recreation workers, day-care providers, fitness instructors, health care personnel, and others who need First Aid and CPR certification.

The cost is \$65. Call the Noble Hospital CPR line to sign up at 572-5172, or the Education Department with any questions at 568-2811, ext. 5572.

**"Footsteps For Home Health And Hospice"** (to benefit Noble Visiting Nurse and Hospice Services; dedicated to the memory of Jerry Fouche): Saturday, May 20th — rain or shine! At Park Square in Westfield. Check-in time, 9:00 a.m.; walk begins at 10:00 a.m.; prizes/refreshments, 11:00 a.m.

Raffle prizes for all preregistered walkers, door prizes, water along the way, and post-walk refreshments. Prizes for top three individual money-raisers (calculated by amount turned in by day of the walk).

Registration forms at Noble Hospital Development Office, NVNHS, Westfield Fire Department Headquarters and Sub-Stations, and Colton Insurance, 136 Elm Street. Parking at First Congregational Church lot on Broad Street, Westfield.

**Six Weeks To Better Eating** (presented by The Women's Center at Noble Hospital and Absolute Wellness Center and Spa): Six Wednesdays beginning May 24th and continuing on May 31st, June

**SEE NOBLE HOSPITAL - Page 30...**

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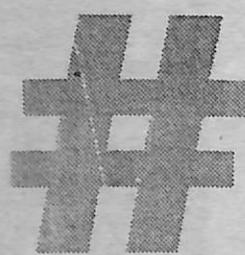
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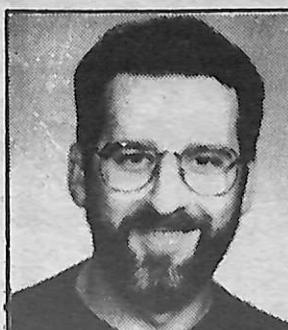
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## For Your Health - continued...



**"Let's Talk About It"**  
by Dan Pender  
Marriage &  
Family Therapist  
P.O. Box 449  
Agawam, MA 01001  
(413) 789-4460

## Can I Have It All?

In response to my May 4th column, "Do You Know What You Want?" one reader wrote to me and shared what she wants.

I've been separated for several months now. I feel like I would like to be back in my marriage. I need some normalcy back in my life. I don't know if this is my family system trying to bring me back.

I feel like I'm in mourning over my marriage. I'm sad everything won't just work out. It's so hard being a single mom and being alone. I'm lonely!

Maybe I should tell my husband that I would like him to go to anger management classes and/or parenting classes. Other than that, the rest of his problems he needs to deal with himself.

Maybe I want to go back because when we're together, we don't fight anymore.

Maybe I should ask my husband if he would go to marriage counseling again?

So I ask myself - Can I have it all? Will I let myself have it all?

\*\*\*\*\*

Two provoking questions are raised at her conclusion. What appears to me from her feedback is that often 'what we want' seems to be in conflict with 'what we want.' On one side of the see-saw lies her hopes for her husband to better take care of himself (classes), while on the other side sits her loneliness and ambivalence about her intentions to return to him, but on whose terms, hers or her family system's?

She raises an important idea about why we do what we do. She questions whether or not her considering going back with her husband has much to do with her family system needing her to return. Or perhaps she is acutely in touch with the dilemma of staying with herself and the pull to go back to her husband as a possible way to distance herself from herself by being once again together.

I don't know what she meant by this exactly, but for me this idea that somehow important life decisions, like who we marry, whether to separate or divorce, to have an affair, stay or get back together or remain single; might have something to do with the family system (messages) that we tend to carry out in our lives.

Yes, I think she is on to something real important. If I were to capture in a phrase what her two questions provoke in me, it would be: Can I have goodness?

Often, in my experience working with families, the dilemma for knowing what one wants is usually couched in what they know they no longer want and can no longer tolerate. I think it is often more difficult for people to anxiously move into the struggle of trying to find out what they want from a position of goodness.

The feedback piece above so courageously provides for your consideration what seems to be the two sides of the goodness see-saw: hope for something good to happen for and by another (in this case, her husband) and something good for her on her terms and not on what her family would necessarily have her do.

The complexity of goodness.

\*\*\*\*\*

I can be reached by e-mail (AOL screen name: dpmft449) or PO Box 449, Agawam, MA 01001 or by phone at (413) 789-4460. Your feedback is welcome and as always, if I reprint any or all of your material, I will not publish your name unless you specifically give me permission to do so.

## NOBLE HOSPITAL - Page 26...

7th, June 14th, June 21st, and June 28th. From 7:00 to 9:00 p.m. at The Women's Center at Noble Hospital, 115 West Silver Street, Westfield.

The cost of this program is \$110. Topics will include general nutrition, dining out, a field trip to the supermarket, exercise, the mind-body connection, and emotional eating.

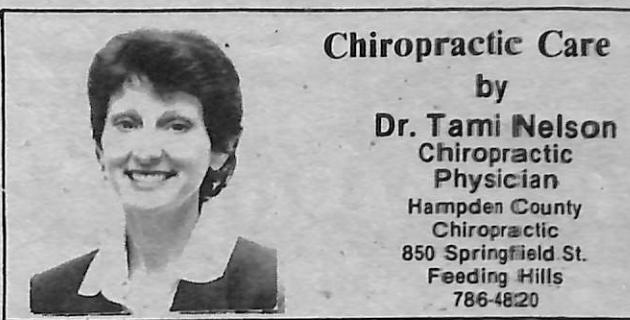
The program will include two consults with a registered dietitian (one prior to the start of the program, and the second at the end of the program). Registration is limited.

To register or for more information, please call The Women's Center at Noble Hospital at 572-5182.

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**Chiropractic Care**  
by  
**Dr. Tami Nelson**  
Chiropractic  
Physician  
Hampden County  
Chiropractic  
850 Springfield St.  
Feeding Hills  
786-4820

## Osteoarthritis

A good number of my patients suffer from arthritis. The following are questions and answers about this condition.

## Q-What is arthritis?

A-Arthritis refers to inflammation of the joints. The most common form of arthritis is osteoarthritis, which is also known as degenerative joint disease because it is characterized by joint degeneration and loss of cartilage - the shock-absorbing, gel-like material between joints.

The percentage of people with osteoarthritis increases dramatically with age. Surveys have indicated that over 40 million Americans have osteoarthritis, including 80 percent of persons over the age of 50. Under the age of 45, osteoarthritis is much more common in men. After age 45, it is much more common in women.

## Q-What joints are affected by osteoarthritis?

A-The weight-bearing joints such as the knees, hips and spine, as well as the hands, are the joints most often affected with the degenerative changes of osteoarthritis. These joints are under greater stress because of weight and use.

## Q-How does a person know if he or she has osteoarthritis?

A-The onset of osteoarthritis can be subtle. Morning joint stiffness is often the first symptom. As the disease progresses, there is pain during motion of the involved joint, which worsens with prolonged activity and is relieved by rest.

Osteoarthritis is usually quite easily

distinguished from other types of arthritis. In more inflammatory forms of arthritis like rheumatoid arthritis and gout, the joints will appear red, spongy, and warm. In osteoarthritis, however, the joint will generally be cooler and bony-hard. If you think you have arthritis, consult a physician for an accurate diagnosis.

**Diagnostic summary of osteoarthritis:** Symptoms - mild, early-morning stiffness, stiffness following periods of rest, pain that worsens on joint use, and loss of joint function. Signs - local tenderness, soft tissue swelling, joint crepitus, bony swelling, restricted mobility, Heberden's nodes, and other signs of degenerative loss of articular cartilage.

## Q-What causes osteoarthritis?

A-Osteoarthritis is divided into two categories: primary and secondary. In primary osteoarthritis, the degenerative "wear-and-tear" process occurs after a person turns 40 years of age. The cumulative effects of decades of use leads to the degenerative changes by stressing the collagen matrix of the cartilage. Damage to the cartilage results in the release of enzymes that destroy cartilage components. With aging, the ability to restore and manufacture normal cartilage structures decreases. So, what I am saying is that aging is the primary cause of osteoarthritis. But, just because you may be getting older, doesn't mean that you have to suffer from the pain of osteoarthritis.

Secondary osteoarthritis is associated with some predisposing factor which is responsible for the degenerative changes. These predisposing factors include: inherited abnormalities in joint structure or function; trauma (fractures along joint surfaces, surgery, etc.); presence of abnormal cartilage; and previous inflammatory disease of the joint (rheumatoid arthritis, gout, etc.).

Next week, we will discuss treatment options for arthritis. Meanwhile, if you have any question or suffer from arthritis, call our office today. Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

## Cholesterol And Blood Glucose Screenings Slated At Mercy Hospital In Springfield

Mercy Hospital will conduct cholesterol and blood glucose screenings Thursday, May 25th, 8:00-10:00 a.m., in the Memorial House Auditorium on the hospital campus, 271 Carew St.

There is a \$10 donation for the cholesterol screening; a \$2 donation is requested for the blood glucose screening. Fasting for 12 hours (water is allowed) prior to testing is recommended; results will be mailed to participants.

No advance registration is required. For more information, call the Patient Education Department, (413) 748-9024, weekdays between 8:00 and

9:00 a.m., or leave a message.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

The SPHS is a founding member of Catholic Health East, one of the nation's largest health care systems. Catholic Health East facilities serve communities in eastern states from Maine to Florida.

Check our classified news in each edition ... AAN!!!

Happy 16th,  
Marlow!

Love,  
Dad, Mom, & Katina

You Fulfilled Our  
Greatest Wish...  
Now May All Your  
Dreams Come True!



Happy 1st Birthday,  
Cesco DeMaio

Love,  
Mommy & Daddy

# Arts



**PISANO'S  
PICKS ON  
VIDEO**  
by LOU  
PISANO

## Movies For Mom!!!

With the Mother's Day festivities behind us, give Mom the gift of relaxation! I've picked some movies especially for all the Moms out there, so rent them and enjoy. I hope you all had a great day!

\* *Terms of Endearment*: 1983. Rated PG.

This is the "mother" of all mom movies! Shirley MacLaine, Debra Winger, and Jack Nicholson comprise a perfect cast ensemble. The story centers around the relationship between a mother and daughter over the course of their lives. MacLaine and Winger are superb as the mother/daughter duo. Jack Nicholson portrays the single, freewheeling neighbor.

The much-heralded power of this film comes from strong character development. This, coupled with the obvious acting power present, makes for a film that has true holding power from beginning to end.

Even the transitions during the storytelling are logically inserted so that the drama moves at a relatively even pace. Time progression is a good example of this type of story transition in the film. You almost don't notice the changes that occur with the characters.

Emotion plays a big role in captivating the audience as well. This can clearly, and impeccably, be exemplified by MacLaine's performance dur-

ing the hospital scenes towards the resolution of the plot. Moments like these do appear earlier in the film, but in much more subtle ways. For example, the beach scene between Nicholson and MacLaine, where emotions suddenly run high during an otherwise calm scenario.

*Terms of Endearment* is a fine film. I'm equally enthusiastic that mothers everywhere will like it! So now that the Mother's Day rush has ended, treat mom to a film I'm sure she'd give 5 STARS to! 4 STARS.

\* *Steel Magnolias*: 1989. Rated PG.

This is the story of six women and their enduring relationships in a small Southern town. An all-star cast (with the likes of Sally Field, Dolly Parton, Shirley MacLaine, Julia Roberts, Daryl Hannah, and Olympia Dukakis) remains one of this film's saving graces simply because without them, the story would have been only average. Repetition of this type of relationship film over the years does weaken this film's grip somewhat, but there are some offsetting good qualities to mention.

The expected great performances are considered to be a huge asset to the script and prove to be a high point for the film. The well-played complexity of the characters' relationships over time also proves to be an appropriate clincher device tailored to fit the plot. This same attribute singlehandedly creates the melodramatic situations.

An example of such would be the conflict between Field's and Roberts's characters over childbearing while suffering from diabetes. This is a complexity woven into the fiber of their mother/daughter relationship via the script.

These filmmaking techniques are executed well in this film. The performances by the cast are great. The result: a very average plot formula turns into something that's worth watching. It sure will be another hit with mom! 3 STARS.

\* *Fried Green Tomatoes*: 1991. Rated PG-13.

The then-newcomer Kathy Bates stars with

Jessica Tandy in a multifaceted story about a Southern housewife and an elderly woman in a nursing home. Tandy plays the elderly woman who tells stories about the past and the exploits of two women in the 1920's. Bates plays the mesmerized housewife who visits the elderly woman.

The first thing I enjoyed about this film was the effective scene placement. The scenes (even the much-used retrospective fades) were so seamlessly edited together that, at times, it seemed to take a moment to realize that the story had reverted back to the late 1920's. These time-jumps are especially hard to portray successfully when a filmmaker is trying to realize a literary work structured as a novel.

This film was adapted from Fannie Flagg's novel *Fried Green Tomatoes At The Whistle Stop Cafe*. Flagg herself makes a cameo appearance in the film. Although I have never read her novel, I will guess that Flagg's literary ending was different than that (or, should I say, than those) in the theatrical adaptation. Nonetheless, *Fried Green Tomatoes* does work well on the screen. Like *Steel Magnolias*, however, the high-caliber acting aids in executing a smooth screenplay.

Kathy Bates and Jessica Tandy play well together. I remember thinking that this was a very unlikely duo to co-star together. Upon seeing the movie, I realized how versatile the two actresses are. My only question is, "Do people really eat fried, unripened vegetables?" 4 STARS.

### \*\*\* PISANO'S PICKS REVIEW GUIDE \*\*\*

5 STARS - Extraordinary.

4 STARS - Excellent.

3 STARS - Good.

2 STARS - Average.

1 STAR - Watchable..

0 STARS - Avoid.

Please send comments and film requests to "The Agawam Advertiser News," Attention: Lou Pisano, P.O. Box 263, Feeding Hills, MA 01030.

"PISANO'S PICKS On Video" is a regular feature of The Agawam Advertiser News...

\* \* \* \* \*

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Lubricate chassis, drain oil and refill with up to five quarts of major brand motor oil, and install a new oil filter. Note: special diesel oil and filter type may result in extra charges. Brands May Vary By Location.

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**Alignment Alone**

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AVAILABLE**

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Includes computerized engine performance analysis.

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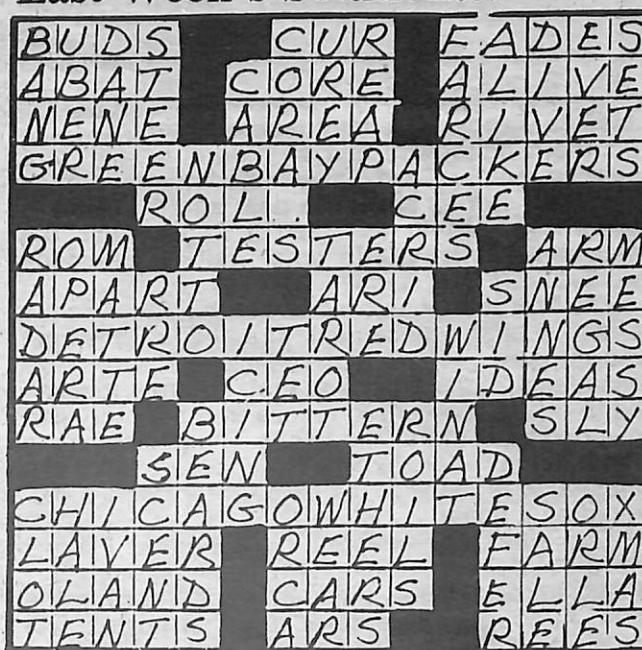
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Extra If Needed.  
Expires 5-28-00

## Last Week's Solution...



## ACROSS

- 1 Poetess Teasdale  
5 Felix Unger's birth month  
8 Alaska once  
12 — Lanka  
15 Vigoda and Lincoln  
16 Drive off  
17 This is a sin to tell  
18 Often kicked site  
19 Confined  
20 Sunrise direction  
21 Factory  
22 Fonda or Aaron  
23 Soak  
25 Cleo's killer  
27 "Peter, Peter Pump-kin —"  
29 Interstate problem  
33 Golfer's posture  
35 Busy Chicago hub  
36 More outre  
38 Pitcher's limb  
39 God of war  
41 Sounds of disappro-  
val  
43 Char  
44 Bellicose god  
46 Compass headings  
48 Chinese (prefix)  
51 Canonized femme  
52 Movie terrier  
53 Farmer's yield  
55 52 A's mistress  
57 Interstate problem  
64 Ooze  
65 Shield border  
66 Memo  
68 Curtis Lemay's org.  
once  
71 Gardener's bane  
73 Baronet's titles  
75 C&W's Hank  
76 Andy's radio pal  
78 Gaelic  
81 Educated guesses  
(abbr.)  
83 Before to 1 A  
84 Carlo and Cristo  
87 — an impulse  
89 Please no end  
91 Interstate problem  
94 Recedes in intensity  
95 Little lad  
96 Installs  
100 Sagan or Reiner  
102 Helper (abbr.)  
104 French river  
106 Medical diagnostic tool  
107 River isles  
108 Cattle  
109 Requirement  
110 Charged particles  
111 Sibling  
112 Every fourth is a leap  
113 Hearing organ

114 Medical school subject

- DOWN**
- 1 Dopes  
2 Assist in crime  
3 Descartes  
4 Naval behind  
5 ——Na  
6 Dawn goddess  
7 Fertilizer oxide  
8 Meddles with  
9 Actor Wallach  
10 Angered  
11 Tell the story  
12 A word for touts  
13 —Tin-Tin  
14 Sign  
16 Farm machines  
18 Clips  
24 S.A. rodent  
26 Tiff  
28 Italian three  
30 Prayers with beads  
31 Sounds of fright  
32 Pew  
33 Textile fiber  
34 Landfill collection  
37 Railroad (abbr.)  
40 One who broke out  
42 Donuts (slang)  
45 Falls behind  
47 Weep  
49 Doze off  
50 Spanish gold  
54 Play for pay guy  
56 Barley bristles  
58 Use an axe  
59 Tiny to a Scot  
60 Busy hospital spots  
61 Outsiders  
62 Music for nine  
63 Mall unit  
67 Little lambs  
68 U.S.A.'s uncle  
69 Miss Piggy's favorite word  
70 Orchestral piece  
72 No decision word  
74 Manned the helm  
77 Robs  
79 Strew  
80 Lab burner  
82 Luge  
85 Curved letter  
86 — Pete (potent booze)  
88 He's different  
90 Medical lack of order  
92 Actor Davis  
93 Recluse  
97 Pumping —  
98 Zola epic  
99 System (abbr.)  
100 Taxi for short  
101 Liltig tune  
103 Snow in Dundee  
105 Musical Chris

## — ADVERTISER NEWS —

**The Strain Family EQUESTRIAN CENTER**

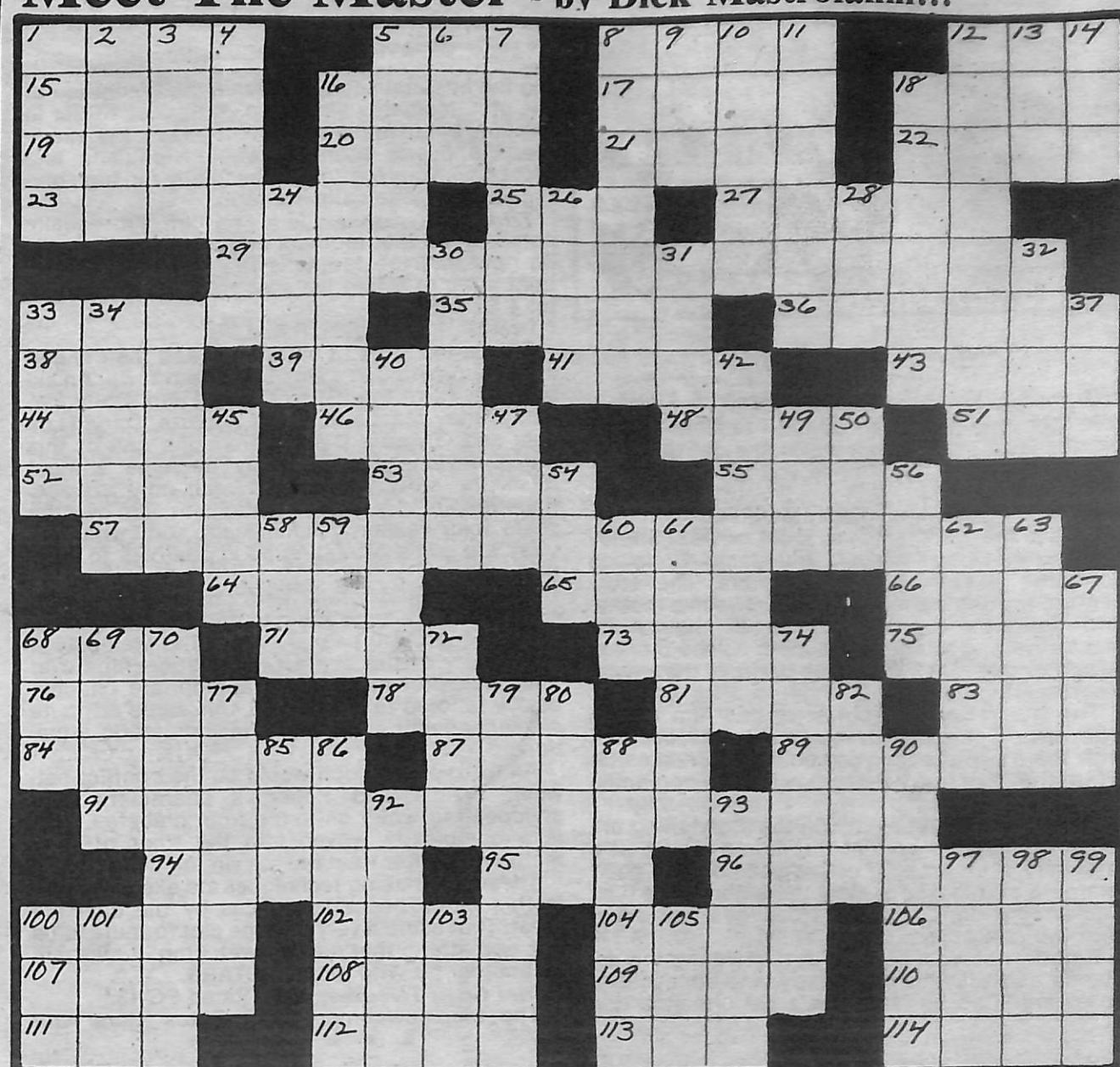
18 Vining Hill Road,  
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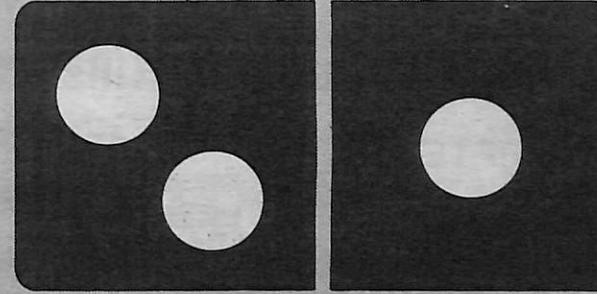
Ponies for Parties

Located behind Big Y/Ames Plaza

## Meet The Master - by Dick Mastroianni...



**IT WILL BE HERE BEFORE YOU KNOW IT:** The AAN's annual "Graduation Issue" will be published on Thursday, June 22nd, featuring coverage of AHS and collegiate graduates and this year's scholarship recipients.



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11 a.m. - 1 a.m.

## "The Food Dude"

by John Walters  
WHYN AM 560



### Marinating On The Grill...

As I'm writing this week's column, I can smell the grills charring those steaks beyond all recognition. Make a better steak in your own backyard. Start by marinating the steaks, chops, poultry, or fish.

Marinates are a way of infusing flavor and tenderizing the foods. It is the acid in the marinade that breaks down the tissue fibers. Wine, vinegar, lemon juice, or even Coca-Cola can be used as a marinade.

As with making a salad dressing, you need some acid. Some oil is needed to keep things moist, and a little water, too, to even things out. Then add some spice and something sweet. Now you are making a marinade.

Marinate overnight if possible (an hour at the very minimum). Here is a great beef marinade:

2 C Coca-Cola  
1/2 C Water  
2% C Olive Oil  
2 Tbs. fresh herbs  
1 Tsp. salt

Vary your ingredients to the dish you want to make. Poultry does well with citrus, and lamb with wine and rosemary. Pork relates well with vinegar and cilantro. Your marinades will reflect your individuality. Personally, I do not care for grilling veggies. Kabobs are different.

Make sure that you par-cook the veggies. Keep the foods moist as they grill. I use a mixture of water, black pepper, and olive oil. Just brush it on. This is called a mop sauce. Mop sauces allow you to baste without burning the meats. It is the sugar in the sauce that burns. Never put BBQ sauce on raw meats. It is a waste. The sauce burns up to blackened cinders.

Mop sauces can include some meat drippings, seasonings, and hot peppers.

Next week, look for some BBQ sauces. I like to round out a cookout with side dishes. Those recipes will be coming along.

I just have to make mention of this. Here in Agawam, we have a gem of a restaurant. I think that you have to go pretty far to beat the grinders at the Parthenon on Route 75. Try the eggplant parmesan grinder; I like the roast beef and the cold cut. Oh, by the way, the Greek salad is pretty good, too.

**JOHN WALTERS, "The Food Dude," can be heard each Saturday afternoon from 1:00 to 3:00 p.m. on WHYN AM 560.**

(Blue Seal brand kielbasa and quality table-ready meat is his sponsor.)



## Sounds Of Music Concert To Perform At Storowton

"Spring Into Summer" is the theme for the next Sounds of Music Concert. The Singers will headline the dinner-show at the Storowton Carriage House in West Springfield on Wednesday, May 24th. The 10 singers, accompanied by Richie and Kathy Mitnick, will be presenting favorite songs of the season.

Entree selections will include Yankee pot roast, chicken francaise, and stuffed filet of sole. Reservations will be accepted by calling 733-4910 during normal business hours, or at Sounds of Music, 1060 Memorial Ave., West Springfield.

Social hour will begin at 6:00 p.m., followed by dinner at 7:00 p.m. The show will start at 8:15 p.m.

The Sounds of Music Singers will also be appearing at the Stanley Park Concert Series in Westfield on Sunday, June 4th at 6:00 p.m.

— Check our classified ads —

## Saxophone Quartet At The Red Door Theatre

Well-known for its theatrical presentations and recently voted one of the Best Places to see Live Theatre by The Springfield Valley Advocate Reader's Poll, The Red Door Theatre is expanding its venue to include musical concerts.

First on the bill is The East Wind Saxophone Quartet, scheduled for Saturday, June 3rd, at 7:30 p.m. The quartet is made up of four local musicians: Ted Levine, Gina Glover, Aaron Dean, and Brenda McGurk.

"We have a wonderful facility for various artistic expressions and felt The Red Door Theatre could be used to even greater potential," said Lyle Persons, co-producer of The Red Door. "Though we have had musical cabarets before, such as our 'Valentine's Cabaret' and 'Forever Friends,' this is the first time we've had a strictly instrumental one."

Persons and Red Door co-producer Margie Secora have known Ted Levine, the group's leader, for many years.

"Ted and I go way back to high school band," said Persons, "and have kept a long-distance friendship for 30 years. The three of us have worked together on several theatrical ventures, including 'Jesus Christ Superstar' with the Suffield Players, which went on to win The Moss Hart Community Theatre Award."

The East Wind Saxophone Quartet was founded in 1996 primarily as a rehearsal group, but since then has performed a number of concerts of both original compositions and transcriptions.

Levine has released a CD, "The Ted Levine Quartet — A Well-Kept Secret," and is a constant fixture on the local jazz circuit. All of the group members are teachers in the Springfield-Northampton area.

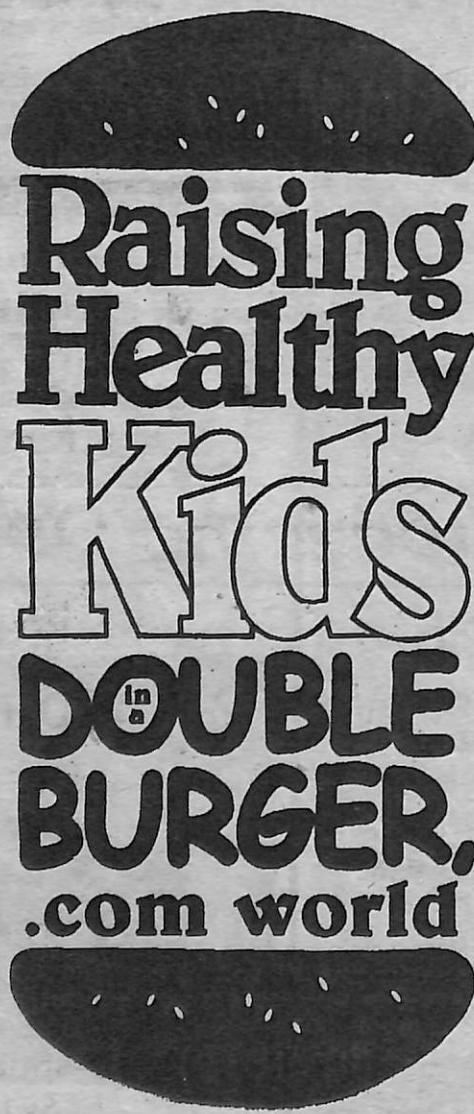
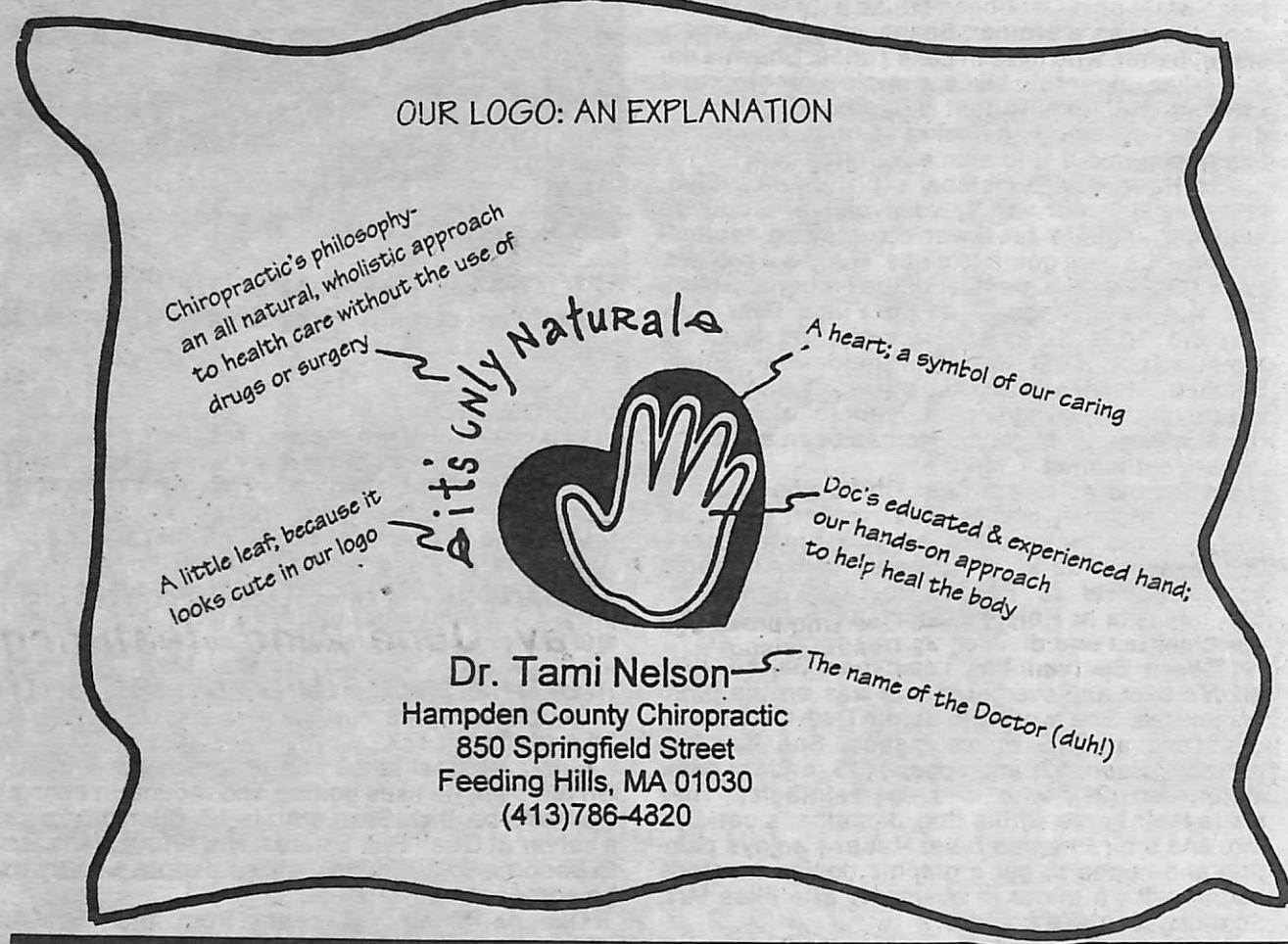
The quartet will perform a wide range of musical styles, including a movement from a Beethoven string quartet; three Scott Joplin rags; Klezmer music for a Jewish wedding; and a four-movement suite by Astor Piazzolla (originally written for flute and guitar).

The setting for the concert is cabaret style, and audience members are welcome to bring their own basket of goodies to enjoy at their candlelit tables or purchase them at The Red Door refreshment bar.

Tickets are \$8 (general admission) and \$5 (seniors and students under 12). They may be reserved by calling The Red Door Theatre at (413) 789-2026.

The theatre is located at 152 South Westfield Street in Feeding Hills (just off the Route 57 extension and next to the Valley Community Church).

### OUR LOGO: AN EXPLANATION



June 1, 2000

Thursday

Westfield Middle School North

6:00 - 7:00 pm 7:00 pm

Mini Health Fair Lecture -

Questions & Answers

### Speaker: Joe Piscatella

Joe is a nationally known expert recognized for his sensible approach to helping children develop healthy eating and exercise habits. He has appeared on Public Television as well as the "Today Show" and "Good Morning America."

### Admission is FREE

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## *Education* Honored Pottery Students At Agawam High

In keeping with "Pottery Class of the Month," Mrs. Schilling-Nordal is pleased to announce the following Agawam High School students have successfully met the required criteria.

They have had good conduct, used correct preparation of materials, followed directions, used creative designs, and displayed good workmanship.

The class is composed of 23 students. Most have brothers and/or sisters, pets, and take part in the Agawam High School athletic programs.

### SENIORS:

**Shawna Suffriti** works as a ticket agent for Peter Pan. She is a member of SAVE (Students Against Violating the Environment) and Jazz Choir. She recently performed on the Regal Empress while on a Caribbean cruise with the school choir. She has a brother, Shane, who is 14, and a sister, Sarah, who lives in Lake Tahoe. Shawna enjoys hikes, mountain bikes, camping, singing, and traveling. Her favorite spot is Cape Cod. She has a dog, Mickey, who is a cocker spaniel. She would like to become a wild animal veterinarian.

**Eric Hoague** is a member of the French Club, and played junior varsity volleyball. His outside activities include tae kwon-do, playing football with friends, and going to clubs. He has a brother, Larry (19), who is a member of the National Guard. Eric will be a lifeguard at Six Flags Over New England this summer. Recently, he went to Washington, D.C. for a Presidential Study Seminar. He describes himself as a pacifist by nature and dislikes violent people along with those who carry a grudge. He has been a lifelong pottery enthusiast.

**Jay Rheaime** has a brother, Chris, who is 22 and a sister, Nichole, who is 15. Together, they care for two dogs; Sam, a black lab, and Duncan, a collie. Jay works as a forklift operator for Olympic Fasteners. He is headed for the School of Culinary Arts at Holyoke Community College. He loves parties and dislikes mean people.

**Melissa Sparveri** has taken part in the swim team's past achievements and was on the prom committee. She works at Salon Tres Chic doing nails and at CVS on cosmetics. She has two brothers; Sean, 12, and Joseph, 15, and an older sister, Jen (21), who is a cosmetologist. They share their home with a dog, Jasmine, a cat, Gizmo, and a bird named Dale. Melissa enjoys painting and hopes to get a graphic design master's degree with a minor in business. She likes Mrs. Schilling-Nordal's cookies.

**Stephanie Keenan** takes part in the indoor and outdoor color guard and is a member of the peer leadership team. Her dog's name is Casey and she has a rabbit, Cocoa. She is the oldest of four girls; Rachel (14), Siobhan (8), and Gillian (4). Stephanie loves movies and music and dislikes geometry. Her future plans are to go to the University of Massachusetts in Amherst and major in equine studies.

**Ben Kashmanian** is a two-time winner per pottery class, chosen as he switched periods at the half year. Since his dog is older, there was a name change to T-Bone. Ben generally likes music and would like to become a musician. He has two brothers; Zack, who is 23, and Nathan, who is four.

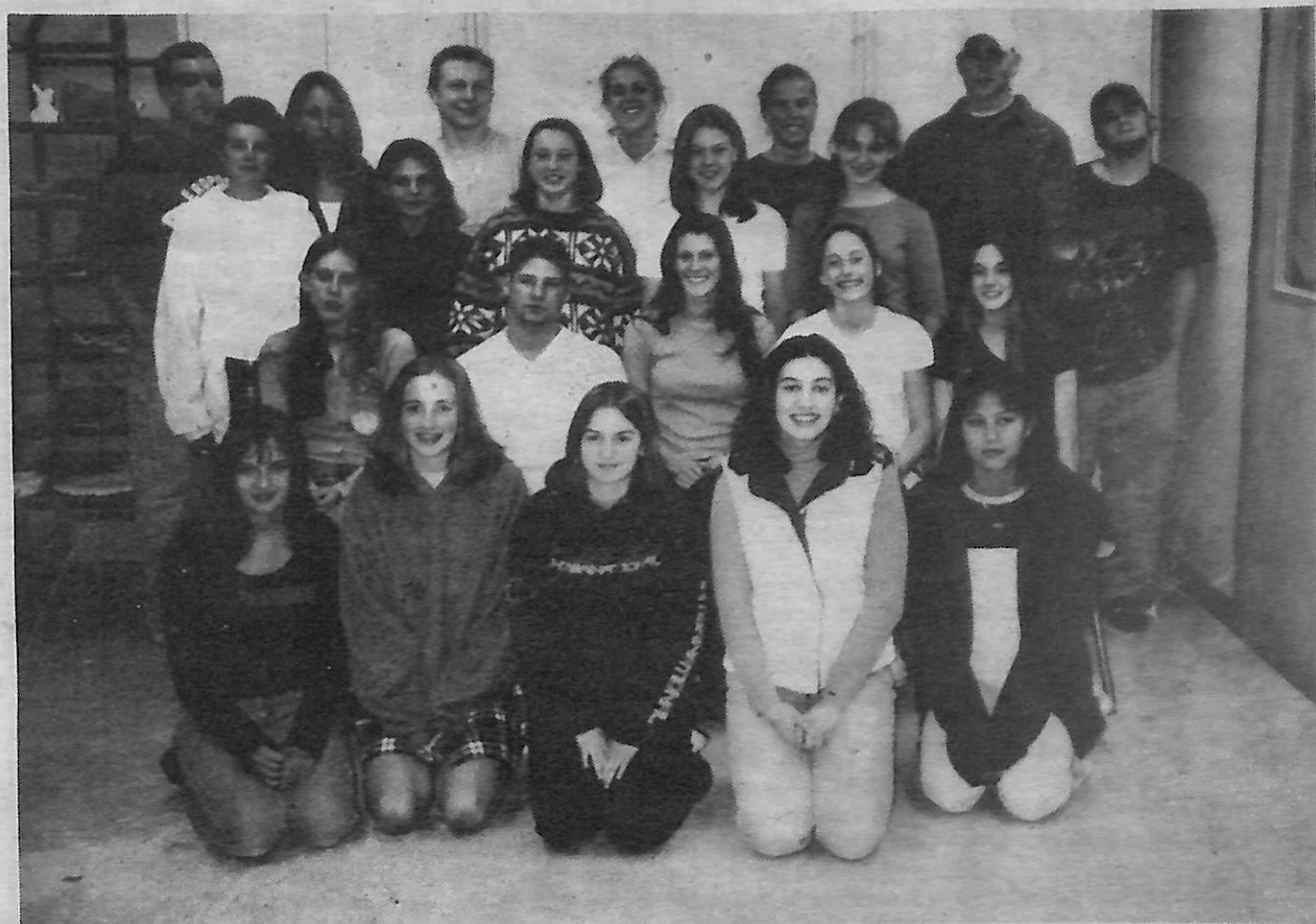
**Alaina Bonk** enjoys singing and is in the Jazz Choir along with her church's youth choir. She has two cats, Lacy and Fluffy. Her brother, Phil, is 19. She has a half-brother, Sam, and a half-sister, Alyria (6). Currently, Alaina is working at the Filene's Department Store at the Enfield Mall. She will be doing an internship in the fall and in January, will be attending Holyoke Community College.

**Jason Malanson** enjoys working out at the gym. He achieved being Agawam's all-time scorer in hockey this past season. He has two brothers; Joseph, 21, and Jeremy, 15. Jason is the lucky one to receive the fish from Dave's Pet Food City. As for his future, he has a wild imagination.

### JUNIORS:

**Lisa Marie Bielia** takes part in softball and is secretary of the Class of 2001. She is a waitress at Stefano's Blue Star Restaurant in West Springfield. She cares for her dog, Bud, a cat named Friskey, and a rabbit called Socks. Her brothers are David, 14, and Kevin, 12. Her future plans are to become a doctor. She hates trolls.

**Caitlyn Conte** plays varsity softball and in the summer, is on the Metro team. Her twin brother, Louis, 16, is also at the High School. She has two sisters, Amber (20) and Keeley (12). Caitlyn has a desire to attend the University of Massachusetts and become a teacher. She enjoys the beach and would like to live happily near one someday. She dislikes prejudicial people.



PICTURED ABOVE ARE THE POTTERY STUDENTS at Agawam High School whose efforts were recently recognized by their teacher, Mrs. Schilling-Nordal.

### SOPHOMORES:

**Linsey Obue** plays soccer on a team outside of school. She makes her extra money babysitting. She has a sister, Stephanie (10), who is in fifth grade. Nippy is their dog. College is in Lindsey's future. She will work at Six Flags this summer.

**Melissa Royland** works at the Mulberry Child Care Center at Granger School in the afterschool program. When she graduates from high school, she wants to go to college so she can find a good job. Melissa has two sisters, Mary (16) and Heather (13). She likes Ben and Jerry's peanut butter cup ice cream and dislikes people who talk behind one's back.

**Brian Michael** takes part in football and track. On his own, he likes golfing and mountain biking. He has a brother, Sean, who is 19. Brian works as a server at Quail Run Estates. His future plans are to become wealthy. He dislikes people who try to be someone they are not.

**Oksana Moslychuk** came from the Ukraine when she was seven. She is employed at Stan's Soft Serve. Oksana has two sisters; Lillian, who is two, and Yelena, 12. She likes to sing, but wants to become a registered nurse.

**Jill Lawson** plays on the school soccer team and runs track. She has been the sophomore class secretary this year. She has two sisters, Nikki, 19, and Kristen, 17. Her cat's name is Tiger. Jill is employed at M&M's Restaurant. She dislikes chocolate and worms, but enjoys the summer heat.

**Heather Kerr**, missing when the photo was taken, works as a cashier at Comp USA. She has a dog, Cody. She loves shopping and the movies. She has three brothers - Nate, 19, Ryan, 11, and Khris, eight. She would like to be a hairdresser or EMT.

\* \* \*

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### FRESHMEN:

**Irena Klimezak** has a brother, Steven (9), and a sister, Elizabeth (12). They share a dog, Mickey, who is a beagle, a rabbit, Rainbow, and two birds, Jewel and Sapphire.

**Ashleigh Chruscil** plays lacrosse and field hockey. She has a brother who is 13. Her pets are guinea pigs, Checkers and Isabel. She would like to become a cosmetologist. Frogs, movies, music, and television are her likes with homework being at the bottom of the list.

**Kim Hoague** is on the soccer team and track team. She has a sister, Kaitlyn, who is 10. Her dog, Cody, is a black lab who gets along well with Shadow, the cat. Kim hopes to get into a good college. She enjoys music and sports.

**Milissa Savenko** has four guinea pigs; Booboo, Diana, Patches, and Andy. She dislikes school, so at home concentrates on listening to music and watching television. She has two brothers, Phil (18) and Chris (16).

**Linda Kelly** is a varsity cheerleader. Her cat's name is Motley. She has a 25-year-old sister, Kim Anne. Linda enjoys eating and says she had a wonderful trip to Florida with her cheering squad.

**Crystal Mesick** comes from a large family. She has four brothers, Ernie (40), Berry (38), Tommy (18), and Rob (15). Her sisters are Karen (34) and twins Sheila and Darlene, who are 38. Crystal has a pot belly pig, Rosie, and a cat, Willie. She likes the beach, shopping, and vacationing.

**Courtney Poirier** plays freshman basketball and junior varsity lacrosse. She enjoys talking on the telephone, shopping, and swimming. She occasionally babysits. Courtney has a cat, Christie. Her 18-year-old brother, Matt, is a senior.



**Cecilia P. Calabrese**

**Attorney at Law**



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# Clark Students Learn That Dance Is For All Ages

James Clark students enjoyed an intergenerational program from The Dance Generators thanks to a grant from the Agawam Cultural Council.

The Dance Generators, directed by Amie Dowling, showed the students that music and dance have no age limit. The shows started with the performers telling about themselves through words and dance. (The dancing doctor did have everyone smiling.)

The students learned that a few simple arm and hand movements could be turned into a story of various rhythms. The first performance had some third- and fourth-graders, along with several teachers, joining in dance while the younger students participated in a storytelling dance.

Thanks to the Agawam Cultural Council for the opportunity to enjoy a wonderful performance!

## Agawam Schools' Weekly Lunch Menu

**Monday, May 22nd:** Steamed frankfurter in roll, Boston baked beans, oven potato rounds with catsup, chilled mixed fruit cup, milk.

**Tuesday, May 23rd:** Spaghetti with meat sauce, Italian bread and butter, seasoned green beans, chilled peaches in syrup or chocolate chip cookie, milk.

**Wednesday, May 24th:** Oven-baked chicken teriyaki nuggets, steamed rice, honey or dipping sauce, steamed carrot coins, cinnamon applesauce, Jello with topping, milk.

**Thursday, May 25th:** Scrambled ham-burg with gravy on whipped potatoes, seasoned niblet corn, bread and butter, midnight chocolate cake with icing, milk.

**Friday, May 26th:** Grilled cheese sandwich, pickle chips, seasoned potato puffs, pineapple tidbits or ice cream cup, milk.



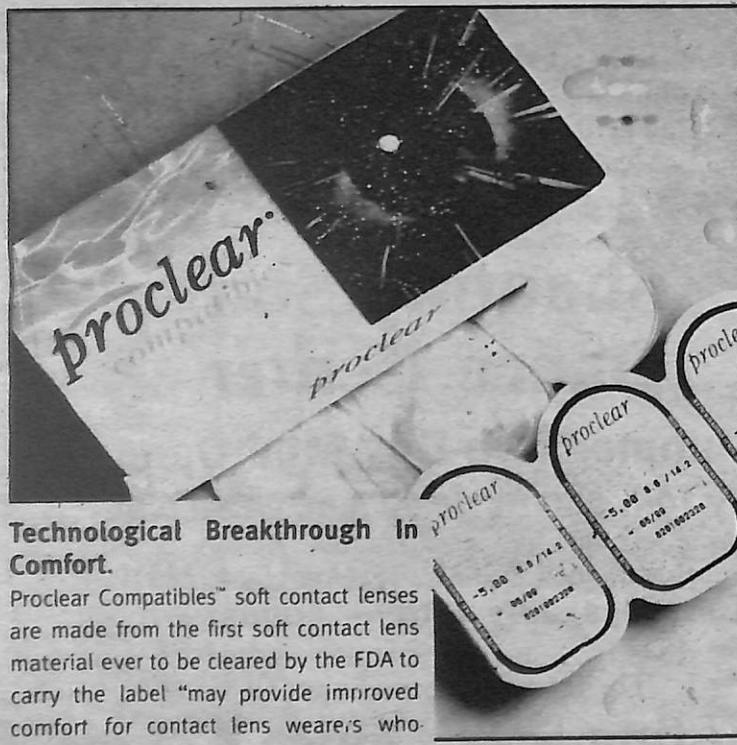
IN TOP PHOTO: The Dance Generators show off their rendition of "Swan Lake" before students at James Clark Elementary School. IN PHOTO BELOW: Clark pupils join the performers from The Dance Generators in a "connecting dance."



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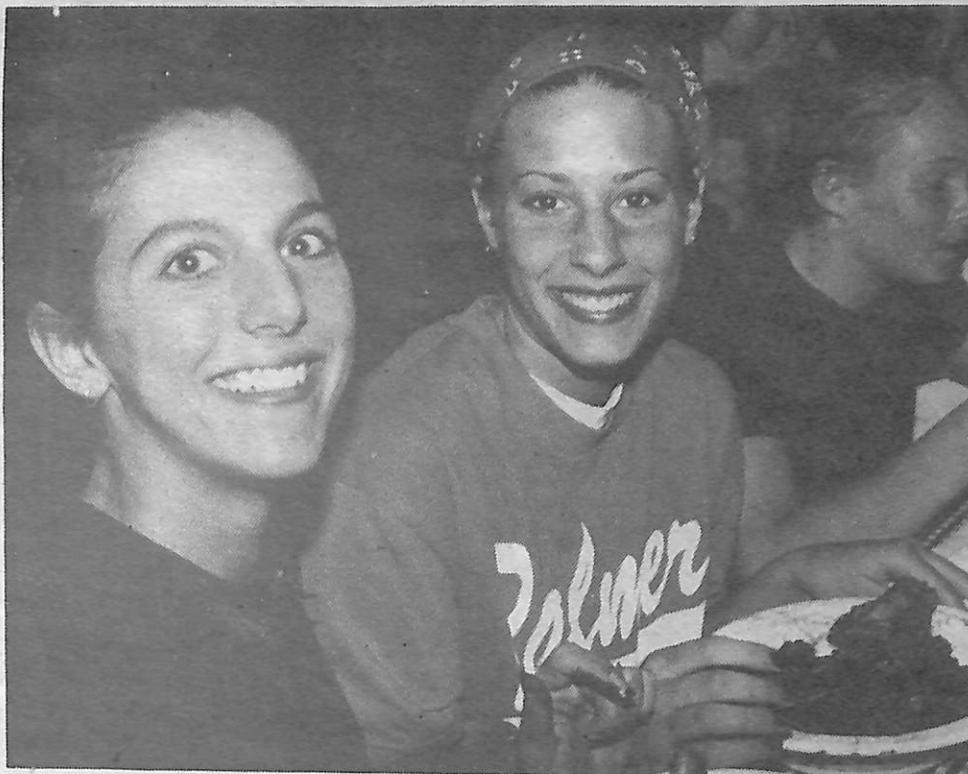


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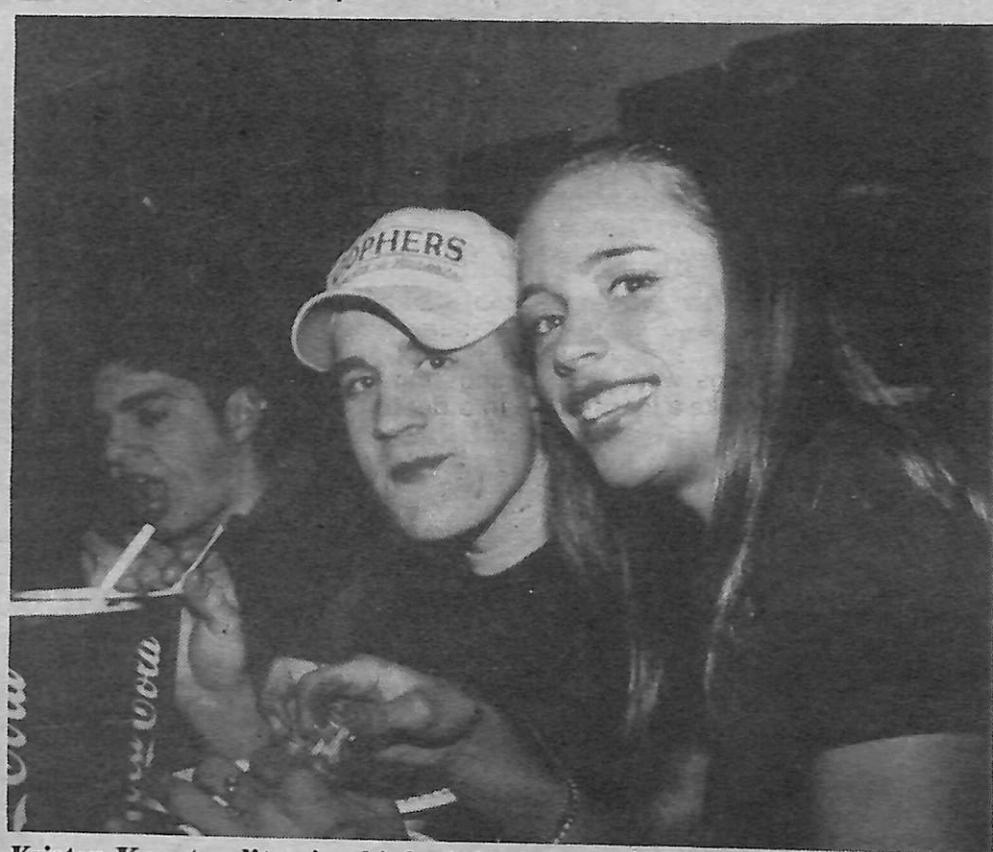
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## AHS Students "Wing" It For A Good Cause...



AT E.B's Specialty Chicken Restaurant on Walnut Street Extension, members of the Agawam High School *Mirror* (newspaper) and *Sachem* (yearbook) recently competed in a wing-eating contest to raise money for Easter Seals. When all the "chowing down" was done, over \$600 was raised by the students. IN LEFT PHOTO: Yearbook staffers Amanda Galluzzo, Diana DiStefano, and Kate Shannon. IN RIGHT PHOTO: Allison Nowell and Jenna Shea. Advertiser News photos by Kathy Shepard.



IN LEFT PHOTO: "Are these wings really hot?" asks Kristen Kocot, editor-in-chief of the *Mirror*. IN RIGHT PHOTO: Eric Mancini, Bob Woods, and Kaila Larivee don't mind getting their fingers dirty at E.B.'s. Advertiser News photos by Kathy Shepard.

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# BINGO

FRIDAY NIGHTS - IMMACULATE CONCEPTION  
475 MAIN STREET, WEST SPRINGFIELD

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- ◆ Early Birds 6:45 P.M.

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### Shooting Star Dance Center

**Summer Two-Day Mini Camp**

**July 10th & 11th, 10:00 a.m. - 4:00 p.m.**  
or come join our five-week summer class program & meet some new friends. Try something new!!  
**Tuesdays, July 11th — August 8th**

For further information, call

**Shooting Star Dance Center**

297 Springfield St., Agawam  
**(413) 786-0660**

Sign up for any summer program and receive a \$5.00 coupon off your fall registration.  
Come see our annual recital held on Saturday, June 17th, at 1:00 p.m. at Central High School in Springfield. To purchase your tickets, please call 786-0660. Hope to see you there!!

\*\*\*\*\*



**From The  
AHS Guidance  
Office...**  
**by Judy Cohen**  
Agawam High School  
Guidance Counselor

### The Clean Slate

Yesterday, I was in a store and saw some little babies sleeping peacefully in carriages. Later, I saw another baby who was wide awake, peering around, and seemingly content. How innocent! How hopeful! How secure! I began to muse about a baby's being and what happens as that baby grows.

Looking at the same child at perhaps four, what would I see? Perhaps I would see a child displaying fits of anger; perhaps I would see a child filled with a sunny disposition; perhaps I would see a child filled with boldness; perhaps I would see a child filled with shyness. Why would there be such variations?

To me, a child is like a lump of clay. It's there waiting to be molded and shaped. Experiences -parents' interactions, peers, and other happenings that positively and adversely affect this child - become part of the molding process. Another analogy would be a chalkboard. It is clean until things are written on it. Then, its appearance becomes altered.

Let's look at Susie and this last analogy. She was born with a clean slate into a home of caring parents. Her wants were met, love was bestowed, and she received a lot of positive reinforcements. Yes, she did receive discipline, but it was always accompanied by love.

Her slate was being imprinted with positive marks and her countenance clearly reflected that fact. When she went to school, she was quick to raise her hand and voice her opinions. Her teachers were encouraging and used a lot of positive reinforcements. She interacted well with her peers. Yes, Susie was on a good path. Her slate shone forth with acceptance, love, and a wonderful sense of well-being.

Now, we will look at Steve. He, too, was born with a clean slate. However, he was brought home to a house that was filled with discord. His parents and siblings were always shouting. He found he had to make a lot of noise in order to be heard and get their attention. When he went to school, he would speak out in class even when he was not called on.

On the playground, he would fight with the other pupils. He wanted his own way and was not willing to make any compromises. Of course, his behavior caused others to avoid him, which just intensified his anger and negativity. In class, he would take it personally when the teacher would try to correct him.

Unfortunately, his slate was being filled with such negativity that he was projecting that to everyone around him. Steve, unlike Susie, was not on a good path. Unless the negatives could be erased from his slate and the positives added instead, Steve would continue to be an unhappy camper. Eventually, he would display more anger or his anger would be turned inward and he would become depressed.

These scenarios show clearly how important it is for all those with whom children come in contact to remember that they are putting marks on the children's slates, marks that will affect and alter the course of their lives.

Therefore, it is important for people to consider what types of marks they choose to make. If the marks are positive, the happy babies will have a good chance of becoming contented youths, adolescents, and adults who will positively contribute to society.

If the marks are negative, the happy babies may become unhappy youths, adolescents, and adults. Therefore, think before you "Write" on the chalkboard of your child's life. Treat the chalk with care. Unfortunately, unlike a chalkboard, what is imprinted on a child is not so easy to erase.

### AHS Band Pancake Breakfast At Middle School On May 21st

The Agawam High School Band will be holding a pancake breakfast at the Agawam Middle School on Sunday, May 21st, with the help of the Agawam Lions Club.

All proceeds will go to the AHS Band. Tickets will be \$4 for children under 12 and seniors, and \$5 for adults.

The breakfast will be held between 9:00 a.m. and 12:00 noon.

— ADVERTISER NEWS —

### Two Retiring Middle School Teachers To Be Honored At Party

A retirement party for Agawam Middle School teachers Nancy Hellquist and Evelyn Lester will be held on Wednesday, June 14th, in the Carriage House at Storrowton Tavern, West Springfield.

A social hour (cash bar) will begin at 6:00 p.m.; dinner will be served at 7:00. Cost is \$30 per person, dinner and gifts included. Choices of entree include baked Boston scrod, boneless breast of chicken, or roast sirloin of beef.

Reservations must be made by Tuesday, May 30th. Please send your check (with your dinner selection written on it) to Gloria LaRiviere, Secretary, Agawam Middle School, 68 Main Street, Agawam, MA 01001.

### Retirement Party For AHS Teachers Slated For Thursday, June 8th

A Retirement Party for Ed Merrill, Bev Pasternak, Gerry Smith, and Rosemary Stratton will be held on Thursday, June 8th at Chez Josef.

A Social Hour will be held at 6:00 p.m. and dinner will be served at 7:00. Tickets are \$35 each. The price includes gifts and dinner choice.

Tickets may be purchased from Al Baggetta, Pat Bertone-Gross, Arlene Mazza, Wayne Morse, and Jim White.

Contact Arlene Mazza at Agawam High School for further information. Reservations must be made by May 26th.

### Ag. Middle School Counselor's News

**by Thomas F. Dacey**  
Middle School Counselor

The coed intramural softball program began at the Middle School on May 16th. Both fifth- and sixth-grade students are participating in the program. Competition is among homerooms. The games are played after school, and the students who participate are allowed to ride home on the regular late busses.

It is important for parents to know that Special Reports which warn of poor academic progress and other problems were issued on May 12th at

the Middle School. The parents of the students who received a Special Report are asked to please sign and return it to the school as soon as possible.

Since the school year is rapidly coming to a close, parents are advised to monitor their children's progress carefully. Timely completion of homework and regular school attendance cannot be overemphasized.

### Suburban — CYO Boys' And Girls' Basketball

### Sign-Ups Agawam Athletic Association

**Tuesday,  
May 23rd**

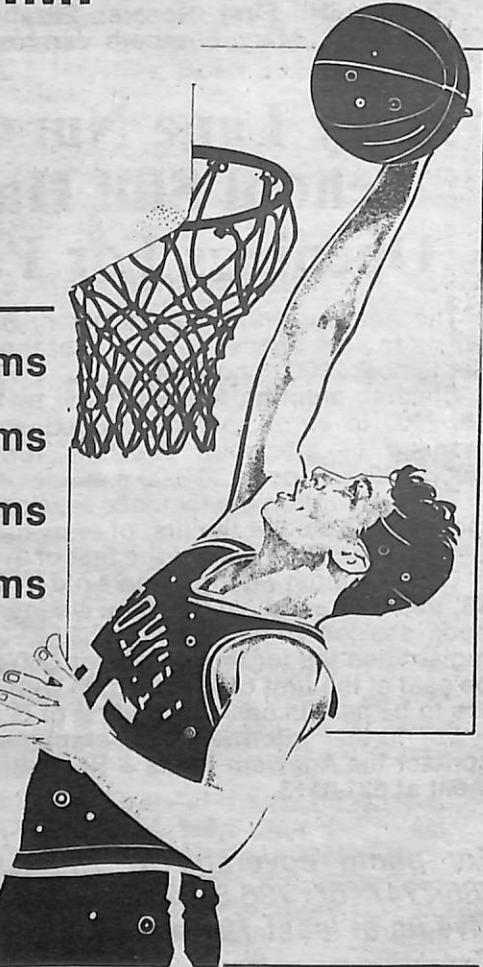
**Captain Charles Leonard House  
Agawam Center  
6:00 To 8:00 P.M.**

(No Registration Fees At Sign-Ups)

**The Agawam Athletic Association  
Has Sponsored The Best In Youth  
Basketball For Over 25 Years. Sign  
Up For The Following Age Brackets.  
Tryouts Will Be Held In September.**

- 7th/8th Grade Boys' And Girls' A Teams**  
(Suburban And CYO)
- 7th/8th Grade Boys' And Girls' B Teams**  
(Suburban And CYO)
- 5th/6th Grade Boys' And Girls' A Teams**  
(Suburban And CYO)
- 5th/6th Grade Boys' And Girls' B Teams**  
(Suburban And CYO)
- 3rd/4th Grade Boys And Girls (CYO)**

**For More Information, Call:  
Bob Hersey, AAA President,  
At 786-2979  
(Between 12 Noon And 4 P.M.)**



*At Holyoke Community College...*

## Science Building To Be Dedicated In Name Of Elaine Nicpon Marieb

Holyoke Community College will dedicate its science building in the name of Elaine Nicpon Marieb of Naples, Florida, formerly of Agawam, on Wednesday, May 24th at 11:00 a.m., in the Campus Courtyard outside of D Building.

After completing her doctorate in zoology at the University of Massachusetts, Dr. Marieb began her tenure at Holyoke Community College in 1969 as a professor of anatomy and physiology. Later, she enrolled in HCC's nursing associate degree program, in order to understand more fully the experiences of her students.

She was awarded the associate degree in 1980, went on to earn a bachelor's degree in nursing from Fitchburg State College in 1984, and a master's degree degree in gerontological nursing from the University of Massachusetts in 1985.

In addition to her long and distinguished career as a professor of biology, nursing, and anatomy and physiology, Dr. Marieb is also the author of several widely-used textbooks and laboratory manuals in Human Anatomy and Physiology.

Dr. Marieb is also one of the college's major benefactors, contributing generously to the Holyoke Community College Foundation to establish scholarships for deserving students. She is deeply committed to the faculty of HCC as well.

The Elaine Marieb Faculty Chair for Teaching Excellence, which offers the highest honor to a single faculty member each year, was established by her in 1991, and offers the recipient \$4,000 to support activities that further enhance his or her professional skills.

Those offering remarks at the dedication ceremony will include Dr. Marieb; HCC President David Bartley; Robert Gelinas, Chair of the HCC Board of Trustees; Francis Kane, Chair of the HCC Foundation; Gerard L'Heureux, HCC chemistry professor and 2000 Elaine Marieb Faculty Chair for Teaching Excellence; Daryl Fox, Vice President and Publisher of Benjamin Cummings Publishing; and Edward Brown, HCC professor of anatomy and physiology.

For more information about the Elaine Nicpon Marieb Building Dedication, please contact Michelle DeRusha, in the Holyoke Community College Public Relations Office, at (413) 552-2259.

## Area Students Attain Honors At St. Mary's High In Westfield

St. Mary High School in Westfield is pleased to announce the names of those students from the Agawam and Feeding Hills area who made Honors for the third marking period.

**SENIORS:** Second Honors: Andrea Stevenson  
**JUNIORS:** Second Honors: Sarah Zingarelli, Brendon Pohner, Keith Sullivan. Commendation: Anne-Marie Audette

**SOPHOMORES:** First Honors: Brianna Maroni. Second Honors: Taryn Albano, Aaron Wyman, Daniel O'Neill.

**FRESHMEN:** First Honors: Elizabeth Haire, Kevin Welch, Mary Elizabeth Jamroz, Johanna Masotti

## Perry Lane Nursery School Still Has Openings For Fall

The Agawam Perry Lane Nursery School continues to have spaces available for the upcoming September 2000 school year.

Children must be four years-old by September 30, 2000 to enroll in Monday/Wednesday/Friday morning or afternoon sessions running from 9:00-11:30 a.m. or 12:30-3:00 p.m.

The registration fee for these sessions are \$75 a month to be paid at the first of every month with a \$4 snack fee to be paid at the first of every month.

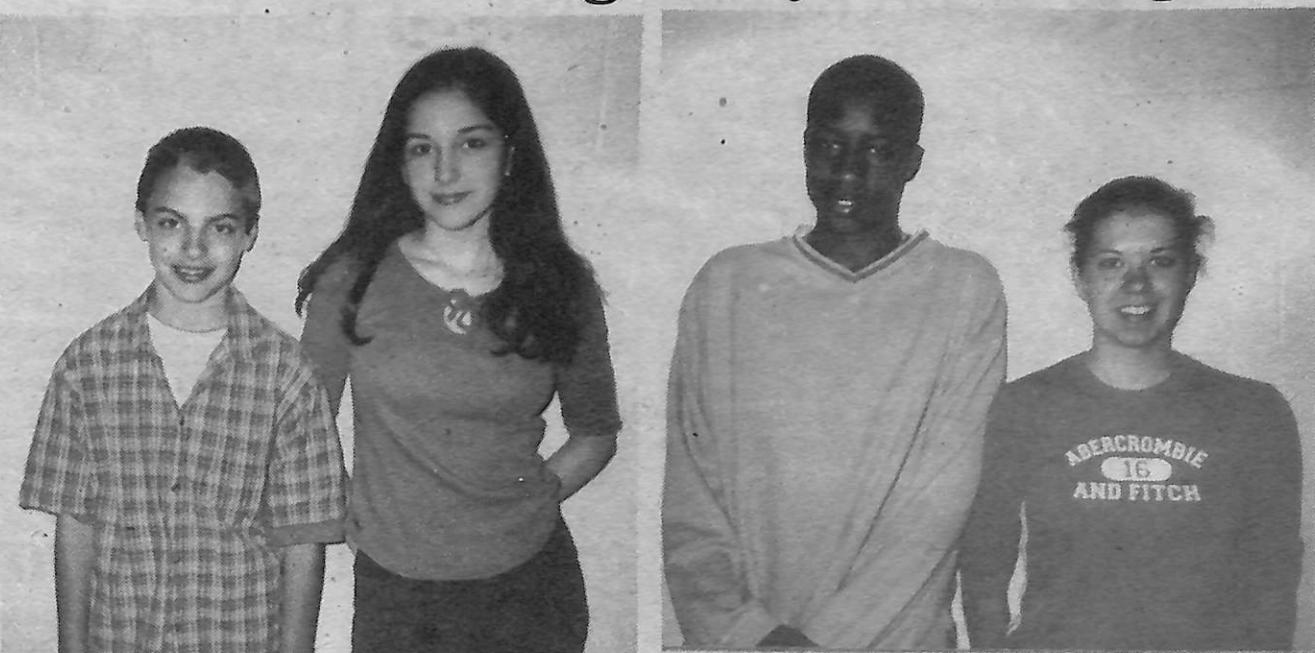
Children must be three years-old by September 30, 2000 to enroll in Monday/Wednesday afternoon session running from 12:30-3:00 p.m. The registration fee for this session is \$60 a month to be paid at the first of every month with a \$3 snack fee to be paid in cash at the first of every month.

For further information or enrollment, please contact the Agawam Parks & Recreation Department at 821-0513.

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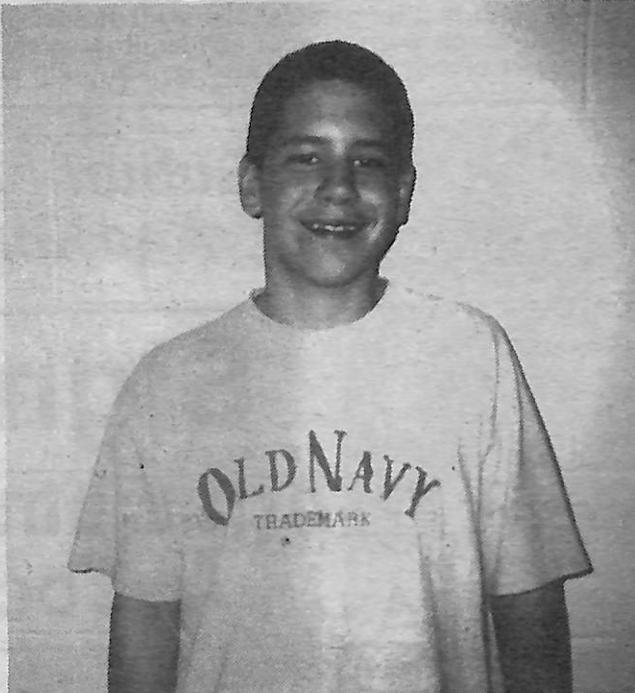
For photo coverage in The AAN, call 786-7747 or 786-8137; however, please give us at least 72 hours' notice...

## Honored Jr. High Phys. Ed. Pupils



THE FOLLOWING STUDENTS at Agawam Junior High School were recently recognized as "Physical Education Students of the Month" for April: seventh-graders Dave Zaffetti and Melanie Sampson (left photo), and eighth-graders Jawaan Wright and Ashley Smith (right photo). Advertiser News photos by Joan Lussier.

## Savings Bond Winner



BRANDON TASSONE, the March "Student of the Month" at Agawam Junior High School, received a \$50 savings bond. Advertiser News photo by Joan Lussier.

## Noted Art Student



NOELLE SERAFINO was recently named the "Art Student of the Month" at Agawam Junior High School. Advertiser News photo by Joan Lussier.

## In The Year 2000... ... Still A Great Pizza!

### Bruno's Pizzeria

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Feeding Hills



Grinders And Calzones!

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## Sports

# "Running" On All Gears For AHS...



**PICTURED ABOVE ARE THE MEMBERS** of the Agawam High School girls' track team for the 2000 season. Sitting with the athletes are Coach Dean Vecchiarelli and Assistant Coach Dan Pryce. **Advertiser News**  
photo by Dave Rollins.

PVIAC Meet On Saturday...

## Girls' Track Team Crushes 'Hamp To Finish At 7-2

by Dave Rollins  
Sports Editor

The Agawam High girls' track team crushed visiting Northampton High Monday afternoon at Harmon Smith Field, 120-25, to finish up their regular season with a record of 7-2, one better than last year's 6-3 mark.

As it stands now, according to assistant Coach Dan Pryce, Agawam has 33 spots in the PVIAC Individuals, which will be held on Saturday, May 20th at the new Longmeadow High School track and field facility. "We're represented in every event but the two-mile," he noted.

It was a tour de force for the Brownies, as they finished first in 15 of the 17 events. Junior Laura Bucalo, sure to be a force in the individuals and the Western Mass. Tournament on May 29th, had a shot put of 32'6" for a win and a personal best for her. Junior Bianca Chase was second (30'1") and Aimee Piccin took third at 24'6".

All-Western Mass. and All-State senior performer Kerry McGeoghan took the high and triple jump. Freshman Shannon McDyer came in second in the high jump (4'8") and sophomore star Kelly Cassidy was second in the triple at 32'9". Another member of Agawam's talented freshman class, Andrea Babbin, was first in the long jump (15'7"). Cassidy was right behind at 15'2". Junior Ashlee Lorraine took the pole vault with a height of 7'6".

Freshman Jodie Pfau was third in the mile at 6.32.9 in only her second attempt in that event.

She normally runs the 800 and has experienced great success in that event for just being a freshman. Junior Amy Jensen (6.03.7) took that event.

The Siedlik sisters, Valerie (junior) and Allison (freshman) finished first and second, respectively, in the 400 at 68.5 and 70.8.

The 300 hurdles had a Brownie on top - Cassidy (51.1). McDyer grabbed a fourth at 56.6.

In the tough 800, another freshman, Kaitlin Sardella, took the top spot (2.45.9). Jensen was second at 2.47. Cassandra Grecco came in third (2.48.6) as Agawam swept that event.

The 200 saw freshman Danielle Cirillo grab the win at 28.8. Coach Dean Vecchiarelli complimented the kid. "That's the best she's run all year," he said. Pryce had something to do with it. "We worked hard the other day on Danielle's technique in the 200. It paid off," he said. Third place went to Shannon Mahaney (30.9).

Frosh Angela Buendo won the 100 meter dash and frosh Andrea Babbin also placed.

The 4x400 went to the Agawam team of Allison Siedlik, McDyer, Jackie Bennett, and anchor Valerie Siedlik (4.49.1). Valerie took the baton 30 meters behind her Blue Devil opponent and sprinted to make up the difference.

The 4x100 relay team of Buendo, Ashley Lorraine, Cirillo, and Babbin also were victorious.

\* \* \* \* \*

**IT WILL BE HERE BEFORE YOU KNOW IT:** The AAN's annual "Graduation Issue" will be published on Thursday, June 22nd, featuring coverage of AHS and collegiate graduates and this year's scholarship recipients.

Boys' Track...

## AHS Falls To Chicopee Comp In Season-Ender

by Dave Rollins  
Sports Editor

The Agawam High boys' track team finished up its season with a 101-35 loss at Chicopee Comp, running its final record to 4-5. Now, the Brownie boys will focus on the PVIAC Individuals and the Western Mass. Tournament.

In the Comp meet, Ian Hogan had a personal best of 17.7 in the 100 hurdles, which was good enough for a third-place finish. Hogan will represent the Brownies at the Individuals in the hurdles, pole vault, and high jump.

Other kids headed to host Longmeadow High for the Individuals on Saturday include Tony Goodrow in the two-mile; Brian Benson, discus; and Adam Tapply, the 100. Tapply, just a sophomore, took a third (12 seconds) in the 100 against Comp and also long-jumped (17'7") for a second in that meet and a total of four points (which, according to Coach Bill Dillon, is the best showing he's had as a member of Agawam High track and field).

Other Brownie boys headed into the post-season include junior Ryan Malanson (Individuals and Western Mass., shot and discus); senior Justin Mercieri (Individuals, javelin; Western Mass., discus); junior Chris Tedone (Individuals, 300 hurdles; Western Mass., 400); junior Adam Sprague (Individuals, 300 high hurdles); junior Phil Sampson (Individuals, javelin); junior Steve Messina (Individuals, 200, long jump, and triple jump); and sophomore Brian Michel (Individuals, high jump and pole vault; Western Mass., high jump).

Joe Prova, a freshman pole vaulter (9'6"), will compete at Longmeadow. Freshman Mike DeFilippi will be there to represent the Brownies in the mile. Rick Gardner, a sophomore, is an individual competitor in the 800. Senior veteran Barry Ward will be at Western Mass. for his times in the 100 and 200. He'll also be in the Individuals in those events.

Dillon had this to say about the 2000 edition of Agawam boys' track: "We went from 2-5 to 4-5. We're going to have a lot of kids coming back. Right now, we'll concentrate on the Individuals. There's a good chance that some of our kids will do well enough there to make it into the Western Mass. tournament."

Baseball vs. Cathedral...

# AHS Wins Intense Game Over Panthers

by Dave Rollins  
Sports Editor

There were times when the great Ernie Banks of the Chicago Cubs used to say, "What a great day for baseball. Let's play two."

Well, that's almost the way it was Tuesday afternoon at sunny Harmon Smith Field. Agawam High and Cathedral High played close to a doubleheader before a Derek Mercadante single in the bottom of the 13th inning drove Aaron Gilbert home for a 5-4 win. If you were a fan, especially one of intense schoolboy competitions, it was four-plus hours of baseball bliss.

"We never needed a win like we needed this one," Coach Pete Clark smiled. "I think it told our kids that if you just hang in there, good things can happen."

How good? Agawam, the defending Western Mass. champs, with the victory, stood at 10-6, 3-1 in the league, which gets them back into the tournament. Cathedral, already in, came away at 11-5, 2-2.

Coach Pete Clark started ace Brian St. Jean. As usual, the scouts (maybe half a dozen) were there, jugs guns at the ready. They really didn't get St. Jean's "A game" in this one, despite the fact that he dusted nine Panthers. The senior also walked five and gave up three earned runs before leaving after seven innings of work.

Junior Marc Barcomb would replace him and pitch six scoreless innings of relief to record the riveting win.

#### Locals Score In The Opening Inning

Agawam scored in the opening inning. Aaron Gilbert walked. Then two straight singles off the bats of Brandon Donovan and St. Jean (RBI) drove the Brownie centerfielder across the plate.

The Panthers retaliated with one in the fourth on a walk, stolen base, and a single. St. Jean, working around that run, managed to strike out the side. (A note: if the gun guys were there to check St. Jean's heater, they were probably a bit disappointed, because he was showcasing that drop dead changeup along with the fastball.)

*After Defeating Northampton...*

## Boys' Lacrosse Team Clinches Conference Crown

by Dave Rollins  
Sports Editor

Four short years ago, the Agawam High boys' lacrosse team went from a club sport to the varsity level. They were a raw, inexperienced group in 1997, looking for opponents — and an identity, as well — in a Western Massachusetts lacrosse world (although small) inhabited by deadly denizens like Longmeadow High, Minnechaug Regional, South Hadley High, and Westfield High.

They went 0-14 that first year, but never gave up their vision. So, it is fitting that the team, under the tutelage of head Coach Nick St. George, enjoyed all the fruits of its labors when it beat visiting Northampton High on Tuesday afternoon, 9-3, at Harmon Smith Field to win the Valley Wheel crown.

It was a sweet victory indeed. "We played a super game against a very good team. We only had two penalties because every one of our players was totally focused and locked into the game," St. George smiled.

As well as the Agawam offense played, St. George had to give kudos to his defense. "Yeah, they have been our heart and soul for so long. I have to mention three kids who've been with us for the four years: Kevin Grealis, Matt Poirier, and Shawn Gloster. They were on the first varsity squad."

Then the coach added to the list: "I have to honor some other kids, the other seniors — Matt Sharp, Brandon Blackak, Brian Gilhooley, and Tony Ruscio." (Ruscio would have three goals in the 'Hamp win.)

But he came back to the defenders once again. "We also have three juniors who stepped up all year long: Greg Boisvert, Joe Lancour, and Bryan Lavin."

Attacker Travis Cowles, Jr. also had three goals for the Brownies (the first three of the junior's career after being called up).

Agawam now stands at 9-4, 7-0. They still have some games left: at home against Hoosatonic this Friday; South Hadley next Tuesday; Amherst a week from Friday (May 26th); and a tough season-ender at Minnechaug on Thursday, June 1st.

Cathedral scored two more in its half of the fifth that came off a single on a misjudged hit that went for a triple and a fun-scoring passed ball.

Agawam tied it up in the bottom of the fifth. St. Jean got the first one back when he slapped a towering, opposite field homerun over the chain link fence in right. What made the poke even more prodigious was the fact that it wasn't in St. Jean's power alley and still had a charge in it.

Junior Tony LeClair, about as dependable a player as you're going to find anywhere (he was coming off that five-hit, two-homer triple and seven runs batted in, 19-3 win over Central the previous day), singled and took second on a wild pitch. Mercadante then doubled LeClair home.

It was three-all in the seventh. Then, old friend Mike Martin, a Feeding Hills resident, playing right for the Panthers, tripled to the right-center fence. He scored on an error to give his club a 4-3 lead.

#### Gut-Check Time...

It was gut-check time for the Brownies. And the kids came through when the bats were put back in their hands. Donovan blooped a single to short right. St. Jean squibbed a ball down the third base line and beat out the throw for another single. LeClair then drilled one to left, scoring Donovan and tying things at four. A double play and a strikeout ended the Agawam uprising and sent things into extra innings.

Barcomb was on the hill to start the eighth. Barcomb was looking to erase the bitter memory of his outing in that 2-1 loss to Holyoke, when he came in to relieve Derek Mercadante in the seventh and threw what they said was a wild pitch for the winning Knights' run. (It was a passed ball all the way.)

Be that as it may, Barcomb needed this one. And Clark agreed. "I have a great deal of confidence in him. We all knew he could do the job. That's why he got the ball."

Barcomb shut the hard-hitting Panthers down the rest of the way, giving up five hits while striking out three and walking one.

The extra innings were highlighted by some outstanding defensive work by Donovan at short, who at times looked like the spirit of Ozzie Smith had suddenly taken up residence in his lanky frame.

Barcomb got the side in order to start the 13th. By now, the faithful, perhaps copping a look at the coming full moon rising over the tennis courts (could the night be far behind?), were barking for their kids to close it out.

They did just that. Gilbert drew a one-out walk and stole second on Mike Martin, who'd come on to pitch for the Panthers in the ninth. A Donovan ground-out to short moved Gilbert to third. Now the gears began to grind in the head of Cathedral Coach Bob O'Herron. St. Jean, out since the seventh, was eligible to come back and take his regular place in the batting order, which was right behind Donovan. O'Herron saw the way things were. St. Jean had burnt him earlier with that homer, so St. Jean was walked intentionally.

Next up was LeClair - another serious guy with the stick. LeClair also received the free pass, loading the bases. That left it all up to Mercadante. The senior didn't disappoint, driving a Martin fastball back up the middle and over the second base bag into center, sending Gilbert home for the 5-4 Agawam win.

**BROWNSIE STATS:** Gilbert - 0-6, 1RS; Donovan - 2-6, 2RS; St. Jean - 3-4 (HR), 2RBI, 1RS; LeClair - 2-4, 1RBI, 1RS. Mercadante - 2-6 (2B), 2RBI; Harlin - 0-3; Chechile - 2-5; Pearson - 0-4; Federico - 0-5; Barcomb - 1-1; Rheault - 0-3.

**PITCHING** - St. Jean: 7IP; 5H; 4R; 3ER; 5BB; 9SO; 3.00ERA. Barcomb (w): 6IP; 5H; 0R; 0ER; 1BB; 3SO; 0.00ERA.

**CATHEDRAL:** 4R; 9H; 2E; 10LOB. AGAWAM: 5R; 12H; 1E; 15LOB.

*Boys' Track vs. Sci-Tech...*

## Brownies Defeat Visiting Team From Spfld. Sci-Tech, 93-52

by Dave Rollins  
Sports Editor

The Agawam High boys' track team beat visiting Sci-Tech last week, 93-52, thus raising its record to 4-4 on the season.

The Brownies have been hampered by numbers, or lack of them, all season long. In the Cyber Cats, they met a team that also could have used more bodies as well.

Besides some first-place finishes, Agawam also had some good performances from kids who just missed. The pole vault had three Brownies take the top three places - Brian Michel (9'6"), Ian Hogan (9'), and Joe Prova (9'). Okay, so Tech didn't have any vaulters.

Agawam Coach Bill Dillon explained. "The pole vault is new around these parts, only above five or six schools have it in their track and field programs." Agawam picked up some much-needed points there.

However, at this writing, no Agawam pole-vaulter has qualified for Western Mass.

It was four Cats against one Brownie in the triple jump. And the visitors prevailed. Agawam's Steve Turner came in fourth with an effort of 33'9 1/2".

Sci-Tech was first in the long jump. Steve Messina took a second with a leap of 18'6".

Michel grabbed a second in the high jump (5'8"). Hogan qualified for the individuals with a third-place finish (5'6") in that event.

Anthony Goodrow finished first in the two-mile at 11.32. Teammate Steve Atkinson, a freshman, was second with a time of 11.44.

Hogan was second in the high hurdles (18.1, tying his personal best). Freshman Ryan McGurn took third (22.9). Despite the fact that only three athletes competed, the kids showed some guts, getting up to finish after falling over the second hurdle.

Veteran senior Barry Ward, riding a big kick, took the 100 (12.3). Al Santaniello's time of 12.8 saw him come in fourth.

Mike DeFilippi, a promising freshman, won the

mile in 5.16. Atkinson was third (5.29.7). Goodrow managed a fourth (5.29.9).

The team of Hogan, Michel, Adam Tapply, and Turner ran second (50.8) in the 4x100.

Steve Messina (58.5) and Tim Chretien (60.1) were second and third, respectively, in the 400.

Junior Chris Tedone's first-place finish (45.3) in the 300 hurdles got him into this weekend's individuals. McGurn (51.0) was third.

#### The Toughest Track Event

Dillon calls the 800 meters (1/2 mile) the toughest track event. "It's one that isn't aerobic, but more anaerobic. In other words, because of the almost flat-out pace, before the end, your body becomes starved for oxygen. I used to run it during my track career. Things become very painful towards the finish." Agawam sophomore Rick Gardner won in a time of 2.22 flat. DeFilippi took fourth with a 2.36.3.

Ward was several yards behind in the 200, but he once again used his big finish to win that event (24.6). Isidro Aguinaga, Jr. came in fourth (26.5). Santaniello was fifth (28.2).

The Agawam team of Steve Messina, Adam Sprague, Chretien, and Tedone took the 4x400 in a time of 4.03.0.

Over in the field events, Agawam dominated. Ryan Malanson took the shot (41'3 1/2"). Matt Picard, a sophomore, took second with a put of 35' 11 1/2". Justin Mercieri spun a first-place finish in the discus (120'2"). Junior Brian Benson came in second (108'11 1/2"). The javelin saw another Mercieri win (135'). Junior Phil Sampson (134'3") was second.

When it was over, Dillon, who had a 2-5 team last year, was pleased with the win. But he knew they would have a tough time Monday, May 15th up at Chicopee Comp. "They are a very good team and stand between us and a winning season," he noted.

*Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter.*

## Weary Brownies Bitten By The Terrier Softball Team, 7-2

by Dave Rollins  
Sports Editor

The Agawam High girls' softball team had just gotten back from its annual sojourn to Cape Cod and a tournament down there. They lost two straight.

"We played well, though," Coach Deb Lickley said.

So, after a four-hour drive and maybe a restless night's sleep, plus school, they had to face an ancient enemy — that's right, West Springfield High School — on Monday afternoon at Harmon Smith Field.

It was a trip from the frying pan into the fire. The Terriers, dog-tough again this year, beat the always-tough Brownies, 7-2.

Agawam fell to 11-5 and 3-2 in the League. West Side went to 11-3-1. It might be worth noting that these two teams will meet on Friday, May 26th, at West Springfield. It will be the final game of the regular season for both clubs.

West Springfield got all it would need in the first inning. Sophomore Kate Ludwig, as she has been for most of the season, was in the circle for AHS. She walked the leadoff hitter, gave up a single, got the next hitter to fly out, and then experienced more problems.

A single off the bat of Veronica Patrick drove in two runs. Alli Walker rapped a single, driving in Patrick. Ludwig then drilled designated hitter Lindsay Valliere, and there were Terriers on first and second with one out. A walk saw the sacks full. Beckey Dondi pushed a single to left, scoring two more runs. When it was over, the guests led 5-0.

Ludwig settled down after that. But, as Lickley would note, her offense seemed to sleepwalk for the duration of this game. Down by five, they briefly came alive in the fifth.

After catcher Dianna DiStefano grounded out, outfielder Jen Lyman blooped a single to second. Then All-Western Mass. shortstop Jill Gendron stalked into the box. The junior laced a Kerry Farrell fastball to the left-center gap, which went for a two-run homerun.

But the Brownies went back into their cocoon after that. Farrell shut them down and her mates got a couple more runs, one in the sixth and another in the seventh.

**BROWNIE STATS:** DiStefano - 1-4; Lyman - 1-4, 1 RS; Gendron - 2-4, HR, 2 RBI, 1 RS; Clark - 0-2; Conte - 0-3; Bishop - 1-3; Bienia - 2-3; Taylor - 1-3; Burke - 0-3.

**PITCHING:** Ludwig (L) - 7 IP, 7 H, 7 R, 7 ER, 6 BB, 4 SO, 7.00 ERA.

## Agawam High Loses A Defensive Duel Versus Purple Knights, 2-1

by Dave Rollins  
Sports Editor

Take two very good teams, put them in Holyoke's MacKenzie Field on a fine spring night, and you have the perfect recipe for baseball. So it was last Friday evening when the Brownies invaded the Paper City for a game against the Purple Knights.

Agawam lost a defensive duel, 2-1. But they did have their chances to put one in the left-hand column. They scored their lone run in the first inning. Aaron Gilbert drew a leadoff walk. Brandon Donovan struck out.

Then Brian St. Jean, the designated hitter this night, drove a ball towards the left-center gap. Gilbert was crossing the plate when St. Jean, always an aggressive runner, decided to stretch a bona fide double into a "think I can triple." The senior was nailed on a good relay from center, to second, to the hot corner.

Coach Pete Clark tabbed Derek Mercadante as his starter and Mercadante did the job for the most part. He gave up Holyoke's first run in the third inning. With two outs, he allowed a walk. Then, in an attempt to pick off the runner, he threw the ball wide to first baseman Tony LeClair and ended up holding a man at third base. A two-out double by the Knights' Chris Rose was more than enough to get the run home, tying things at one apiece.

Agawam had a chance to regain the lead in its half of the fourth. LeClair reached on a throwing error from short. Mercadante then hopped a slow roller to second. Holyoke went for the double play, but LeClair was safe and Mercadante beat the return throw to first.

Then, freshman Matt Rheault popped to the catcher and Jack Pearson struck out. The opportunity came about when Brian Chechile slapped a single to short right. LeClair rumbled around third and headed home. The throw in had LeClair by three feet and the junior was gunned down.

"If I'd run over the catcher, I'd have been ejected," LeClair said later, echoing the high school rule that no runner headed for the plate will pull a Pete Rose in an attempt to separate the catcher from the ball in the pursuit of a run.

### Some In-Your-Face Pitching

Holyoke raised a challenge of its own in the bottom of the fourth. Only some in-your-face pitching from Mercadante got the Brownies out of that jam. Two straight singles and a double steal saw Knights at second and third with no outs. Mercadante, back against the proverbial wall, then

pinned his ears back and dusted three in a row. While Mercadante was pitching well, his counterpart on the bill was having a game of his own. Holyoke right-hander Nick Grass (6-0) quietly went about his business and ended up allowing six Agawam hits. The ace also punched out eight and walked four.

Agawam's last best chance came in the top of the seventh. With one out, Chechile, who had a satisfying night at the plate (2-3) and in the field, slapped another single to right. Junior catcher Corey Federico enjoyed a good at-bat and drew a walk. However, the next two Brownie hitters went down and it was Holyoke's turn to try for the win.

Mercadante admitted later that his tank was empty in the seventh. He walked the leadoff hitter (Joe Westcott) on four pitches. A sacrifice bunt saw Westcott move to second. Holyoke Coach Tom Brassil then sent in junior Gabe Reyes to run for Westcott. He also had a pinch-hitter in the box. Mercadante then uncorked a wild pitch and Reyes raced to third.

Another walk saw Knights at first and third with one gone. The walk was enough for Clark. He sent Mercadante to the dugout and called on junior Marc Barcomb to put out the fire. Barcomb, usually a steady pitcher, suddenly contracted a bad case of the yips and hurled one into the dirt in front of Federico. Federico, who routinely digs balls out of the dust, couldn't quite get a handle on this one. It went to the screen and Reyes came home, giving Holyoke the 2-1 win.

"We can't keep losing games by a run," Clark would say, while agreeing that it was an excellent game. We would imagine it would have been more excellent for the coach had his kids won.

**BROWNIE STATS:** Gilbert - 0-3, 1RS, 2SB; Donovan - 0-3; St. Jean - 1-3 (2B), 1RBI; LeClair - 0-3; D. Mercadante - 1-2; Rheault - 2-3, 1SB; Pearson - 0-3; Chechile - 2-3; Federico - 0-2.

**PITCHING:** D. Mercadante (L) - 6 1/3 IP; 4H; 2R; 2ER; 6BB; 3SO; 2.21 ERA. Barcomb: 2 1/3 IP; 0H; 0R; 0ER; 0BB; 0SO; 0.00ERA.

**BROWNIE NOTES:** The varsity brought up freshman Matt Rheault because of his bat. He played the very difficult leftfield at MacKenzie Friday night, where the lights can drive you crazy and did well there. He had two off-field singles from the seven hole. "He can hit. That's why he's here," junior varsity Coach Chris Chechile noted.

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Profile...

## Pam Gervais Is Part Of An Ever-Improving Lacrosse Team At AHS

by Dave Rollins  
Sports Editor

Pam Gervais has been an unsung yet important member of the Agawam High girls' lacrosse team this season. Recently, the senior took some time out to discuss her days as an Agawam student-athlete.

Pam turned 18 September 10th. She has spent four years at the High School. Currently, her curriculum includes AP English, first-year French, AP biology, advanced honors math, and psychology. She is in the National Honor Society and serves as its secretary. Pam is also in the Renaissance Club. She is the poetry editor for the school's literary magazine - The Uniqorn.

Geometry was her favorite course. Joseph Fitzgerald (history) and Linda Sasso (Spanish) are her top teachers. Pam will attend Quinnipiac College in Hamden, Connecticut this fall. Either biology or psychology will be her major. Quinnipiac is a Division I program, so Pam says she'll probably participate in athletics on an intramural level.

As for athletics, she played four years of soccer, three years of basketball, and three years of lacrosse for the Brownies. She missed a year in basketball and lacrosse because of knee surgery in her sophomore season.

Soccer is her favorite sport.

Her most memorable sports moment had to do with that knee. "I injured it in the eighth grade. The doctors said it was just a sprain. So, I kept playing every sport I could. But it always hurt and never seemed to get better. Finally, in my sophomore season, I had it looked at again. I was told I had a complete tear of my medial collateral ligament. Surgery was next. Things are okay now," she said.

American skier Picabo Street is her favorite



PAM GERVAIS

athlete. "I like her because she had the same injury as me," Pam pointed out.

The Agawam High girls' lacrosse team, under the leadership of veteran Coach Cindy Grieve, is a team enjoying constant improvement. Pam has a take on this year's club. "We are doing well. This is probably the best team we've had since I've been involved. The talent is here. We just have to use all of it the right way to be successful, which has been the case."

As far as food is concerned, Pam says she likes everything.

Blue is her favorite color.

Her favorite ride is a 1990 Honda Accord. "That's my car. It gets me where I want to go," she laughed.

She likes to kick back and relax anywhere her friends might be.

Her taste in clothes runs to the casual. "I wear anything that feels comfortable," Pam explained.

Dave Mathews and Pearl Jam are her favorite groups, both of which she has seen live on more than one occasion.

"Party of Five" is her favorite TV show. "The Sandlot" is Pam's favorite flick.

Petra is her mom. William is her dad. She has an older sister, Betsy (21), who is an Agawam High grad.

Pam says the people she admires most are her parents.

When it's all over at AHS, Pam hopes she'll be remembered as a good friend.

Girls' lacrosse Coach Cindy Grieve offered these remarks regarding this senior: "Pam is a hard worker who is constantly improving her game. She has been a part of the program's continued success and is a very coachable person."

Profile...

## Ian Hogan Displays Determination In His First Year In Track & Field

by Dave Rollins  
Sports Editor

Ian Hogan is a track standout for Agawam High School. Recently, the senior took a break to talk about his days as a Brownie.

He is 17 years-old, with a birthday that falls on August 11th. Ian stands 6'1" tall and weighs 175 pounds.

He has spent all four years of his secondary education at the High School. Currently Ian is taking English 12, psychology, integrated math, computer aided drafting, honors physics, and gym. Ian is an assistant baseball coach of an Agawam Babe Ruth baseball team, the Rockies.

His favorite course is psychology. His top teacher is Joseph Fitzgerald (history).

This September, Ian will be headed for the U.S. Marines. "I'm already in. Paris Island is where I'll be sent for my basic training," he said. Ian is looking forward to the challenge of the Corps. Serving in an armor is his first choice as a Marine. "They told me I did well in my aptitude tests, so maybe I can become a tank commander," the future leatherneck noted.

Ian was on the football team last fall. He has also played baseball and basketball. Baseball is his favorite with football a close second. His most memorable sports moment came on the gridiron against Chicopee Comp last year. "I caught my first varsity pass, a curl over the middle, for 13 yards," he noted.

Right now, Ian's efforts are concentrated on track. This is his first year in the sport. Already he has qualified for the upcoming PVIAC Individuals in the pole vault, high jump, and hurdles. Now he's attempting to qualify for the Western Mass. Tournament. Ian admits that in track, he discovered something he didn't know he could do. "If I'd taken this sport up as a freshman, who knows where I'd be at now," he laughed.

As far as the team goes, which at this writing was 4-4 (with a big one coming up at Chicopee Comp), he had this take: "Western Mass. has some very tough track and field programs. Agawam has a lot of enthusiasm for the sport and for the most part, we can compete."

Shepherd's pie tops Ian's menu.

Olive (in the military hue, perhaps) is his favorite color.

A Dodge Viper would be Ian's choice in wheels. His team is the Boston Red Sox. He likes the preppy style of dress and buys his

duds at Abercrombie & Fitch.

Everything but country and classical suits his taste in tunes. "Limp Bizkit" is his favorite group.

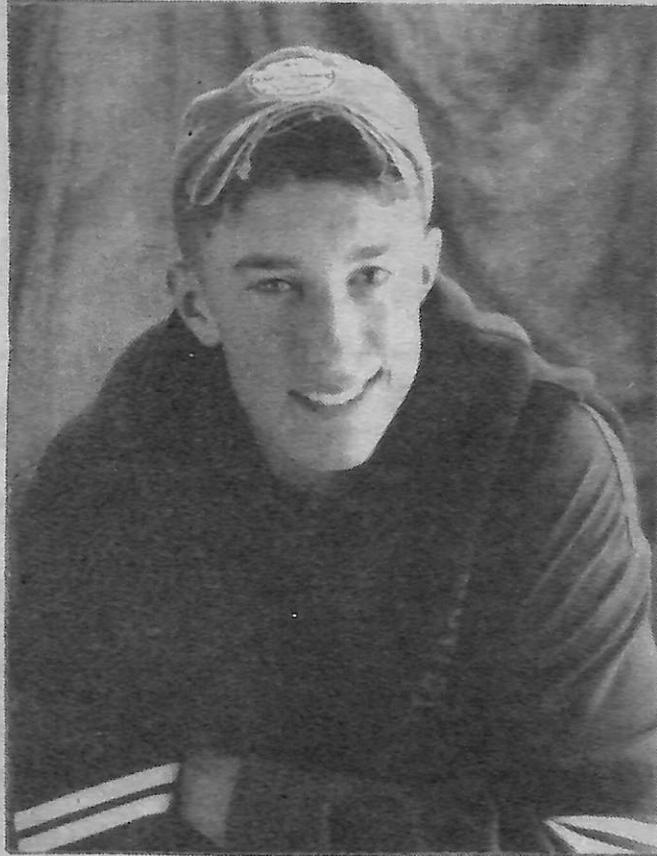
"Baseball Tonight" is tops on the tube for Ian. "Saving Private Ryan" is his favorite flick.

Shari is his mom. Larry is his dad. He has a bunch of brothers and sisters. Austin (4) and Gaby (5) are his half-brother and sister. Danielle (13) is his sister. Krystal (13) and Dustin (11) are his step-sister and brother, respectively.

Ian says he looks up to Brett Yvon, who is a former AHS student and plays hockey for the Junior Pics.

He would like to be remembered at AHS as a kid who made people smile. "I always feel good when I can do that," he said.

Boys' track Coach Bill Dillon had this to say regarding the senior: "Ian is a very hard worker and a determined kid. He has picked up some important points in several events for us. This is only his first year in track and field. I wish we had him for at least one more season."



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# Brownies Lose A Close One To The Bombers, 6-5

by Dave Rollins  
Sports Editor

It was hard to tell who was what last Friday afternoon, May 12th, up at Harmon Smith Field. Westfield had come calling for a boys' lacrosse game against the Brownies. Both clubs had a tale to tell. Agawam was just off an ultimate effort, a 4-3, four-overtime win against arch rival West Springfield on a 95-degree day.

The Bombers were trying to forget an 18-6 bombing, courtesy of Longmeadow. Both teams, in a way, were walking on their heels. Westfield got well (or at least a little better than the Brownies) with a 6-5 win.

Before the game, Brownie Coach Nick St. George said this game was for respect. They are two very good teams in different leagues - Agawam, in the Valley Wheel, is, at this writing, 6-3 overall, 4-0 in the Wheel. Westfield, in the Valley League, is 6-2 and 1-2.

## Locals Score First

Agawam scored first in this one on a hard shot 20 feet out on the right wing 2:18 in from midfield attacker Tony Ruscio. His goal was set up by some nice work courtesy of John Sikes and Vinnie Tirone.

The Brownies, a man short but up 1-0 a minute later, had a Bombers' rush beaten off by their defenders, led by senior veteran Brian Gilhooley and junior Bryan Lavin.

Westfield, however, was spending more time than was healthy in the Brownies' zone at the 5:20 mark. The effort paid off with a Bomber goal from the left point at the 6:11 mark and it was 1-1.

Agawam's next score came on what can only be called a "thinking man's play." Junior mid-attacker Jim Evans took the ball halfway up the center box - in perfect shooting territory, which is just what the Westfield defense thought. They pulled up. Evans faked the shot and drove down, ramming an unassisted clear ball into the goal to give Agawam a 2-1 advantage at the 7:05 mark.

Agawam seemed to be on a roll. Mike Tercyak, Evans, and Justin Gorman were on the move with 2:10 left in the quarter. One minute, 34 seconds remained when Tercyak, circling behind the Bombers' goal, busted out on the left point and launched. Agawam led, 3-1.

The first quarter ended that way. Agawam had six shots on the Westfield goal. The visitors managed three.

Agawam was on the fly to start the second 12 minutes. Tercyak, Ruscio, and Evans were working the Westfield box. The pressure was too much. Five minutes, 11 seconds in, after spending three minutes making life miserable for the Bombers' defense, Vin Tirone scored 20 feet out, making it 4-1, Brownies.

Westfield got one back 40 seconds later on a shot from 15 feet in front. That turn of events seemed to pump up the Bombers. At 6:35, Brownie keeper John DeCaro made a nice save on a hooked-up bouncer at his feet. Two minutes later, he stick-deflected a drive from the left crease. At that point, Westfield was outshooting the Brownies, 4-2.

The half ended at 4-2, Agawam. The Brownies had three second-half shots. Westfield came up with four.

## Play Getting Rough

Agawam almost scored 30 seconds into the second half off a melee in front of the Westfield goal. Play was getting rough. Maybe the West Side game, the roughest, both mentally and physically Agawam had played all year, began to take a toll, because the Brownies began to lose their intensity.

Westfield scored three straight goals at 6:23, 9:09, and 9:35 to lead, 5-4, which is how the third quarter ended. Agawam had two shots on goal. Westfield came in with five.

Westfield scored 1:33 into the fourth quarter and went up, 6-4. They would have had another one at the 4:22 mark, but it hit the crossbar.

Westfield, knowing it had maybe a hard-fought win against a good team, ratcheted up their defense then. Over the last half of the second half, they hit a little harder and marked the same way.

With 2:30 left, sophomore attacker John Sikes, off an assist from Evans, scored from 20 feet out in the left box to make it 6-5, Westfield. But a Bomber attack, coupled with an Agawam man-short situation with 60 seconds left on the clock, spelled disaster for the Brownies.

Agawam would have four fourth-quarter shots on net for a game total of 15. The Bombers checked in with four and a total of 16.

# Agawam High Gets The Better Of Chicopee Comp With 4-1 Victory

On Thursday, May 11th, the Agawam High School's girls' varsity tennis team defeated Chicopee Comp, 4-1.

In first singles, Kaitlin White began the Brownies' winning streak on this day with her 6-0, 6-1 clobbering of Dyan Cushing. It was obvious that White had no problems during her match.

Liz Stieg, in second singles, easily handled her opponent, Jessica Roy, as she was in complete control of things and chalked up a 6-2, 6-2 victory over Roy.

Not to be outdone by her teammates, Jen Leupo shined in the third singles contest with a 6-1, 6-2 win over Sarah Couture. According to Coach Mary Wolochowicz of the Brownies, "Jen played a much more controlled game than she

has in the past. She tried to slow herself down and keep the ball in play. It worked."

In first doubles, Kelly Webb/Jen Jutte of AHS defeated Megan Dietz/Christina Cox, 4-6, 6-2, 6-0.

"Kelly and Jen took a while to warm up and relax, and then the match was theirs," stated Wolochowicz.

The Brownies' only loss on this day occurred in second singles action, as the AHS duo of Brittany Shields/Kristine Berry fell to Heather McGrath/Aubrey Gomes, 5-7, 4-6.

"Brittany and Kris played well, but they made a few more mistakes than their Chicopee opponents did. This was the most evenly contested match of the day," said Wolochowicz.

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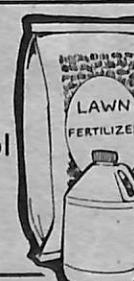
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Landscape Design & Planting

## Softball Clinic Slated For Saturday, May 20th, At Agawam High

Due to inclement weather on Saturday, April 29th, the Agawam Softball Clinic has been rescheduled for Saturday, May 20th, at Agawam High School.

The fee is \$12, and the clinic will run from 9:00 a.m. to 12:00 noon. The "clinicians" will be the present members of the Agawam High School softball team, as well as AHS varsity softball head Coach Debbie Lickley.

Coaches will be available to attend the players' clinic at various times throughout the morning. Participants should bring a glove, sweats, and indoor/outdoor footwear. (No metal cleats, please!)

The schedule of events for the clinic goes as follows:

\* Registration: 8:30 to 9:00 a.m., Agawam High School (fields two and three).

\* Welcome: 9:00 to 9:15 a.m., Agawam High School.

\* Warm-up and conditioning: 9:15 to 9:30 a.m.

\* Everyone — position session, 9:30 to 10:30 a.m. (pitchers, catchers, infielders, outfielders); group skills, 10:30 to 11:15 a.m. (hitting, bunting, fielding, catching, throwing).

\* Situation play and game play for everyone, 11:15 a.m. to 12:00 noon.

\* Final warm-up, 12:00 noon.

For further information, please call Dan Sullivan, 786-6265.

## S.H.A.A. Boys' DPL 7-8 Standings

TEAMS	W	L
E. Cecchi Orange Crushers	5	0
Tracy & Co. Red Devils	4	0
Allen Lawnmower Green Gators	3	2
Blimpie Black Bears	2	2
Firestone Red Sox	2	2
Fran's Yankees	1	3
Bradway Limo Purple Eagles	1	5
Wing's Yellow Flames	0	4

## AHS Baseball Team To Conduct Car Wash

A car wash to benefit Agawam High School baseball will be held Saturday, May 20th at the Sacred Heart Church and the Agawam Middle School from 9:00 a.m.-3:00 p.m. Donations accepted.

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## Agawam Little League 2000 Minor League Standings (As Of May 14th)

AMERICAN LEAGUE TEAMS	W	L
B & D Petroleum Red Sox	3	0
Coldwell Banker Royals	2	1
Fitness First Indians	2	2
Geissler's Supermarket Orioles	1	2
Allen Lawnmower Yankees	0	3

NATIONAL LEAGUE TEAMS	W	L
Responsive Trucking Giants	3	0
Luigi's Pizza Braves	3	1
CRW Landscapers Inc. Cubs	2	1
Breakers Billiard Dodgers	1	3
Eastern Electronics & Security Mets	0	4

## Agawam Little League 2000 Major League Standings (As Of May 14th)

TEAMS	W	L
Service Matters Dodgers	4	0
Valenti's Restaurant Braves	3	1
Bridgeport National Bindery Royals	3	1
McNair Business Machine Mets	2	1
Six Flags New England Orioles	1	2
Teddy Bear Pools & Spas Yankees	1	2
Berkshire Power Indians	0	3
Cambridge Credit Counseling Red Sox	0	4

\*\*\*

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays.

**Golf Tip Of The Week...**  
by Eric Nelson, PGA  
Head Golf Professional  
Oak Ridge Golf Club  
Feeding Hills, MA



### Be Prepared To Play...

Preparation cannot be overemphasized. When another player in your group is hitting a shot, you should be getting ready to hit yours.

If you're on the tee, you should be planning where you will tee your ball and where you intend to hit it. You should already have chosen your club.

On the fairway, you should be working out yardage and making your club selection. You might even want to take a practice swing. (As farthest from the hole hits first, make sure you are not in the other player's way.)

On the green, you should be reading your putt from different angles, stopping only as the golfer who is to putt plays away.

And once you've completed the hole, you should start the process again.

*At Springfield College...*

## Austin Kimball Earns Athlete-Of-The-Year Award For Baseball

Baseball standout Austin Kimball of Feeding Hills received the Springfield College Sophomore Male James A. Curtis Team Athlete-of-the-Year Award at the school's recent Sports Recognition Banquet.

Kimball, a rightfielder, was third on the squad in hitting with a .303 average in 34 games. He led the Pride in homers (8), RBI (32), slugging percentage (.538), total bases (71), and was second in hits (40) and doubles (7).

Kimball has a .306 batting average (88-for-288) in 75 games, with 14 homers in his two years at Springfield College.

SC posted an 18-16 record this spring for its fourth consecutive winning season under Coach Mark Simeone and tied for third in the New England Women's and Men's Athletic Conference (NEWMAC) with a 6-6 mark.

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*At Oak Ridge On June 6th...*

## American Lung Assoc. Schedules 9th Annual Golf Tournament

The American Lung Association of Western Massachusetts has announced that its Ninth Annual Six Flags Clean Air Classic Golf Tournament will be held on Tuesday, June 6th at Oak Ridge Golf Club in Feeding Hills.

Registration for the tournament will be at 10:30 a.m., lunch will be served at 11:30 a.m., and there will be a shotgun start at 12:30 p.m. The registration fee per player is \$125, which includes everything - a day of golf, cart, lunch, dinner, and prizes. There are several opportunities for corporate sponsorship as well.

Donald Rheault, chairperson of the tournament, said, "This is our opportunity to help the American Lung Association raise funds for its asthma education and research programs while we have a great day of golf at the same time. We are also very pleased that Six Flags of Agawam has agreed to be our major sponsor again this year."

Rheault added, "Where asthma education and research are concerned, the sooner we find the causes and cure, the better. The incidence of asthma and lung disease is rising faster than any other chronic condition in this country."

Bertera car dealerships will sponsor hole-in-one prizes on four of the par threes, including the chance to win a free two-year car lease on the eighth hole.

This tournament sold out last year, so interested players are encouraged to register early. Maximum number of players is 144. To register or for more information on the Six Flags Clean Air Classic Golf Tournament, please call the American Lung Association of Western Massachusetts at (413) 737-3506 or 1-800-LUNG-USA.

## Amy Bilodeau Named To All-NE 10 First Team

Amy Bilodeau of Agawam, a graduate of Agawam High School and a junior at Bentley College, recently garnered an honorable mention selection for the All-Northeast-10 Conference in women's lacrosse.

This season, Bilodeau was second on the club in goals (32) and points (35). She also had a team-best 24 draw controls, and was third in ground balls with 57.

Bentley's 13 wins and their first-ever appearance in the NE-10 Championship came in the team's second season of intercollegiate women's lacrosse. In 1999, the Falcons finished with a 4-4 record.



TODD BARD (far left), a member of the Golf Commission, looks on as Jeff Seyler (second from the left), director of the Western Massachusetts Lung Association, receives a check for \$7,500 from Ron Severt, director of Marketing for Sig Flags, for the Ninth Annual Six Flags Clean Air Classic Golf Tournament. The tournament will be held on Tuesday, June 6th, at Oak Ridge Golf Club in Feeding Hills. Donald Rheault (far right) is the chairperson of the tournament. Advertiser News photo by Kathy Shepard.

*On Thursday, May 25th...*

## Final Sign-Up For Youth Football's Fall 2000 Season

On Thursday, May 25th, Agawam youth football will be holding its final sign-up for the fall 2000 season. Sign-ups will be at the Agawam Middle School cafeteria between the hours of 6:00-8:00 p.m.

You must be in grades three through six to be eligible to play. All new players need to bring a copy of their birth certificate to play.

The registration fee is \$75. If you have any questions or are interested in coaching, please contact either Coach Kirk Parker at 786-6604 or Dan Mackin at 786-8559.

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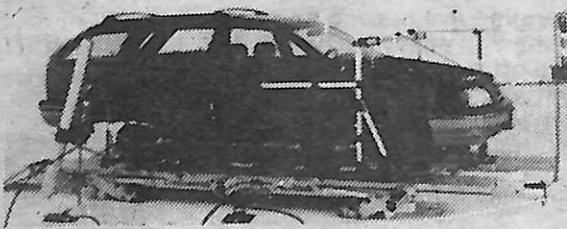
## Car Wash/Bake Sale To Benefit AHS Boys' Lacrosse

On Saturday, May 20th, the Agawam High School boys' lacrosse team will sponsor a car wash/bake sale at the Agawam Methodist Church (across from the high school) from 8:00 a.m. to 4:00 p.m.

Donations are welcome: cars - \$3; vans/trucks - \$4.

Lacrosse rule books will also be sold.

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## Outdoors New England

by Kent Servis  
Outdoor Writer

### Government Restores G.P.S. Accuracy

Last week, the federal government restored the original intended accuracy to the G.P.S. system. The Global Positioning System has been detuned for national security reasons since almost its inception.

The good news for outdoors enthusiasts is that the system now will give almost a tenfold increase in accuracy. Previously, a differential system had to be purchased that used a land-based signal system that was compared to the satellite information. The differential system was accurate to about 10 feet, but was rather expensive to add.

Those fishermen like myself who sprung for the additional accuracy can now have accuracy measured in inches rather than in feet. When trying to position yourself over an offshore wreck, this can be important!

#### THE STRIPERS ARE HERE!!!

Stripers have invaded the waters of the Connecticut River above the Enfield Dam. The high-water conditions, coupled with the breach in the Enfield Dam, have created perfect conditions for the linesides to swim over the completely submerged dam.

Schoolies, as well as some respectable fish in excess of 40 inches, have been taken below Enfield, Connecticut. The main body of the river and areas around the mouth of tributaries (like the Agawam River and the Chicopee River) are holding decent populations of mixed-sized fish.

Reliable favorites such as the new L&S MirrOlure Top Dog Jr., Rebels, and jig and twister tail combos have all accounted for good fish. Sluggos and Fin-s-Fish have also been scoring. The largest bass have been taken on live herring.

Early morning and just before dusk have been prime times to work one of the new Top Dogs on the surface for some exciting action. The finish work is splendid and, from the results, the fish agree!

The Connecticut state-controlled shad fishing area at the Enfield Dam on the Suffield side is still a heavy favorite among anglers.

Shad fishermen have been replaced with anglers frantically snagging live herring and tossing them into the current with heavy surf rods. The action has been on and off, but local tackle shops have been selling surf fishing gear like hot cakes!

As soon as the river level drops to normal spring levels, the fishing should really take off.

The stripers have made a fantastic comeback, but it is too early to let down our guard. Our state and federal regulators must not open the commercial fishery prematurely. All of the progress that has been made could be lost if the commercial interests get the green light to return to "business as usual" stripper quotas.

The Hudson River stiper fishery is going great guns right about now, and there is hope that the Connecticut River may someday become a major spawning grounds for these great game fish.

Careful release of juvenile fish is imperative. Try replacing the treble hooks on your plugs with a single siwash hook.

Take your pliers and mash down the barb on the hooks or file the barb off. You won't lose many fish if you keep tension on the line. Release is so much easier with the barbless single hooks.

The novice may think that the more hooks dangling from a plug, the better their chances of landing that fish, but simple physics will show that the hook-setting power of a single sharp hook, is greater than a plug with a whole bunch of trebles.

All of an angler's hook-setting power is concentrated on one single-hook point, rather than being spread over the point surface of three, six, or sometimes nine-hook points. Imagine pressing a fist-full of sharpened pencils against your other hand. You would have to exert quite a bit of pressure to pierce the skin if you were pressing on

### The Agawam Advertiser•News

the points of a dozen pencils all at once. That same pressure would drive a single pencil right through your hand if the point didn't break first. So much for "the more, the better" school of thought.

#### FISH REPORTS FRESH WATER

Kurt over at Saunders Marina reports that bass fishermen are scoring consistently on largemouths. Once the sun is high in the sky, look for deeper weedlines and try the pad fields with a plastic lizard rigged Texas-style.

The recent nonstop rain has kept the Connecticut River swollen to almost flood stage in our stretch of the waterway. Shad are being lifted over the Holyoke Dam and the run is building. The only problem is that the high and fast water has hampered the fishermen. This last weekend saw such a fast current that boating was more like an obstacle course of dodging logs and whole trees floating downriver.

Until the Connecticut River slows down and the water recedes, places like the Enfield Dam should be crossed off the list of safe fishing spots. Anglers who anchor their boats near the base of the dam should keep in mind that a large log or tree being swept over the dam can foul on anchor lines and capsizes even a sizeable craft.

#### SALT WATER

Capt. Andy Costa of the Andy Lynn fleet out of Plymouth reports that the cod have moved off the shallow parts of Stellwagon Bank and are staking out deeper waters.

Some more stripers are showing up in the Sound, and the size is increasing. The next few weeks should provide some good action!

Anglers in the Delaware and Southern New Jersey area are reporting that the first bluefish are showing up. It won't be too long before the ocean temperatures warm up enough for a few to start showing up in the Long Island Sound area.

#### B.A.S.S. TOURNAMENT FUNDRAISER

This Sunday, May 21st, a B.A.S.S. Tournament Fundraiser will take place from 7:00 a.m. to 3:00 p.m. at the Congamond Lakes. This event will benefit the Sportsmen's Land Trust, Ltd., a non-profit land trust which is dedicated to preserving land and access to it for future generations of sportsmen.

Registration will take place from 5:30 a.m. to 6:30 a.m. at the North Ramp in Southwick.

The entry fee is \$80 per team on the day of the tournament (no checks will be accepted; only cash on the day of the tournament). There will also be an optional lunker pool for \$10 per team.

As far as prizes/payouts go, there will be 50-percent cash to the top three finishers; entrance prizes to all teams; and a 100-percent payout on the lunker pool.

B.A.S.S. Tournament Rules will apply, and an aerated live well is required. What's more, life vests must be worn under gas-power operation.

For additional information, call Ray at 569-6520.

May 18, 2000

## Tri-Parish Bowling League Finals For 1999-2000 Season

On Monday, April 24th, the four round winners of the Tri-Parish Bowling League met to determine which team would have bragging rights for the off-season.

No suspense for this report — Fordham won. How is another story.

At the end of the first string, with the total handicap added in, Fordham had a 16-pin lead over Notre Dame. After the second string, the lead was two pins over ND. Fordham added back 16 more in the third string to win by 18.

Neither Catholic University nor St. Mary could mount a challenge. Don "Reb" Stitt had a 113 first string, which was the high for the team and the only string over 100. For CU, Marsha "Smiley" Dobie ran a 308 series, which included a 123 string (the high for her team). Kathy "Big Cat" Burlingham had a 303 series with a 113 single, which was way below her average.

The Notre Dame bowlers all did well. Their first each rolled 290's (Barbara "Barbie" Josephson and Maybeth "Miss Consistent" Coughlin). Cori "Lefty" Napolitan followed with a 310 (including a 115 single), and Flo "Rocky" Rochford completed the team effort with a 312 and a 123 single (good bowling, but not good enough).

Fordham started strong, getting a 90 string from Donna "Big D" Kosinski and a 92 from Jan "Steady" Fuller. Tom "Thumb" Massotti ran a 122, and "Jolly" Olly Muldrew hit a 123 for a 427 team effort.

In the second string, "Thumb" had a 107, and "Jolly" a 102. To maintain the lead, "Big D" came through in the third string with a 110, and the other bowlers held on to finish going away. Tom "Thumb" picked the right night to come up with a big total; his 325 series led all bowlers in the roll-off.

The pin totals went like this:

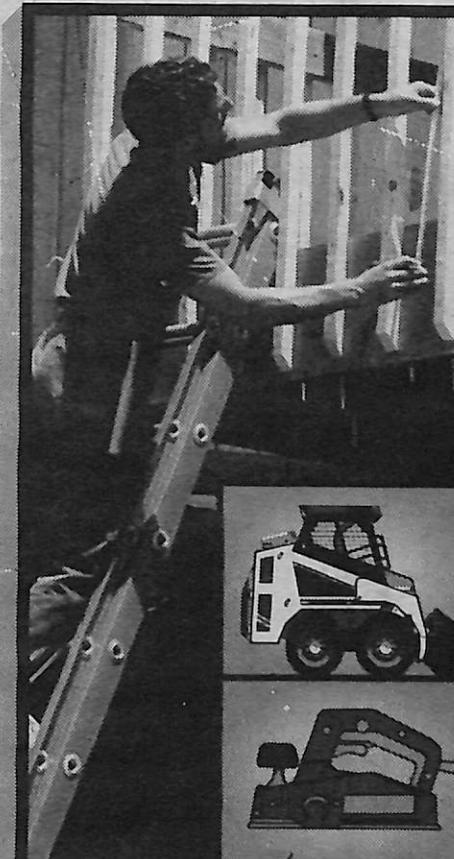
Fordham	1,463
Notre Dame	1,445
Catholic University	1,380
St. Mary	1,332

\*\*\*

A great banquet was held at Points East in Westfield on Monday, May 8th, at which time awards were presented and the Tri-Parish season was reviewed.

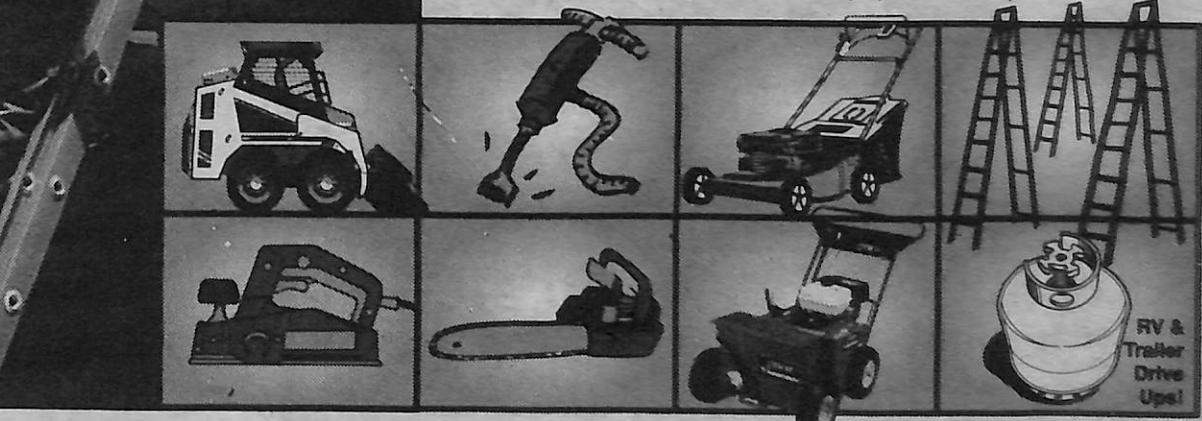
Moans and groans were heard from the also-rans, and the Red Sox chant of "wait 'til next year" was expressed more than once.

All of the bowlers agreed it had been a fun year, and they will be ready to wage a good sportsmen's battle after a summer hiatus.



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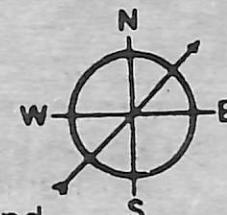
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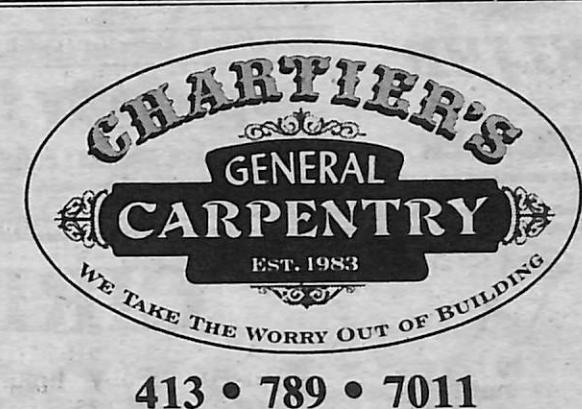
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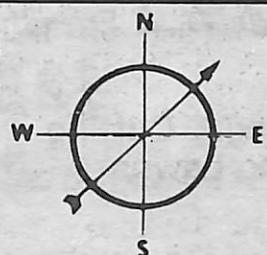
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**SERVICEMASTER:** We offer many cleaning services including carpet upholstery, floors and power washing of siding. Licensed and insured. In business over 15 years. Call for free estimate, (413) 532-6298 or (860) 763-0528.

**PAUL'S TREE SERVICE:** Fully insured, free estimates. Removal, pruning, planting, stump grinding, firewood. Senior citizen discount; 24-hour emergency service. 15 years experience. Call Paul Cocchi, 733-7520.

**NORTHEAST BUILDERS:** Custom homes & remodeling (since 1975). Fully insured & licensed. Rick Pfeffer, 4 Lenox St., Feeding Hills, MA 01030. Reg. No. 116963; Const. Sup. No. 000450. (413) 789-1150.

**VERMETTE AUTO BODY:** Complete collision service. 21 years of customer satisfaction. We work with all insurance companies. 787 Silver Street, Agawam, 786-8226. (MA REG. NO 1842.)

**AUTO TRIM BY GEORGE:** Truck seats; auto seats; headliners; boat seats; motorcycle seats; convertible tops; tonneau covers; rugs; construction equipment seats. 10% senior discount. Call George, 786-6073.

**SUFFRITI CONSTRUCTION CO.:** New roofing and repairs. Insured and licensed. Many referrals. 786-5516.

**MINOR PLUMBING:** Quality plumbing at reasonable rates. Prompt and efficient service. Lic. no. 203752. Bob at 572-9143 (Westfield).

**MR. SERVICE:** Your hometown repair man. In-home repairs on all major appliances. Fast, friendly service. Senior citizen discount. Same-day service. 789-1883.

**TRASH REMOVAL:** Garages, attics, & cellars cleaned out. Lawn service, unwanted items, metal removal. Insured. Call Mr. T's Cleaning Svc. Phone 789-0540, beeper 735-4535.

**TIM'S CARPENTRY:** Specializing in interior finish work. Also kitchen & bath remodeling. Additions, decks, cedar closets. Installation of hardwood floors. Free estimates; insured. (413) 789-2367.

**TREE STUMP GRINDING:** Lowest prices, fastest service. Free estimates. Call Pine Grove Stump Grinding, (413) 783-7236.

**PAINTING, STAINING:** Exterior, interior. Your home or business. Quality work, reasonable rates. Call Joe at 786-5912.

**CIRILLO'S LANDSCAPING:** Specializing in commercial and residential lawn care. Call today for spring clean-up. Free estimates. Call 786-7843.

**RENT-A-SPOUSE:** Errands & Odd Jobs are Us — Large & small repairs, spring clean-up, yard work, clean gutters & windows, moving, trash removal, housecleaning, grocery & gift shopping/wrapping, ironing. If a traditional husband or wife does it — SO DO WE! Fully insured, gift certificates, MC/Visa accepted. 789-7911.

**SPRINGFIELD TURN-VEREIN:** Catering to weddings, banquets, parties, and receptions. Two rooms available with seating up to 250 people. 176 Garden Street, Feeding Hills, 786-0924.

**EXCELLENT CARPENTRY:** Small jobs to custom homes. Honest work at today's prices. Free estimates; senior citizen discounts. Stephen Gould, 786-6887.

**SHADES ON WHEELS:** Your complete custom window treatment specialist, all at discount prices. Free estimates and installation — satisfaction guaranteed. (413) 786-9411.

**EXTERIOR-INTERIOR PAINTING:** Old and new construction. Power washing. Mural painting. Affordable, reliable, complete prep. Good references. Free estimates. Fully insured. Call Seven Colors at (413) 568-2195.

**CHARTIER'S GENERAL CARPENTRY:** We take the worry out of building. Additions; new construction; renovations; custom decks. Lic. no. 051681; fully insured. Don Chartier, owner, (413) 789-7011.

**DAYCARE:** I am a professional family daycare provider licensed (186383) by the Massachusetts Office for Children. I'm located off River Road in Agawam. For more information, call Maggie at Pooh's Corner. 786-8806.

**3 J REMOVAL:** Attics, basements, garages, and more. Complete removal service. Free est. Lowest rates. 783-6103.

**GIL HALL LAWN CARE AND MOWING:** Now accepting accounts, aeration and spring cleaning. Residential and commercial. Call (413) 789-1712.

**T.J. BARK MULCH, INC.:** All natural, double ground bark mulch, sawmill wood chips, playground wood chips. Delivery available or pick up at 994 Western Ave., Westfield, MA. Mon.-Sat., 7-5; Sun., 10-2. (413) 568-6856 or (860) 654-1975.

**HANDY MAN:** Need a handy man around the house? All types of home improvements & odd jobs. Bob Bartolucci, (413) 736-3730. Reg. No. 127813.

**STELLATO BROS. LANDSCAPING:** Fully insured, fully guaranteed. 10% off spring clean-up; 15% off lawn overseeding; 10% off fertilizer programs. Home, (413) 789-6382; beeper, (413) 286-8484.

**SPECIALTY PLUMBING SUPPLY CO.:** Specializing in hard-to-find items; never knowingly undersold on price, quality, and service. Free in-home consultation; free design service; handicap products; residential & new construction. 549 Hazard Ave. (Rte. 190), Enfield, (860) 749-5112.

**L & H LANDSCAPING:** Lawn maintenance, spring/fall clean-up, shrub & hedge trimming, senior discount. Free estimates; guaranteed satisfaction. Gil, 732-8488; Joseph, 737-2499; Anthony, 786-7303.

**GEORGE FARINA LANDSCAPING:** Spring cleaning. Lawn mowing, tree work, flower planting, etc. Tel. 786-5658.

**PEP'S TOWING:** Wheel lift/flatbed; local/long distance. 24-hour service. Now servicing Agawam & Southwick. 789-9306.

**CURLEY'S LAWN SERVICE:** Fully Insured, experienced Seasonal Mowing, Tree Pruning, Seeding & Sod, Lawn Installation, Bushes trimmed, Bobcat work, Landscape design & installation. Loam, Fill & Plants. 786-4622.

**THE STRAIN FAMILY EQUESTRIAN CENTER:** Boarding, lessons, training, sales. Ponies for parties. Ask about our summer programs. 18 Vining Hill Road, Southwick, MA (located behind Big Y/Ames Plaza). (413) 569-5797.

**BOB LONGO CONSTRUCTION:** 27 years specializing in kitchens and additions. Free custom design. Fully insured, free estimates. In Agawam, 789-0758.

**SAUNDERS BOAT COMPANY, INC.:** Serving the boating public since 1843. Congamond Lake (on Route 168), Southwick. Phone (413) 569-9080.

**NITE-N-DAY WINDOW & GUTTER CLEANING:** Locally owned and operated with pride. Fully insured; free estimates. (413) 567-0300.

**HORSEBACK RIDING LESSONS:** Specializing in beginner and intermediate levels, Hunt Seat and Western styles. Call Barbara at (413) 253-6339.

**ATLANTIC EXTERMINATING, INC.:** Termites and carpenter ants specialist. Nuisance wildlife, structural repairs. Free inspections & estimates. Senior discounts. Forty years servicing this area. Don Kozaczka, local resident & entomologist. 31 Almon Ave., West Spfld, MA. 747-5688.

**GARIBIAN ELECTRIC:** All your electrical needs. Fully insured; free estimates; prompt service; 10% senior discount. (413) 781-4376 or (413) 569-2925.

**THE CHAREST CO. INC.:** We have all the answers for all your home improvement needs. Replacement window specialists. Over 30 years in business. License number CS016915; reg. number 116652. (413) 786-8666.

**HATE HOUSEWORK? NO TIME? I'LL DO IT!!!** Weekly, bi-weekly, monthly. Competitive rates. References. Call Gail's Cleaning Service, 786-3806.

**TAYLOR RENTAL:** Propane — all size fills. New tanks, convenient trailer & RV drive-up. Tank disposal available with any fill or purchase. Agawam, 221 Springfield St. (next to Sarat Ford).

**JW'S HOME IMPROVEMENT:** Roofing and repairs of all phases. Mass. lic. 130747. John, (413) 786-6754.

### FOR SALE

**FOR SALE:** 1998 Ford F-150. 5.4 liter engine; 8 ft. bed; sliding rear window; CD player; bedliner; fiberglass locking Tonneau cover. Runs excellent, sharp looking. \$13,500. Call 786-6128.

**FOR SALE:** 5 hp Troy-bilt Tomahawk chipper. Very good condition. \$600. Call 786-9571 after 6 p.m.

**FOR SALE:** Junipers, 2 gal. (blue rug, gold tip & more). White birch & globe arborvitae, \$8. Lilacs, too. Free delivery. 786-8631.

### FOR RENT

**FOR RENT:** Five acres of farmable land on Northwest St. in Feeding Hills. Please call 789-1182 for further information (leave message on answering machine).

### WANTED

**WANTED:** Culinary Arts Director for Kid's Cafe in West Springfield. Creative individual with cooking knowledge and/or experience who loves children and working with a team for six weeks this summer. This is NOT a Head Cook position. You will teach the children to cook! Knowledge of multicultural cuisine helpful. Just wage, great teammates. For more information, contact Candy A. Boucher, Executive Director, Parish Cupboard, 1023 Main Street, West Springfield, MA 01089 or E-mail to Amazinggrace52@hotmail.com. No phone calls, please.

### \$\$ EARN EXTRA MONEY \$\$

#### DELIVER BELL ATLANTIC TELEPHONE DIRECTORIES

D.D.A. needs individuals 18 and older with insured vehicles to deliver in Springfield and surrounding areas. Delivery starts immediately. Get paid immediately upon successful completion of your route. Work a minimum of 4 daylight hours per day. Call (413) 543-2988, Monday through Friday, between 8:30 a.m. and 4:00 p.m. Refer to Job No. 3535-5.

**HELP WANTED:** Part-time General Office Assistant. Busy consulting office needs sharp individual with good computer skills, including Word and Excel for Windows 98, for computer work, filing, and other office duties. Hours and days flexible, 2-4 days per week, 4 hours a day. Hourly wage \$8 - 10 per hour depending on background and experience. Apply in writing, giving background and experi-

ence to: Campbell Management, 12 Southwick Street, Feeding Hills, MA 01030.

**ENTRY LEVEL RECRUITER:** \$20-\$30K or more. Control your own income. Some telemarketing or customer service sales experience is a plus. Work in our relaxed office atmosphere in Agawam. CALL - 786-4005.

### TAG SALE

**TAG SALE:** Sat., May 20th, 15 Ralph St., F.H., 10 a.m. to 4 p.m. Various items — clothes, skis, scuba suit, comic books, furniture, etc.

**MULTI-TAG SALE:** Sat. & Sun., May 20th & 21st, 9-4. Rising St. (off Poplar St.). Rain or shine. Children's clothes, crafts, & toys.

**GIANT TAG SALE:** At Wilbraham United Church, 500 Main St. Sat., May 20th, 9:00 a.m. to 3:00 p.m.

**OLLIE BARN SALE:** Treasures and trash. Saturday, May 27th, from 10:00 a.m. to 4:00 p.m. 405 North Stone Street, West Suffield, CT.

### PERSONAL

#### PRAYER TO THE BLESSED VIRGIN (Never known to fail)

Oh Most Beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of God, Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me, here you are my mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh, Mary conceived without sin pray for us who have recourse to thee (three times). Holy Mary I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you.

Gratefully, MM

# May is National Fitness Month!

ISN'T IT TIME FOR **YOU** TO GET STARTED?

Life just keeps getting better! Every day brings new adventures and new opportunities.

During **NATIONAL PHYSICAL FITNESS MONTH** we invite you to join millions of Americans who will discover the benefits of living well – better health, increased strength and more energy to do the things that matter most to you!

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